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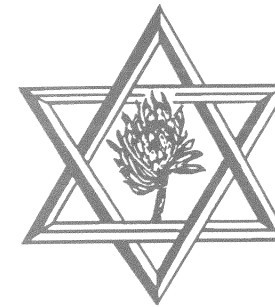
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SAJAC REPORTER

The Publication of the South African Jewish American Community of San Diego

Volume 2, No. 12

Summer 1994

OUR MOCK WEDDING!



L to R: Sylvia Roth - Zeida; Herbie Suchet - Bobba; Harry Ruttenburg - Mother-in-law; Susan Lotzof - Groom; Charlie Frank - Bride; Leonard Wasserman - Mother-in-law; Michelle Odes - Father-in-law.

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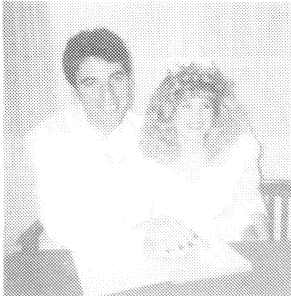
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NEWCOMERS

Pam Nathan

Mazel Tov! In the history of SAJAC, San Diego literally, as long as the magazine has been around, there have never been as many newcomers into our community in a year's quarter before. It's exciting to discover that the majority of them are in their twenties and thirties, very enthusiastic and motivated, ready to embark on a new adventure in their lives. Also, as the community grows, there are more parents joining their children and grandchildren, and also children reconnecting with their siblings and parents. Of course, I found yet another "family-of-family" member and took some great photographs. I'd like to take this opportunity of thanking them all for being so open, friendly and co-operative. It has been a pleasure interacting with all of them.

Lisa and Yaron Remen, who are young marrieds, arrived here 4 months ago. They met and lived in Natanya and then lived in SA for 5 years. Yaron was involved in an electronics import business. Lisa is busy studying for her Bar exam in Law. Ari, Yaron's brother, who is also here, is getting married to an Israeli girl, Sigal.



Another lady Law student in

our midst is Melanie Wolpe, originally from Cape Town where she completed her degree at UCT. She arrived here 6 weeks ago and is continuing to study Law.



Valerie and Alec Schwartz also lived in Natanya for the past 6 years, and before that in Sandringham, JHB. They have spent the past year in San Francisco. Valerie is a physical therapist, loving her job at Coronado hospital, and Alec is an engineer for Sony.



Valerie's dad, Max Levinrad, is commuting between here and LA, between Valerie and his son. Max has been involved in a business called "Inventions & Innovations". He also lived in Israel for the past 6 years.



Glenda and Julian Brener who are living in Carmel Valley, have a 14 month old son, Jason. Glenda used to be a marketing consultant and also helped Julian in their business in South Africa. Now she is a full-time mom and loves being outdoors in San Diego's sunny climate. Julian has opened a plumbing business called "Sunshine Plumbing". Call him at 794-2737 if you need his services.



Sheryl Draizon is Jackie Wolf's niece. She met and married Robert Draizon, an American gentleman in New York. Sheryl has actually been living in the US for the past 9 years, having lived in LA and New York. She was involved in the cosmetic-packaging industry, and is also a party planner and caterer. Robert was sales director at ABC Carpet and Home when they lived in New York.

Beverley and Jonathan Davimes moved out here from Palm Desert where they were involved in the hotel industry. Jonathan was originally from Sandown. They have been here for the past year doing legal research and have now joined Beverley's brother, Shimon Gilder, in a business that Shimon started up in Orange County 5 years ago. It is called Bankruptcy Document Retrieval. They have an office down on Kettner and are putting in long hours at present.



Roseanne and Daniel Bernstein lived in Norwood, and have a 9-month old son, Sean. She trained as a Beauty Therapist ... "just for fun" ... as she put it. Daniel is licensed in insurance and is looking around ... what to do?



In the single's corner there is Susan Goodman, 26, daughter of Sharon and Albert Goodman from Pretoria. Susan has a brother and sister living in LA and another brother in Cape Town. She is working at L' Auberge Hotel in Del Mar, organizing events and involved in the catering department. She loves living in San Diego.



Sharon's friend, Zara Brenner, 26, is Gavin Sklar's girlfriend. She was originally from Bulawayo but has lived in South African for the past 10 years. She completed a B.A. at Wits and worked in Personnel Management, which included 3 years with Edgars.

Justin Cohen, Sandra and Gerald's son, completed a B.COM. in S.A. and will continue in that field in California. He had a sorry tale to tell. His luggage was lost on his arrival. What an ordeal! Now that's all done with, he's happy to be here. Happy, too, that his girlfriend, Ilana Smith, is also here. They are busy entertaining, playing sport and generally having a jolly good time.

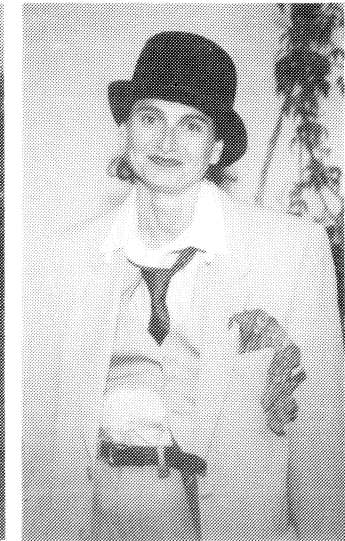
Nadine and Jeffrey Glass got married recently so Nadine, nee Bloch, moved down from Irvine where she had been living for the past 7 years. She has been working as an office manager and is still commuting north part-time to fulfil her obligations there. Jeffrey is a veterinarian.



Barry Jacobs - Flower Girl; Dalia Jacobs - MC/Shamas, Director



Charlie Frank - Bride



Sylvia Roth - Producer



Barry Jacobs - Flower Girl; Susan Smaller - Page Boy



R to L Back Row: Felicia Belcher, Jane Scher, Neddie Shapiro, Leonard Wasserman, Michelle Odes, Susan Lotzof, Charlie Frank, Joan Wasserman, Renee Frank, Harry Ruffenburg, Sylvia Roth R to L 2nd Row: Jeff Chalmers, Grant Weltman, Sid Rosin, Yvonne Amato, Herbert Suchet R to L Front Row: Syd Israel, Terry Smaller, Barry Jacobs, Dalia Jacobs

Wedding Announcement

By Yvonne Amato

Mr. & Mrs. Grobbe of Pampoenville are happy to denounce the recent wedding of their darling, beautiful, talented daughter Zelda to Solinka, wonderful, handsome son of the Zuliks (who live in Heichevensters, Johannesburg).

The wedding (which was sponsored by SAJAC) took place on Saturday, June 4th, 1994 at Congregation Beth El.

The bride wore cream Chantilly Lace with a gorgeous tiered skirt and bare midriff (each time she went for a fitting they had to add 2 inches of spandex to the sides!). She was attended by her lovely maid of honor and 3 ongeschnokerte brides-maids who were all dresses in white dotted tulle and dirty sneakers.

Mrs. Grobbe wore a peach gown trimmed with lace and floral panels. Her fabulous picture hat sat on top of a wig of shiny blonde hair (we all know where Zelda got her blonde locks from!).

Mrs. Zulik wore black cotton-knit trimmed with lace (unfortunately her white bra showed through the lace), and she had a delightful black chapeau to match the dress.

The groom's Bobbe Chaia hobbled down the aisle, assisted by Zaida Chonna who was handsomely attired in silver-grey and his ever present hankie (to cope with the ever chronic coughing and "chrakkering").

The groom and the best man were as good-looking as ever and were ably supported by their four pals who carried the poles to the best of their ability.

Our pageboy and flowergirl were just too adorable for words. He wore a white outfit trimmed with pink and she wore a white tulle tutu with a beaded top. Her flowing orange locks and freckled face were as cute as buttons as she stomped down the aisle flinging petals from her basket.

Shammas Shemendrik ably led the proceedings and all went well except for when Rabbi got a bit confused and thought he was at a Barmitzvah instead of a wedding!

After the chuppah was over, the bride carried the groom off over her shoulder for the first dance which was followed by a delicious dinner and hilarious speeches by the groom and his mother.

The evening concluded with non-stop dancing and it just goes to show what a wonderful time can be had by all even if the wedding wasn't for real!!!

We thank all the people who organized this wonderful function as well as the cast members for their time and best efforts. You all contributed to a wonderful evening (including the father of the bride who only wanted to eat and then paid for it all!)



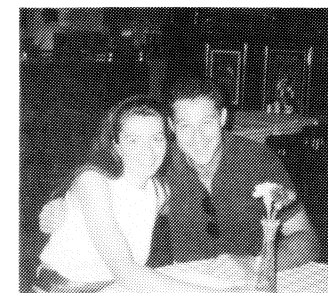
L to R: Sylvia Roth-Zeida; Susan Lotzof-Groom; Yvonne Amato-Rabbi; Charlie Frank-Bride; Oalia Jacobs-MC/Shas.



L to R: Syd Israel-Maid of Honor; Jeff Chalmers-Brides maid; Grant Weltman-Brides maid; Sid Rosin-Brides maid; Barry Jacobs-Flower girl.



Page boys R to L: Neddie Sharp, Felicia Belcher, Jane Scher, Renee Frank, Joan Wasserman In front: Terry Smaller.



Kevin and Ruthie Schwartzberg who arrived in January, have spent the last 3 years living in LA where Ruthie's sister lives. Kevin is a dentist and has a practice in Lemon Grove. Ruthie is involved in computer graphics. Kevin was originally from Krugersdorp and Ruthie from Pretoria.

Lauren and Harry Baram emigrated from Canada. Lauren was from Klerksdorp and Harry is Canadian. Their children are Abigail, 3, and Adam, 18 months. They live on Dirac Street, right next to the Smaller's. I'm happy to tell you that Harry and his partner, are the new owners of "Samson's" in La Jolla village shopping center. The place is being totally revamped and restructured, starting from on-site owners who care, menu refinements, to decor face-lift the carpet is going!



Rachelle Rosin has two Syds around. One is her husband, and the other, Syd Israel, her brother who was a newcomer last quarter. Syd is also from Klerksdorp and Rachelle is from Brakpan. She moved to Johannesburg where she went to Wits. Syd is working with classic cars and neon signs. Rachelle is an occupational therapist and is patiently waiting for her work permit. Their child, Ashton, is 2 years old.

Sharon and William Sussman have joined their parents, Harold and Pauline Sussman. They are living in La Jolla Summit with their two kids, Megan 18, and Gary 17. Megan is attending school at Mesa College and Gary is at La Jolla High. They were originally from Bulawayo. Professionally, William wears two hats. He is a computer consultant and also does outdoor catering. Lamb and/or chicken over a genuine wood spit may be served for up to 80 people. Call him at 677-7895 if you're wanting his services for a party.



Diane and Gerald Solomon have joined their children

Darryl, Edith and Selwyn. They were from Cyrildene and arrived 5 months ago. They're very happy to be surrounded by their family.

Joan and Hugo Behrend are happy to be joining their children, Debbie and Linda and their families here. They started off in Durban and then lived in Orchards, Johannesburg, for 12 years. Hugo is retired after spending many years in air freight and shipping. Joan is a bridge player so call her for a game at 450-4779. She is trained as a research librarian and edits books. If anyone needs her services, please call her. They are living on La Jolla Shores and are loving being so close to the ocean where they can take walks and continue to enjoy San Diegan lifestyle.



Harold and Shirley Shapiro have joined their children, Bradley and Leone, Warren and Julie, and are waiting eagerly for their daughter Myrice and her husband and family to arrive in July. They are living in the Renaissance condo development and feel right at home seeing that they have been here many times before. Harold has been nominated as Executive Director at Beth El Congregation. Shirley is sorry to lose her "house-boy and gardener" but also delighted and supportive of Harold's position in the Jewish community. Shirley is also a bridge player. Call her at 535-1246.

I hardly got to talk to Jackie Callighan as she and her husband, Roger, and their 4 kids, Claudia 21, Kirsti 19, Daniel 14 and Vanessa 11, were moving in 10 days. What I did establish in the shortest time was that Jackie's sister, Wendy, is married to Cecil Amoils, a cousin of mine who lives in Johannesburg.

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President's Message

By the time you read this article, you will have had the opportunity to experience two new and exciting events for SAJAC. These are the Mock Wedding and the Inaugural SAJAC Success Forum. Both these events are important milestones for our community.

Having participated in the mock wedding (even though I have a small non-speaking role), I have been very pleasantly surprised at the wealth of talent in the community. The persistence and creativity of Dalia Jacobs, producer/director, and her crew is truly remarkable. Being one of those dull, boring accountants, I have been shocked into realizing that we really do have some creative and very outgoing members of our community. I cannot promise that this production will end up on Broadway, or even at the Gaslamp Theater, but I will guarantee that everyone will have a "wunderfel" time and will definitely laugh a lot.

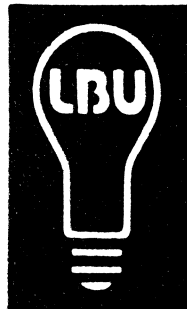
The SAJAC Success Forum has been organized by Hillel Katzeff and his committee with funding from American Express. The purpose of the Forum is to facilitate the transfer of knowledge from those people in the broader San Diego Jewish community who have been successful in their business or profession to the rest of the community. We are very lucky to have one of San Diego's best success stories, Dr. Irwin Jacobs, President and CEO of QUALCOMM, Incorporated, as our keynote speaker. Based on the success of this event, we plan to organize future events. We also encourage networking at this event. Those people who are starting new businesses or professions and those people who are looking for new ideas to enhance their business should attend this event.

Finally, I want to compliment the community on the fantastic name which they have developed. In my business, I have the opportunity to meet members of the San Diego community. During these meetings I often hear positive comments regarding South Africans. These comments usually relate to the way we do business and the general business ethics of South Africans. I know that it is tough doing business here in San Diego and that we often think we are banging our heads against that proverbial brick wall.

In words of my brother's T-Shirt "No Fear!" Keep doing what you are, I think you're all doing it right!

Have a great summer!

Jeff



"If We Aint't Got It, We'll Get It"

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strong and brave and powerful and so very, very proud. 7000 of us had come back to this terrible place, not because of the Holocaust, but in spite of it to stand together, to have survived, to remember and to remind the Poles and the Germans that what had happened to Jews in this place was terrible and will never be forgotten and, most importantly, will never happen again.

The streets were all closed off with police cars, and Poles from the neighborhood looked out of their windows, crowded into the gardens and lined the streets, mostly with pretty blank expressions on their faces. The railway line that ended at Auschwitz came to an abrupt end right outside the camp, but also outside a whole residential area. Where were these people for 5 years? What were they doing when the trains were unloaded? How did they close their noses and their ears to the screams and the smells and the tears?

We continued to walk alongside the railway line for a while and then crossed it to wind up a small hill, over a bridge and down the other side. In the distance we could see the red brick buildings of the dreaded Birkenau. All the time we were walking it was through the suburban neighborhoods of the area. There were people living right there. I couldn't help thinking about all the other marches that had taken place along these same roads. Only, the participants were usually barely clothed, sick, weak, hungry, scared, often elderly and terribly afraid of being shot for no real reason at the whim of the guards. For them their March was almost certainly one of Death. Birkenau was a Death extermination camp more than anything else, not a labor camp. By us marching the March of the Living along exactly the same route we were defying the hideous order of the Germans and the Poles.

We were not marching to die or to be killed. We marched to live. We marched to be strong. We marched to survive. We marched to remember. We marched to honor the memory of all those who had perished in the camps and to say Kaddish for them.

Birkenau loomed larger and larger. Most of us walked along the main access road, but some determined to enter the way many Jews had been forced to enter, walked along the railway tracks. Two women in our group who had children marching the March decided to wait outside the foreboding gates of Birkenau to see their kids. Their reunion was very moving. No words were necessary as mother and child clung together and walked, tears streaming down their faces, into the camp together. They felt so privileged to be able to enter these gates together, where 50 years ago so many families had been torn apart in the selection process upon entering this and so many other camps. There seemed to be barbed wire everywhere. There were so many, many buildings, so many barracks built in a very orderly way, all lined up on acres of grass.

Many of these barracks had been partially destroyed by a desperate but mostly unsuccessful attempt by the Germans to blow the whole place up before fleeing once the war was over. But the remaining cornerstones stood high and looked remarkably like hundreds of chimneys rising out of the snow-covered grass.

It was a long way to the end of the railway tracks. As we approached we could hear the names of those who perished in this terrible place being read loudly and clearly over a microphone. They were the names of people, others, fathers, children, grandparents, uncles, aunts, friends ... They were people, not numbers. The end, the dreaded end of the tracks was marked with four large Yahrzeit candles, flaming memorial fires in four large metal basins. The smoke from the fires distorted our already distorted vision of this hideous place. With tear and smoke-filled eyes and noses and mouths we watched with tremendous pride how the kids kept coming. We watched them reach this final destination, and with purpose and strength many of the kids carrying heavy Israeli flags climbed up onto the top of a bombed out building, a former crematorium and stood there for two or three hours during the memorial service, holding the flags high, never wavering.

The light March of the Living jacket that we had all been wearing turned out to be a very heavy jacket to wear. It had taken us on a Jewish pilgrimage to the heart of darkness, leaping back in time to the center of sacrilege, absence and silent horror. We all found it so difficult to relive what happened. I found myself overcome with an awesome, humble compassion for all that had happened, and the knowledge that somehow I have to find the strength to bear witness, tell the story and deal with the pain.

After Poland we all desperately needed to move out of the darkness of Birkenau into the light. Going to Israel after Poland was a real blessing. It felt like a miraculous opportunity for each of us to collect some of the sand from the camp and take it to Jerusalem.

It had become clear to us all that the camps and all that Poland represents to Jews are not Jewish symbols, but Nazi symbols that were forced on us. Our symbols are candles, Jerusalem stone, music and festivals. We are alive, we are strong, we are proud, we are Jewish. We American Jews and South African American Jews are of the freest and most privileged Jewish communities in the world. And, as such, we must always try to ensure that the light that shines so brightly upon us and upon Israel will be ongoing and will reflect upon us. We can never forget that the outcome of the Second World War would have been very different for Jews had there been an Israel. So we need to try to always do everything possible to ensure the survival and the strength of Israel and of Jews all over the world wherever they may need us.



Waiting to begin The March in Auschwitz.

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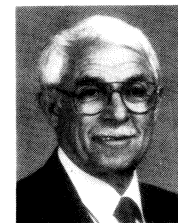
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THE MARCH OF THE LIVING

Jane Scher

To have been given the opportunity to participate in the March of the Living from Auschwitz to Birkenau is an experience that I will never forget.

The camps were worse than awful. The horrors that we saw rendered many of us speechless for days. Even now it is extremely difficult to describe what we saw and how we felt. It was not that we saw things we didn't expect or hadn't read about, or seen pictures of, it was not really that we learnt anything new. Being in those places in some weird way made me feel a part of the atrocities. To actually be there, to stand next to the ovens of the crematorium, and in the gas chambers and to look at those terrible chimneys; to walk through the barracks and fall down the steps because they were so worn and uneven suddenly seemed to change everything. Instead of being a horrified observer, I felt myself becoming a part of the horror, and the feeling of helplessness that overcame me in Aushwitz was totally overwhelming. I felt as though I was losing some of myself to this terrible place, that I would be leaving a piece of myself here. That when we left I would be forever changed by all that we had seen and witnessed. I felt as though I had lost something very important to me, a part of me.

With each step I took, my heart sank lower. Each meticulous German record and photograph showing larger than life situations of parents and children being torn from each other, the strong being separated from the weak, loved ones being torn apart ... were proud manifestations of the German success. Gazing with tremendous sadness and tear-filled eyes at an enormous photograph of a mother having her baby wrenched out of her arms; and then walking into the hall of hair was overwhelmingly painful for me. The piles of shoes, clothes, eye glasses, tallies, the wall of suitcases with names like Cohen and Weiss that could have been ours, the bunkers, the prison uniforms, the metal eating utensils were all proudly collected together, all evidence of what really happened.

But on this cold and snowy day of Yom Hashoa, 7th April 1994, there were roughly 7000 of us moving around Auschwitz drawing Magen Davids on the foggy windows and lighting Yahrzeit candles in every available crack. There was no bunker, no gas chamber, no oven, no prison cell, no display of any other horror that was not

lit with hundreds of tiny lights. Many of the kids were overcome, some of them wrapping themselves up in Israeli flags. Others, like us, clung to each other for strength and support.

For me personally it was a trip into Hell. I felt the weight of the horror and ugliness press down on my heart in an unbelievably painful and personal way. There were times when it became hard for me to breathe or talk or walk. Every step that discovered more atrocities became harder and harder to take. The pressing weight became heavier and heavier until I felt I might drown in the horror. I know that this sounds terribly dramatic, but honestly this is how I felt and still feel when I force myself to relive the day and think about what happened. We were only there for a few hours. We were dressed warmly, we had eaten breakfast, and those of us who wanted lunch could eat again.

It is no surprise to me that survivors of the camps sometimes cannot talk. Being a visitor almost 50 years later for a couple of hours was painful enough. Over and over, I would ask myself the question: How is it possible that any one human being could inflict this kind of horror on any other, let alone the helpless, weak and defenseless; day after day, week after week, month after month, year after year?

It was time to line up for the March. 7000 of us gathered under and around the Arbeit Macht Frei archway to listen to the violin playing of the man who was the chief violinist of the Auschwitz orchestra and who today plays for the Israeli Philharmonic. The snow had stopped. Everything was covered in a blanket of white. The shofar sounded and we were off. The silence was deafening. The only sound to be heard came from the crunching of our shoes on the stones. We had shoes.

We marched under a UJA sign near the front of the group. The Israeli kids were behind us. Each group of kids had signs and banners from their own countries and there were people in all the groups proudly carrying heavy Israeli flags, holding them high. We were all wearing blue and white March of the Living jackets.

Collectively we formed a live, strong, vibrant, mostly young river that ultimately linked the two camps. It was not a great distance that we had to walk. Walking slowly it took us no more than half an hour, but because there were so many of us, it took about three hours for all of us to complete the March.

During the March was the only time in the whole of our Poland experience that I did not feel terribly helpless but



Outside Auschwitz



Peace?

Andre J. Levie

It was 1938. The year of Munich. Mr. Neville Chamberlain, British Prime Minister, had returned from Berchtesgarden where he and his French counterpart M. Edouard Daladier had met and surrendered to Adolf Hitler. The surrender part was mostly perceived in retrospect.

Mr. Chamberlain, deplaning at Croydon airport, waved his now infamous "peace for our time" paper. Euphoria reigned. I was one of the smitten dunces. Herr Hitler had promised: "This (the Sudetenland) is my last territorial claim". It certainly was not his last lie because six months later he had gobbled up the whole of Czechoslovakia. So much for euphoria which I'll define as a sense of well-being when you are really very ill. And so much for valuing the promise of a dictator - any dictator - who is on record and has a record of breaking any treaty or accord when it suits him. (Reference: Mein Kampf).

And so much for the so-called Israel-PLO peace agreement. It should be more aptly called a *piece* agreement because it is liable to leave Israel in pieces or destroyed as so desired by its implacable enemies. "Those who will not learn from history, will repeat it". So said the philosopher George Santayana. Have we learned nothing from placating Hitler?

Have we learned nothing when Israel is prepared to give up even more land that is perjoratively and mendaciously defined as "occupied" territories? A Cynthia Ozick who is working on a play about Holocaust revisionism has this to say about so-called occupied territories. "The unallocated territories known as the West Bank

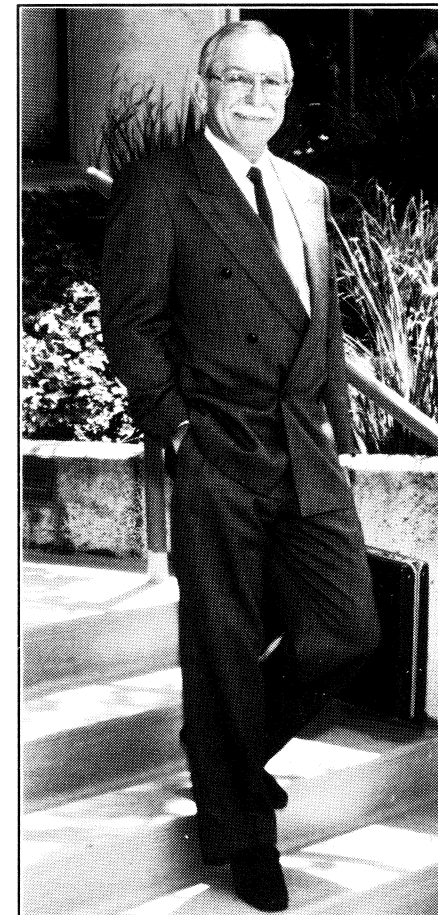
have never had any internationally recognized sovereign status". Lacking that, the West Bank could not possibly be occupied territories. They should be called either liberated or administered territories. That would diminish the anti-Israel bias prevalent in the world in general and the U.N. in particular. All condemn Israel *a priori*.

Have we learned nothing when Hamas, Islamic Jihad and other terrorist groups have stepped up their mayhem since the White House photo op?

Have we learned nothing when Saudi Arabia, Kuwait, Jordan, Lebanon *et al* have given little or no indication, no tangible evidence of giving up on their boycotts, diplomatic isolation, and cultural separation? Never mind the less "moderate" Arabs!

Aware as I am that most true friends of Israel disagree with me, I am reminded of what the Baltimore curmudgeon, Henry L. Mencken, promulgated; "the principal occupation of mankind is believing what is palpably not true". They would be justified in asking what my solution is. Which reminds me of a Meet the Press program moderated by Lawrence Spivak that featured the Austrian School economist Dr. Friedrich von Hayek. After listening to Dr. Hayek's litany of economic and societal woes Spivak enquired: "What is your solution?" Looking thoughtfully, after a few seconds Hayek replied: "Does there have to be one?"

All friends of Israel desire a favorable solution. However, it will never be one that depends on the Arab leopards changing their spots. Or the belief that appeasement and surrender (being nice guys) will soften the hearts and minds of the multitudes that are dedicated to our decimation.



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Their Destination - Down Under?

Gerald Kane

An imminent, large migration from South Africa to Australasia is anticipated. Members of SAJAC may be interested to know what awaits their families and friends moving to the Antipodes. On a recent (sixth) visit I obtained a publication of the Australian Jewish Press - 1993 entitled "The Guide to Jewish Life in Australia and New Zealand". Most of the information to be presented is culled therefrom.

The 1991 Australian population census suggested a Jewish population of 75,000. This is an underestimate as declaration of "religion" in the census is not mandatory. There are, in fact, more than 100,000 Jews. Where did these Jews originate?

47% are Australian born; 20% are of Eastern European birth, including a prominent Hungarian contingent; 11% are Western European to which can be added 6% from Great Britain; 5% are South African born and 4% are from Israel.

Their distribution?

Melbourne +45,000; Sydney +40,000; Perth +4,000; Brisbane +2,500; Adelaide 1,500; Hobart (Tasmania) 250. Religious affiliation stretches across a spectrum from Chabad to Independent Judaism and includes every religious color other than Conservative Judaism which appeals to many South Africans in the U.S.A.

There are large Hebrew day schools in both Melbourne and Sydney, with lesser developed ones in the smaller communities. The degrees of religious activity in the schools vary. All, however, teach Hebrew and Jewish history.

Tertiary education, with courses in history of ancient Israel, modern Jewish history, Hebrew language, Jewish civilization, Holocaust studies, is to be found in the universities.

There are landsmanshafften, service organizations, including Bnei Brith and H.O.D., welfare services, homes for the aged, Zionist organizations, ORT - just like "back home". Perth boasts a fellowship of Jewish doctors of Western

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Australia as well as a Jewish music society.

Though possessing all the fundamental needs for Jewish living, Adelaide, South Australia, has a pattern of assimilation on the one hand and emigration to large Jewish communities on the other. "Any reader of the current South Australian phone book can be certain that not one of the extensive list of Cohens remains attached to the Jewish people".

Hobart, Tasmania, boasts the only synagogue in the world with seating for convicts.

The Cultural Scene:

For a community of its size, Australian Jewry has a uniquely rich cultural life and includes Yiddish theater; Jewish writers of prose, poetry, and plays; visual arts; music with Jewish leading performers; a Jewish choral society; museums of Jewish history and of the Holocaust; Israeli folk dancing; a weekly Jewish newspaper (in English) and a monthly Yiddish paper. All these provide a medium for participation in one's acknowledged cultural upbringing.

Whilst family, career, education and philanthropy are the hallmarks of Jewish life, sport through the Maccabi movement has become the vehicle for those wishing to express their identity on the playing fields.

SAJAC Reporter General Information

Moving:

Please advise Lynne Isaacsohn of your change in address. Lynne can be reached at 793-1533 or mail your change of address form to SAJAC, c/o Merle Gaylis, 4719 Shadwell Place, San Diego, CA 92130.

SAJAC uses bulk mail third class for all mailing. **Third class mail is not required to be forwarded under regular forwarding orders.** Unless you advise us of your change in address, you will not receive your mail.

Reporter Announcements:

Please advise Sharleen Wollach at 455-6220 of all announcements, such as births, bar-mitzvahs, weddings, illnesses and deaths. This will ensure publication in the next edition of the Reporter.

Help wanted/offered

Free advertising (at the publisher's discretion) to all those who are looking for help or those who are looking for jobs. We will also advertise, on a no-name basis, people looking for work. For those members who are looking for work, call Hillel Katzeff or Sharleen Wollach for further details.

Advertising rates:

Business card	\$30.00
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Half page	\$75.00

Annual contracts are also available. For additional information call Sydney Israel at 587-2816.

Recipes

Sandy Kodesh

When you are wondering what to cook for dinner, don't underestimate the versatility of that good old stand-by -- chicken! There are many delicious chicken dishes that can be served either hot or cold, I hope you enjoy the following:

SPICY ORANGE CHICKEN

2 chickens cut into serving portions
1 cup orange juice
4 tablespoons smooth apricot jam
3 teaspoons mustard powder
3/4 spoon ginger powder

You can place this in the microwave for 20 seconds to melt the jam.

Spice chicken with salt and pepper (I use Lawry's seasoned salt)

Pour sauce over chicken and bake uncovered in a 350 oven for 1-1 1/2 hours basting often.

This chicken browns very well and has great eye appeal.

CHICKEN PASTA SALAD

3 chicken breasts cooked and chopped
2 cups seedless grapes
1 cup snowpeas
12 spinach leaves
1 stalk celery chopped
8 oz cooked pasta
6 oz artichoke hearts
1 kiwi fruit sliced
1/2 cup raisins
2/3 cup mayonnaise
1/3 cup lemon juice
1 tin mandarin segments drained

Combine ingredients, mix mayonnaise and lemon juice and pour over and toss.

This recipe has a variety of ingredients, you can cut out or add any of them to suit your taste.

ASPARAGUS & RED POTATO SALAD

1 1/2 teaspoons minced garlic
2 1/4 teaspoons dijon mustard
6 tablespoons balsamic vinegar
salt to taste
1 cup extra virgin olive oil
2 lbs small red potatoes
2 lbs large asparagus
1/2 cup chopped green onion, including green tops
freshly ground pepper
1 head butter lettuce
1/4 cup chopped parsley

Place garlic, mustard, vinegar and salt in a small bowl and whisk, gradually adding the olive oil. Whisk well. Cook potatoes till soft and cut into quarters. If asparagus are fresh, peel stalks and cook. When ready to serve toss in asparagus and green onion. Heat dressing over medium heat. Pour over potatoes tossed with asparagus. Arrange a border of lettuce, pile potatoes and asparagus in the center, sprinkle with parsley.

TOMATO & SUGAR PEA SALAD

8oz sugar snap peas
2 tablespoons balsamic vinegar
2 cloves garlic minced
2 large shallots minced
1/4 cup olive oil
2 cups seeded and diced tomatoes (cut in 1/2, squeeze out seeds and dice)
salt and pepper
2 tablespoons drained capers
1 tablespoon minced fresh basil

String peas and submerge in boiling water for a one minute. Rinse in cold water and drain and pat dry and place in fridge. In a bowl combine vinegar, garlic and shallots. Whisk in oil. Add tomatoes and toss. Add salt and pepper, capers and basil and toss well. Arrange tomatoes on serving platter, arrange sugar peas on top. Garnish with basil.

- Arbitration of malpractice claims instead of going to court. We have a malpractice monster in this country in that doctors are not sued so much for malpractice but rather for a bad result, for example: If a procedure has a 1% complication rate, it means that 1 in a 100 will have a complication and this is not malpractice but an inevitable result.

- Reduce fraud in the system, as not every car bumper touching another can cause whiplash! Why is it that whiplash occurs in about 10% of accidents in South Africa versus 100% in California?

- The wealthy elderly should pay more for their medical coverage.

-The medical insurances should pay more for diagnosis and time spent with patients and less for overpriced procedure.

- Hospitals should pool resources as there is no need to have a separate cat scan in every hospital.

In conclusion, we have expensive but high quality medical care in the USA. The medical reforms of Clinton do NOT change the malpractice excess (Congress and the Clinton's being lawyers ...) and it would be wonderful if, for example, a divorcee could just pay \$5 co-payment and that would be all. Financially, patients would be forced into HMO's where they have to put up with the G.P. that may not be their cup of tea and accept that a visit to a specialist may be a rare event. The day Congress and the Clintons join an HMO, I will!

An Evening of Memories

Norman J. Feitelberg

Schindler's List - I am sure you have all seen that film which rose far above the average movie. Schindler's List made the Holocaust rise from the ambers of a slow burning furnace. It was stoked and portrayed in such a way that those of our countrymen who were not aware, not interested, skeptical or downright anti, had a new image. An image that was highly irrefutable. An image that made the memory real and hauntingly alive, so alive that it became as frightening to the current generation as it was lethal to that generation of Jews in Europe in the Nazi era.

Now here in San Diego, SAJAC members were afforded the privilege of listening to one of the last survivors, a dynamic lady who has the great good fortune to re-establish herself, create a new family and, most importantly, is living proof that we Jews cannot ever afford the luxury of forgetting this Holocaust, walking away from the liquidation, saying its enough now. This can never happen again. Yes, it can never happen again if we are vigilant. If we answer the Neo-Nazi's and Skinheads with education, talks and instruction. This is the field our speaker explored and used at various colleges and schools, illustrating her talks with many pertinent cuttings.

This meeting, hosted by SAJAC in the communal meeting area in Genesee Road at Mona and Jack Solomons' complex, was an ideal venue, central and accessible. Most of the audience showed their gratitude to SAJAC by bringing lovely eats for everyone to enjoy. We thank Bella Suchet and her sub-committee who organized this function most efficiently.

Our speaker, Mrs. Gussie Zaks, owns up to the age of 68, carries it off with aplomb and she is proud of the fact! We are filled with admiration for her vivid description of the ghastly experiences she survived and, more importantly, her love and hope for the future.

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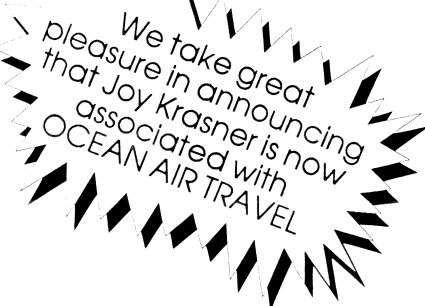


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At the recent 14th Maccabiah, Australian athletes earned 53 medals.

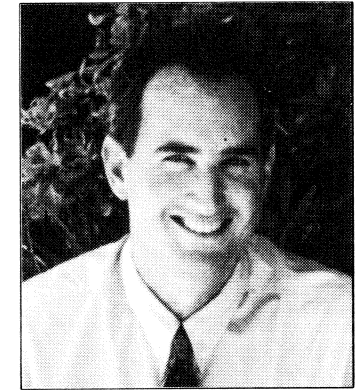
In brief, with the facilities available, it is as easy to be Jewish in Australia as in South Africa. The depth of involvement is the prerogative of the individual.

New Zealand - life at the edge of the diaspora

New Zealand has been a country where Jews have enjoyed a favorable socio-political climate. Small migrations from England, Russia and South Africa have arrived since World War II. Total Jewish population - questionable 2,500. With Auckland and Wellington (the capital) at opposite poles of the North Island, containing the largest concentration of Jews, our people have prospered. Both of these cities have orthodox and progressive religious centers, rabbis and teachers. Smaller congregations are to be found on the South Island at Christchurch (tactfully referred to as Canterbury) and Dunedin.

National organizations include Australasian Union of Jewish students; New Zealand Jewish Council; WIZO; Zionist Federation; Jewish National Fund and a monthly New Zealand Jewish chronicle. New Zealand has the highest rate of Aliyah in the western diaspora. There is another kind of Aliyah to the beckoning Jewish worlds of Sydney and to "Melbourne-Ha-Kodesh" which is a lure to young, observant Jews.

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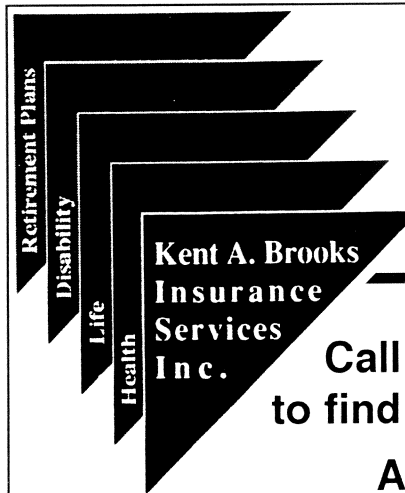
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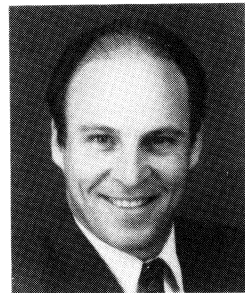
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Non-Qualified Retirement Plan Fundamentals

Ian Smulowitz

The two most important dynamics in accumulating funds for retirement are pre-tax dollars and tax-deferred dollars.

Pre-tax dollars are only available through the deduction received for contributions to a "qualified" plan established by an employer. If your employer does not provide a plan and/or if you are not self-employed, this dynamic is not available to you except for the limited amount that may be contributed to an IRA.

You can however, still take advantage of tax-deferred growth. This type of retirement planning strategy is popularly known as a "Non-Qualified" retirement plan. In such a plan, after-tax dollars are contributed to a program offering tax-deferred growth through the use of annuities or cash value life insurance.

Annuities offer tax-deferred growth, but penalize withdrawals before age 59 1/2. Tax is payable on the distribution of income at any age.

Life insurance offers both tax-deferred growth and tax-free income distributions during retirement through the use of policy loans against cash value. Policies can be designed to minimize the death benefit and to maximize the cash accumulation.

Both annuities and life insurance are available in either a fixed or a variable format. The fixed option generally offers a more predictable investment return with less risk. Variable plans offer greater investment choices with a commensurate degree of additional risk and return.

With a fixed program the annual yield is generally based upon the company's overall performance. With the variable format the individual chooses from a menu of investment choices (stocks, bonds, real estate, etc.) within the plan in hopes of achieving a better long-term investment return than the fixed format might achieve.



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THE HEALTH CARE SYSTEM: A DOCTOR'S VIEW

David Bortz - Internal Medicine

Health care in America has become a source of frustration, not just to patients, but also to doctors.

There is a plethora of health insurance companies that spend 40 cents of each health dollar on administration cost, leaving only 60 cents to be spent on actual patient care. In an effort to cut costs, the insurance industry has come up with a variety of products including PPO's and HMO's.

PPO's are insurance plans (e.g. Admar, CCN) which require the patient to pay a \$5 to \$10 co-payment and the rest is covered by the insurance company. The patient is limited to consulting only those physicians who are on the PPO's providers list. Usually the primary care physician does not need permission of the plan for the patient to see a specialist.

To cut insurance costs further, the big insurance companies have come out with HMO's (Aetna Choice, Health Net, etc.) These also have a co-payment but require authorization from the primary care doctor to see a specialist. This procedure can be lengthy at times as each request must be duly documented and can be rejected by the HMO. Patients used to normal insurance plans, and unaware of the restrictions of the HMO, often get very frustrated when they do not obtain immediate authorization to see a specialist.

HMO premiums are much cheaper because they either deny care or cut costs dramatically. Referrals are therefore limited. The marketing division of the HMO promises patients unlimited care with no cost-sharing of the bill and everything permissible, but there is a completely different division of the HMO whose sole job is to block these very promises. The patients are also unaware that the primary care doctor who does the bulk of their medical care is paid \$10 a month, irrespective of the number of times the patient comes in.

In the end, the primary care office is dissatisfied with the system due to the large amount of paper work. The patient is upset with the long delays, sometimes the denial of referrals and the limited choice of doctors on their plan. Finally, the doctor being poorly reimbursed, cannot spend the amount of time that the patient requires.

In many of the HMO plans, the doctors are financially penalized if they refer too many patients to specialists, or may even be removed by the plan.

The major purpose of the Clinton health plan is to force people into HMO's in order to cut medical costs. The way this is done is to make non-HMO plans economically impossible for most people to afford. Predictions are that there will be multiple large HMO plans where patient care is done largely by nurse practitioners and physician assistants. Older doctors are retiring as quickly as they can. Younger graduates are choosing any specialty but primary care and medicine is no longer an attractive choice for people leaving school.

The Medicare system is also fraught with many problems as we have a tremendous tax burden on the young to finance the provisions of health care to people

over 65. The past contributions of the elderly people during their working years are usually used up during the first few years of their retirement, and this creates a large deficit, even taking into account the monthly premium paid.

Also very elderly people with end-stage diseases are nowadays kept alive at exorbitant costs to the young taxpayers, while a large number of children die because of inadequate health care.

Another problem is that very wealthy elderly people are covered by the system because they are over 65, even though this was not the original purpose of the Medicare system.

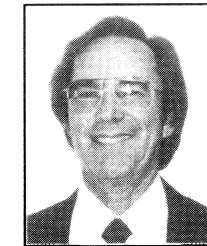
We often hear that the cost of health care in the U.S. is 12% of the GNP compared with 9% in Canada. However, we have a higher incidence of AIDS, a lot more drug usage, violent crime and a high illegitimate birth rate among the black population. The Canadians have a single insurance payer system and spend 10c of the health care dollar on paperwork. In addition, there are long waits for surgery and patients come to the U.S. when they cannot wait any longer. Where will the Americans go?

How can we improve this situation?

- Patients should be more responsible for their bills. Fewer patients would request \$1200 MRI's if they had to pay 20% of it, etc

- Reduce the number of insurance companies offering health insurance in a bid to cool administrative costs.

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Green Card Lottery: Permanent Diversity Visa program - "DV-1"

Michelle L. Lazerow

As I have been inundated with calls from particularly South Africans, many living in the United States and many still living in South Africa, asking me questions about this new Permanent Diversity Visa Program, "DV-1" as it is being called, or "Green card lottery", and because there seems to be so much misinformation about this program, I want to give SAJAC readers some insight about the program and how it will work.

Beginning in fiscal year 1995, which commences October 1, 1994, many foreign nationals who do not qualify as immigrants to the United States under the usual family and employment-based preferences, will have an alternative or third way to emigrate to the U.S. through the permanent diversity program which was created by the Immigration Act of 1990.

As background, since 1965, there have been various systems used to limit the number of immigrants to the U.S. from a given country. Because of a change in the then quota system in 1965, immigration from Ireland, Poland and Italy, for example, declined, and immigration from Asian and Latin American countries greatly increased. Therefore, since 1986 and subsequently, natives from a specified list of countries that have been "adversely

affected" by the changes in the immigration pattern brought about by the 1965 legislation, have been able to participate in temporary lottery programs to help diversify immigration to the United States. Many of you are probably familiar with the most recent lottery program, called the "AA-1" program, which allowed 40,000 immigrant visas per year ("green cards"), to be issued to natives of countries "adversely affected" by the 1965 Immigration and Nationality Act and which were available during fiscal years 1992 to 1994.

The Immigration Act of 1990 created a permanent diversity program which makes available, on an annual basis, 55,000 diversity visas to natives of foreign states from which immigration, over the preceding 5 years, was lower than 50,000. The act sets out an extremely complicated way to determine which countries will be able to participate in the diversity program. I will not even attempt to set out how all this is to be calculated, other than to say that natives from countries that have been designated as "low-admission" countries will be able to enter into this lottery. The world has been divided into six regions in order to determine the "low-admission" vs "high-admission" states and regions. These are:

Africa, Asia, Europe, North America (excluding Mexico), Oceania, and the sixth region, South America, Mexico, Central America and Latin America (the Caribbean).

In addition, a single state can never get more than

Royal Visit

Leslie Herman

As my factory in Johannesburg specialized in the manufacture of uniform clothing and theatrical costumes, I was not surprised when the local Zulu Tribal Representative notified me that the king of the Zulus required a uniform. Attended by his counsellors, he would arrive at my office next morning.

Having dealt in the past with official delegations from many African countries, we arranged to set aside a separate section of restrooms for the royal party, and prepared a finger lunch of open sandwiches and hot dogs on the off-chance that it would be required. We received a telephone call at nine-thirty to say they were on their way, but it was nearly 11 o'clock before the fleet of three black Mercedes, escorted by four motorcycles mounted by inspectors of the Johannesburg Traffic Department, arrived.

The King was as an imposing figure of a man as one would expect from a direct descendant of Cetawayo, Shaka and Dingaan - men who ate their meals out of the skulls of their enemies, and personally threw dissident chieftains from the top of Execution Rock. I offered him the most comfortable chair in my room, facing my desk, with his advisors seated slightly behind him. On a table under the window were bolts of cloth as well as a large selection of gold braids, aiguillettes and embroidered cap visors for his consideration. An assortment that would have satisfied Il Duce or even Hermann Goering in their heyday, let alone an African king whose normal tribal dress was a leopard skin and very little else!

My welcoming remarks were conveyed to the royal person through the good offices of his interpreter. The king's one or two-word reply was translated into a surprising amount of flowery English.

He required an elaborate full-dress uniform, for his proposed visit to the United Kingdom. Something between that worn by a British Major-General and a Ruritanian Admiral. This important decision needed much consideration. Everything I said was repeated in Zulu to the king, who gave a broad smile and nodded, when he eventually understood. His further questions and answers were then translated back from Zulu to English for our benefit.

The king reached a decision. Once his requirements were decided upon, my head tailor proceeded to take his measurements. This proved difficult as he had to request the interpreter to get the Royal Body to bend his arm, or undo his jacket, and so on. All this took much longer than if the King could have been asked directly. My sales manager, after a long discussion with the Royal Advisors, then finalized all the details and quoted a total price. This was conveyed to the king with much gesticulation by the interpreter.

Without any change of expression appearing on the royal features, the king somehow managed to look displeased. Seconds passed. Was he conferring with his ancestors or deciding what curse this chief witchdoctor should cast upon us? In my opinion, the quoted price seemed outrageously high.

Should I suggest a reduction? An inordinately long pause — was eventually broken by a short barked query to his Chief Minister, whose reply sounded suspiciously

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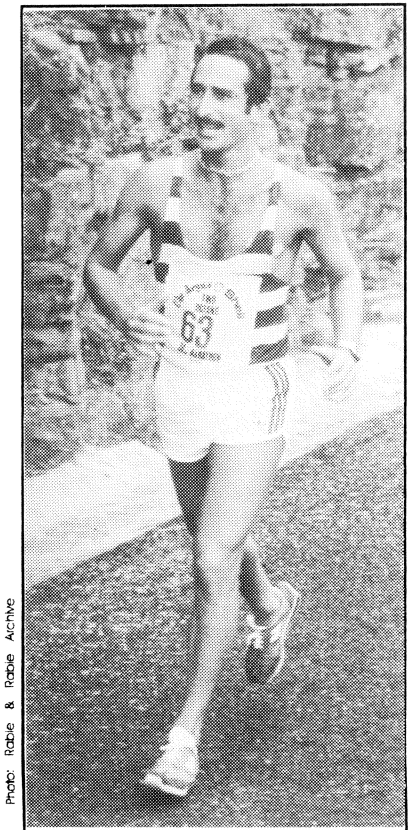
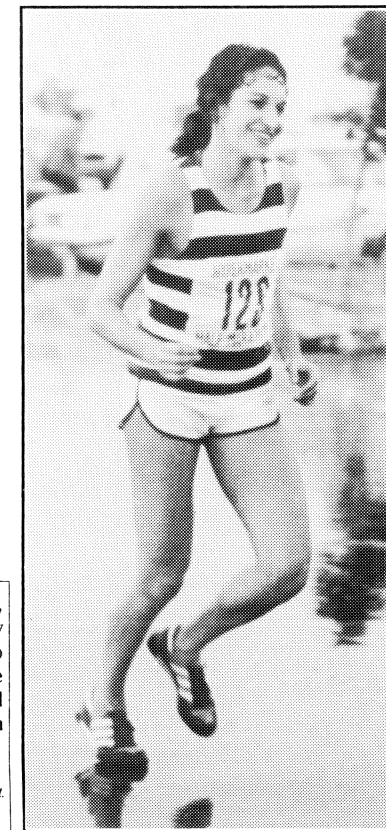


Photo: Rabie & Rabie Archive

The thief of time

Sylvia Schmahmann

There is nothing worse than having to work under stress, so I have gradually learned to tackle a task in good time - except when it comes to filling in forms. I have an absolute mental block about forms, no matter how simple they are. Somehow I have conditioned myself into believing that there is no such thing as a simple form, and invariably I make a mistake or two and have to start all over again. There is nothing like a form to make me feel like a complete nitwit and clot.

Because I detest filling in forms, I put them aside till the last minute, and then the panic starts. I remember, with absolute horror, the time I was supposed to hand a form in at the University in order to write a supplementary exam, and because I had dilly-dallied for so long, I was almost too late! Luckily I made it, but caused my entire family much anxiety.

The same applies to paper work. There is a very useful book called "The Paper Pile-up", which has helped to a certain extent - that is, when I apply the rules! Very often, however, I let it get out of hand, as I am too busy doing other things to attend to the weeding out of junk mail and sorting out of accounts and circulars. (This calls to mind the notice in a friend's home: "I am too busy to get organized!") The papers mount up like a mountain and I put off tackling this enormous job until I can't find something I need. I believe there are others who suffer from this same ailment, namely procrastination.

Strangely enough, this 'kwaal' from which I suffer, pertains mostly to paper work. At one time, it also applied to other things, such as some activity or other in

which I would have loved to participate, but put off for lack of time. Any discussion about my activities seemed to be prefaced by the phrases 'I used to' or 'I want to' and when I jokingly mentioned this to my daughter, Annette, she said: "Well, that's the story of your life".

I have recalled this conversation lately and am particularly aware of the rapid passing of the years and the futility of putting off things that I would dearly like to do because I am too busy. I think it was Og Mandini who said that many of us live our lives like a dress rehearsal, waiting for the right moment before we embark on some venture. It is either waiting until we have retired, or when the children have left home, or until we have enough time or money to do something. I have decided that if I were to wait until I had enough time, I would never tackle anything new. There never seems to be enough time anyway, so why wait? Last night I joined the San Diego Creative Stitchery Guild - something I had been wanting to do for the last three years, ever since I heard about it. What an exciting experience! There were four different demonstrations and I have now learned a few new arts. When I mentioned it to a friend today, she wanted to know when I would have the time to do any stitchery. Well, I will simply make time, such as the occasions when I have to do shifts at Many Hands Craft Gallery.

I would like to encourage any procrastinators to kick the habit, take the plunge and go for it! Have you been longing to take up a course in calligraphy, or take painting lessons? Or would you like to join a writers' group? You never know whether you have the talent until you have tried. Get out there and do what you have wanted to all this time. Remember, the busier you are, the more you accomplish! Don't waste the rest of your precious life procrastinating when you could be having fun.

7%, namely 3,850, of the total diversity visas available in any given fiscal year.

At the time of writing this article, the Immigration and Naturalization Service has not yet finalized which countries will be included in the diversity visa program. However, it appears that most countries of the world will be included. Estimates recently given by a staff person of a member of congress, who was one of the key sponsors of the diversity provision of the Immigration Act of 1990, are that visas may be allocated as follows:

Europe 24,310; Africa 20,900; Asia 6,380; Latin America 2,530; Oceania 880; and North America 0.

As these figures show, the primary beneficiaries of this DV-1 program will be immigrants from Europe and Africa. For South Africans, this is an exciting opportunity to enter into a diversity program in which they have not previously been able to participate.

In order to apply, an applicant must have at least a high school education or its equivalent, or have worked at least two years in an occupation that requires two years of training and experience. An applicant must be a "native" of a low-admission state, namely, be a person born within the territory of a foreign state or entitled to be charged for immigration purposes to that foreign state.

The most recent information available is that final regulations on this DV-1 lottery program are expected to be published in March 1994, with the one-month mail-in period beginning in May or June 1994. Each applicant will only be able to enter one application per year.

The final regulations will set out all the information to be provided by each applicant, method of mailing, and certain other restrictions. Selection of fortunate applicants will be on a random basis. Participation in the program is not limited to persons outside the U.S. Aliens already in the U.S., who may not be in lawful status, may also participate.

As stated previously, this is an exciting opportunity for South Africans, and besides providing SAJAC readers with information about the program, I wish each and every one of you who enter, whether it is for yourself or a member of your family, GOOD LUCK!

Michelle L. Lazerow is an Attorney, Practicing Immigration Law in the Washington, D.C. Metropolitan Area. She can be contacted at (301) 986-9866.

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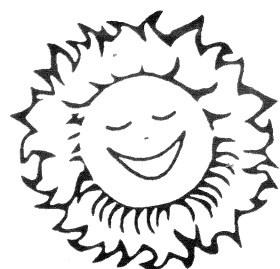
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SPORT IN SOUTH AFRICA

Herbert Suchet

PUTTING SOUTH AFRICAN SPORT ON THE MAP

One of the biggest logistical headaches that Sports administrators have had recently, was to decide whether there would be the 9 new provinces taking part in the various competitions, or to stick with the former tried and trusted provincial boundaries. Imagine a rugby fan at Ellis Park twisting his tongue around "Kom nou, Pretoria-Witwatersrand-Vereeniging". Or for the Blue Bulls rugby team to be incorporated as a PWV team, with Loftus Versveld a "B" field, for Pretoria now falls outside the Norther Transvaal.

Fortunately, sanity has prevailed and both the National Cricket and Rugby Boards say they have no intention of drawing up new provinces, but will stick to the previous order.

RUGBY

South Africa's top rugby players face a daunting season that, for some, began in March and will only end in December. Top class rugby kicked off in Mid-March with the Ford/M-Net Night Series, involving sides like the Maori's, Samoa, and provincial teams. This was won by Transvaal, who beat Eastern Province 33-3 in the final. Early in April, the Super 10 competition saw Transvaal, Natal and N. Transvaal in action against sides from Australia, New Zealand and Samoa. Meanwhile the domestic Lions Cup and Currie Cup competitions kicked off. The day after the Super 10 final on May 14th, the England 15 arrived, and met

the Boks on June 4th in Cape Town and June 11th in Pretoria. The following week the South Africans leave for New Zealand, playing 3 Tests on July 9th, July 23rd and August 6th.

SA's top players then return home for the latter rounds of the Currie Cup, with the final on October 1st. Meanwhile the Argentinians arrive and play tests at Port Elizabeth on October 8th and Ellis Park on October 15th.

The battle-weary Springboks then jet off to Wales where they play Cardiff a week later on October 22nd. They then face Scotland on November 19th and Wales on November 26th, ending the tour with a match against the Barbarians in Dublin on December 3rd.

CYCLING

The Argus Tour was won by Willie Engelbrecht in a new record time of 2:23:22. This was a particularly satisfying victory for Engelbrecht, who was suspended from the recent Rapport Tour after a positive stimulant test, but was later cleared.

SOCCER

The South African Soccer team played for the first time under their new coach, Clive Barker, against Zambia, Africa's Miracle team, which rose from the ashes after 18 top internationals perished in an air disaster.

Some 80,000 spectators crowded Ellis Park to watch this emotional spectacle, and were enthralled by the outstanding ball control of both teams. There was no

Being Right-Brained in a Left-Brained World

Jennifer Broomberg

Many of our children find that they cannot achieve their potential within our Western education system, whether it be in the U.S., South Africa or other Western countries. The Western system stresses and rewards left-brain abilities e.g. reading, writing and math, and right-brain development is often stifled. Right-hemisphere capabilities e.g. drawing, painting, sculpture, music, dance, sport and gymnastics are relegated to recreational status at best.

The two modes of brain function - the right and left hemispheres - use different methods of information processing. Both sides use high-level cognitive functioning and each side has its own style of thinking and capabilities. Each side dominates conscious awareness at different times under different circumstances. Children, who are predominantly right-brained, usually creative, imaginative, often skilled at sport and usually above-average intelligence with high I.Q. levels, cannot, however, function adequately within the mainstream of the school system. They are often labelled "dreamers", hyperactive, incapable or even unintelligent and are sometimes ignored, going largely untaught and left to their own devices. This can become a self-fulfilling prophecy and result in under-achievement and low self-esteem. As self-esteem and confidence are critical for ultimate success, it is imperative that these children receive the kind of training suitable to their individual cognitive style. They cannot always learn only by specific rules and examples or programmed instruction (which is what our school system demands) but also need exposure to rich and associative patterns and other ways of learning. The right hemisphere functions non-verbally, specializing in spatial perceptual information. In other words, seeking relationships between parts and ways to fit them together to form wholes for visual fit, spatial order and coherence. It processes information simultaneously (looking at the whole thing at once) in a non-sequential, non-linear manner. It often accomplishes complex visual perceptual processing without conscious monitoring.

The left hemisphere, which is encouraged and stressed by the school system, deals with language or verbal aspects of consciousness and specializes in logical analytic thinking, naming and categorizing. Its functions are symbolic abstraction (using symbols to represent things), speech, reading, writing, arithmetic. It thinks linearly (one thought directly following another), relying on general rules, clear sequential, logical thought, reducing complexity into simplified words, symbols or abstrac-

tions. It benefits from narrow examples and from trial and error and can learn by rule. It is the conscious and dominant side of the brain.

There is now definite evidence that the right hemisphere is associated with the subconscious or unconscious mind because most of what occurs in the right brain is not within verbal consciousness and does not rely on naming and categorizing verbally. The right hemisphere is dominant in depth perception (position, distance) and movement, distinguishing environmental sounds, subtleties of speech, social nuances and body image. It also controls the ability to express emotion, function unconsciously with regard to certain emotions, intuitions, desires and compulsions. It is associated with "unconscious awareness" - a mental state which is emotional, artistic, gymnastic, environmental and non-verbal. Often, dominantly right-brained children tend to be classified "attention-deficient" as they seem to function to a great extent on a subconscious level and their conscious awareness is easily distracted. However, both sides are often activated simultaneously, making one "conscious and aware".

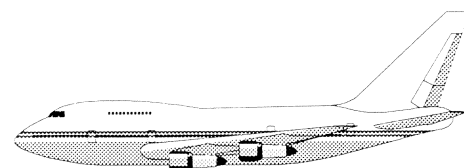
Unfortunately, the Western culture provides few opportunities for such training. We are taught to think mainly by means of the language system of the brain and are only beginning to realize its dual verbal and visual functions. As an artist, teacher and mother of "artistic" children, I am constantly amazed and always fascinated that most of my art students, my own children and I, myself, demonstrate consistently, typical right-brained tendencies. It has become obvious to me that a much larger percentage of people than we ever realized, use alternative methods of cognition to the "normal" majority, who learn differently and who do not benefit from rigid, traditional methods of teaching imposed on all children. Our system may need to include a new, different way of educating, geared to the needs of children who use the "other" side of their brain.



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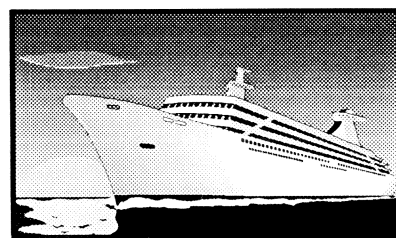
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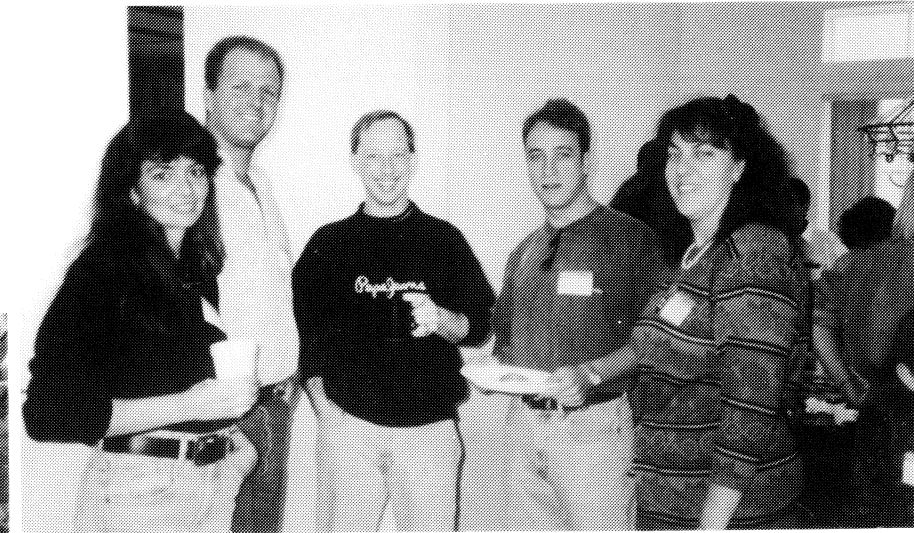
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Newcomers' Tea

Grant and Jo-Anne Weltman

If F.W. De Klerk could capture the votes of all the people who attended the pre-election newcomers' tea, then winning the election would be the least of his worries. Jeff and Michelle Chalmers' home was buzzing with Bobba's and Zeida's, kugels and bagels, and kids galore. It was a day where old friends become re-acquainted, cousins reunited and new friends were made. Not only were there people emigrating from South Africa, but also those relocating from other places, which just goes to show what a great place San Diego must be, to attract so many Jewish South Africans. Jeff Chalmers, SAJAC's President, made all the newcomers feel at home. If any of us felt insecure about fitting into a new society, his words about the support that SAJAC offers soon made us feel more secure. In typical Jewish South African fashion the catering was outstanding. A big thank you to all those involved in making the newcomers' tea so special for us all.



soccer at half-time, but a visit to the dressing-room by State President Nelson Mandela, installed only days earlier, inspired the S.A. team who struck immediately after the break to score twice within a minute. Even though Zambia came back to narrow the gap, the South Africans, playing as if their lives depended on it, held on to win 2-1 in their finest performance in the international arena.

The South Africans are making an historic tour to Australia to play two friendly matches on June 8th and 12th, against an Australian team that faltered in the final hurdle to qualify for the World Cup by scoring an own goal against eventual qualifiers, Argentina, in a play-off to decide the 24th country to go to the USA for the World Cup.

The B.P. Top Eight final was won by Kaiser Chiefs who beat Sundowns 3-2 in extra time.

CRICKET

S.A. vs Australia at home.

After winning the first 5-day test, the Australians won the second test handsomely, and drew the third test, which was marred by rain. However, in the 1-day matches, the Boks, who previously led the series 3-1 were outplayed by the Aussies, who came back strongly to square the 1-day matches 4-4. So, the series ended dead square in all respects, and once again showed the progress the South Africans have made after being out of the international arena for so long.

The South African team to tour England later this year

is:- Kepler Wessels (capt), Hansie Cronje (vice-capt), Andrew Hudson, Gary Kirsten, Jonty Rhodes, Peter Kirsten, Daryll Cullinan, Brian McMillan, Dave Richardson, Gerhardus Liebenberg, Allan Donald, Fanie de Villiers, Craig Matthews, Aubrey Martyn, Tim Shaw, Pat Symcox. The team leaves on 17th June, and contains two surprises in left-arm quickie Aubrey Martyn and reserve wicketkeeper Liebenberg, who doesn't even keep wicket for the OFS but was wicket for the S.A. Universities. The choice of these 2 youngsters, is however, dampened by selecting two 34-year old spinners, Tim Shaw and Pat Symcox, which brings the average age to 29.

ATHLETICS

The Commonwealth Games are less than 3 months away but South African athletes are no wiser as to whether they will be going to Victoria, Canada, in August. However, with South African almost certain to rejoin the Commonwealth, it is up to the politicians to decide, and about 100 places have been put aside for possible S.A. competitors in Victoria.

S.A. will, however, compete in the All-African Championships in Morocco from August 4-7, 2 weeks before the Commonwealth Games, and the presence of Kenyans, Nigerians and Ethiopians will ensure very strong competition.

WOMEN'S HOCKEY

After losing the first Test against Australia 2-1, and the second Test 3-0, the Springboks came back to win the third Test 2-1. The Fourth Test, however, was drawn 0-0, and the Aussies won the series 2-1.



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- Angie & Kevin Rappaport on the occasion of the birth of their son.
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- Toni Shalkoff on her recent engagement.
- Midge & Mike Kellen on the occasion of Toni's engagement.

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SAJAC WISH ALL GRADUATES FROM THE CLASS OF '94 A HEARTY MAZAL TOV AND GOOD LUCK FOR THE FUTURE.
 ☆☆☆

CONDOLENCES TO

- Val Elkon on the passing of her sister.
- Mannie Edelstein on the passing of his mother.
- Marion Lange on the passing of her mother.

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DOING WELL AFTER THEIR RECENT SURGERIES AND ILLNESSES

- Stan Nestadt
- Hans Levi
- Ilana Goldstone
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- Blackie Cooper
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- Ruby Samakosky
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HEALTH CARE OPTION FOR SENIOR CITIZENS

Linda J. Ross Stanley
 Frank Stuppel

Health care insurance in the United States is in a state of turmoil, and is likely to be that way for several years to come. In the meantime, there are many people who move to the United States and are faced with the problem of obtaining adequate medical coverage. People under the age of 65 can obtain medical coverage by joining any of the medical plans that are available. People over the age of 65, who have not paid into the Social Security System, must wait 5 years before they are eligible to purchase the Medicare Benefits. This wait of 5 years has been a tremendous burden and risk period on those families, and in some cases was the basis of deciding not to come to the United States. A Major Medical insurance policy, especially designed to cover you during this time, is now available. Once you become eligible for Medicare, there is a wide range of supplemental plans available to enhance the basic Medicare benefits.

The waiting period of 5 years is only part of the problem because some medical costs are not covered by Medicare!

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Frank Stuppel and Linda J. Ross Stanley can be contacted for more information at (619) 230-8038 or (619) 724-1109. They represent a wide range of Long Term Care and Medicare Supplement Plans. Their local area firm which services both San Diego and Los Angeles areas has been in business for 15 years. They specialize in designing plans to fit your specific needs and budgets.

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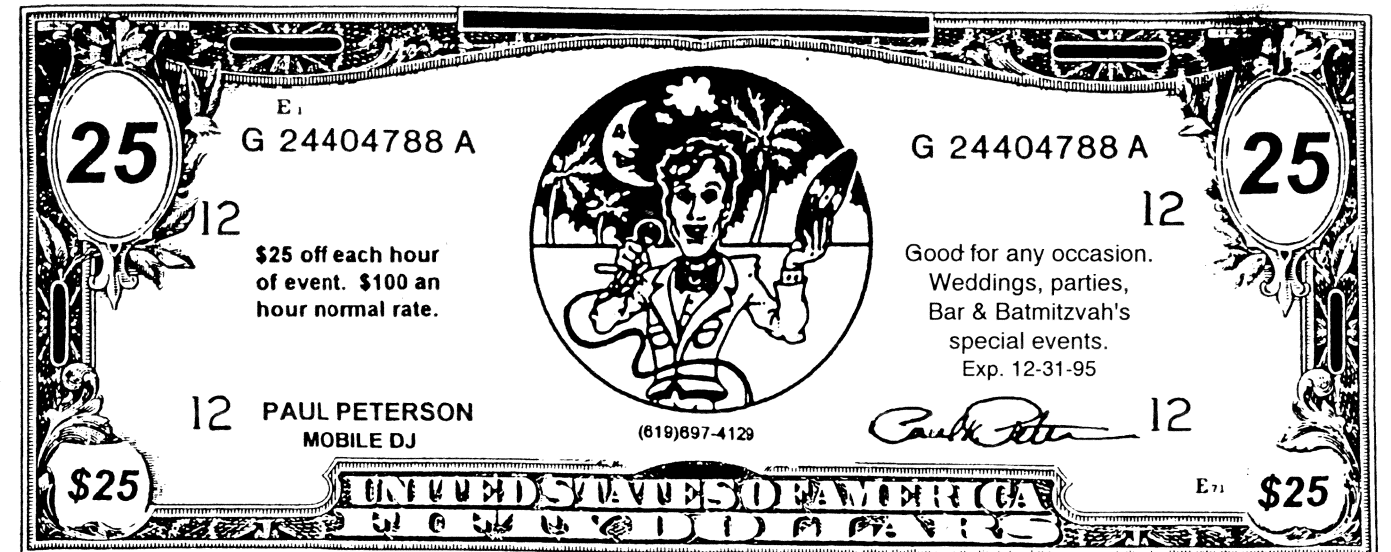
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A JOHANNESBURG PERSPECTIVE FROM A 12 YEAR OLD

Hayley Isaacs

Violence, Murders, Bomb-blasts. Election '94. What will this all amount to?

Today I'm going to be telling you more about elections and what goes on behind the scenes to make them possible.

All the parties had to hold talks and negotiate to find a solution to all the problems. For instance, in the New South Africa there is a promise that there will be sufficient land, jobs and housing for everyone. Will they keep those promises?

Security is another problem. How does the public feel about security? Until now I haven't felt safe anywhere. Not at home, shopping centers or even driving in a car. Maybe after the elections more people will be employed and won't have to commit crimes to earn a living. Just a few days ago in Johannesburg, Germiston and Jan Smuts airports there have been bomb-blasts, car-bombs, shoot-outs and accidents involving taxis, killing and injuring many people!

SAJAC REPORTER

Personally I think all this advertising is a bit much. Every time I switched on the radio or the T.V., all I hear is ad's for the Elections. The I.E.C. (independent electoral commission) has taken a large part in advertising for the elections and making you sure of how their system works and ensuring that your vote is secret. I hope it worked.

There has been lots of hard work to achieve this goal, and 26 years in jail for (who I think is) President Nelson Mandela. It seems the struggle was worthwhile. We can all learn from this that if there is something we believe in we must never give up in making our dreams come true.

There were some very sad and heart-warming stories over the election period. People walked for miles to get to polling stations and were there at 4:00 am to vote, only find polling stations weren't open yet because voting materials hadn't arrived and the people were made to stand in long lines for hours. Later on in the day they were still waiting to vote and polling stations ran out of ballot papers. On the other hand, wealthy whites who came to vote at the squatter camps were told by the black people who live there that even if they were in the line at 10:00 that night, they would look after the white people and give them food and drink.

Love, friendship, kindness and harmony,
South Africa, together, for peace!

SUMMER 1994

Mzwakhe Mbuli, People's Poet - Our Nation's Poet

Marlene Davis Stanger

Mzwakhe Mbuli, South African "people's poet" turned musician, has performed twice in San Diego in recent years. He was the man, dressed in a purple and white kaftan shirt, who recited the tribute to President Nelson Mandela at May 10's monumental inauguration. His distinctive style of repetitive phraseology is echoed in his stunning renderings of poetry in Mbaqanga rhythms. Last June he played at the World Beat Center on Hancock Avenue in honor of Nelson Mandela's 75th birthday and he has also played at Bogeys.

June is a significant month for this poet/performer. He had his political awakening in the aftermath of June 16th, 1976. A child of the Soweto Riots, Mzwakhe is now in his early 30's. Mzwakhe, (his name is pronounced Miz-WAH-kee Mm-BOO-lee), who, as he once put it, had his baptism of fire as an opponent of apartheid in the flames of Soweto, adopted poetry as his form of resistance.

In the early 80's he began to recite his poetry at funerals and other gatherings. His words reflected the conditions of the people and their commitment to a struggle for a free South Africa. The paranoid South African regime saw his words as inflammatory and Mzwakhe became yet another victim of the South African police in their witch-hunt for "revolutionaries who might incite the masses". He was forced to go into hiding and remain on the run from the police for many years. In

1985 Mzwakhe put his poetry to music as a form of survival: the police banned inflammatory rhetoric - including poetry recitals - at public gatherings, but they couldn't ban music, so his poetry of resistance became music of resistance. It was that year, while in hiding, that he recorded his first album, *Change is Pain*. This album was banned by the South African regime as soon as it hit the streets of Johannesburg and Soweto but, in spite of no air-play, he sold over 20,000 copies. *Change is Pain* was smuggled out of South Africa and released internationally, including in the United States.

This son of Africa has paid his dues in the struggle - he was detained by police eight times during the 1980's and spent six months in solitary confinement during one of these detentions. He was also the target of two failed assassination attempts by the apartheid government hit-squads. His second album, *The Unbroken Spirit*, recorded after his release from solitary confinement, was not released in America. But his third album, *Resistance is Defence*,* was released two years ago in conjunction with a promotional tour throughout the United States.

Mzwakhe, whom Savuka's Johnny Clegg has called an "uncompromising firebrand", never compromised his political beliefs and even after the release of Nelson Mandela, on February 11, 1990, he stated in an interview: "Mandela still has no vote, and neither do I..."

His real concerns have not been for himself and his political gains, but for the people he committed himself to represent in his poetry and whose struggle continued until April 26, 1994 when he and his work were vindicated. The people, with their poet, triumphed on May 10 with Mbuli's heartfelt tribute to a great man.

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STOEP TALK

THE STAR 4/21/94

THE ACCENT'S ON SEFRICAN-ENGLISH SPIKKERS

In several years' time South Africa's English-speakers will probably have developed a much stronger accent.

Although it is already distinctive - thanks mainly to the input of the Afrikaner - it is still nowhere near as distinctive as "Strine", that almost unintelligible dialect spoken by Australians. An example of Strine: Egg jelly, in pats of Sinny they sigh "Emma Chissit?". (Translation: "Actually, in parts of Sydney, they say "How much is it?")

Nowadays, in South Africa, we are witnessing a vigorous new input into our evolving dialect - from black announcers, politicians and officials.

Visitors will certainly need help with some "weds" now springing up, especially in the "ebbon errors" (if you need help here, see list below). A Kathlehong mother, interviewed on the air, said: "All we want is piss." Somebody then spoke of the "National Piss Kipping Force".

Joe Lawless of Percelia, Johannesburg sent me a list of "Zimlish" (Zimbabwean English). With some modifications and additions I propose the following "weds" as a basis for a new "Sethfrican" dictionary

- Bent - consumed by fire
- Cut - a small donkey-drawn vehicle
- Doe - a hinged device for closing a hole in a wall
- Errors - as in "ebbon erros" (built-up districts)
- Extry mists - radicals
- Feather - "Swiddin is feather noth then Spen"
- Get - hinged device in fence
- Gaddin - were you grow kebbi-jess
- Hest - some people have to merry in hest (see "merry")
- Itch - as in "to itch his own"
- Jock - funny story
- Kennel - ammy officer
- Kipper - e.g. goal kipper
- Kettle - cows
- Merry - join in matrimony
- Mick - those who will inherit the eth
- Parrot - as in "parrot texi"
- Phlegm - the beginning tip of a kendle
- Piss - symbolized by white doves
- Seki tree - typist
- Sutton - as in "are you absolutely sutton about it?"
- So then - pertaining to the south
- Tocks - negotiations
- Vest - as in "he is well vest in the ut of penting"
- Weld - the eth

Take the word secretary - the black pronunciation is "seki tree" and the white is "seck terry" or sometimes "sekka-terry:.. What on eth will it sound like in 30 years' time?

Meanwhile, try interpreting this: "The kennel said extry mists bent several vehicles". By George, you've got it!

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achieved fame with "Woza Albert", "Asinimali", "Sarafina", and "Township Fever") to head its musical theater department. Mbongeni has 50 awards, both local and international, to his credit. He is keen to swing things for the enjoyment of black and Asian audiences - so the white-oriented shows such as "My Fair Lady" and "Joseph and his Technicolor Dreamcoat" will be moved out.

A new Hillbrow restaurant, the African Hut, is offering traditional African food - long offered by shebeens in the townships. The African Hut is the first upmarket venture of this kind, and provides plates and cutlery for those who do not choose to eat African-style with their bare hands. The restaurant serves pap, mododu (tripe), morogo (wild spinach) and dumplings. A "skop" (sheep's skull) is a favorite among township men, providing a hearty meal "with the juicy ears, eyes, brains and bone marrow to go with the rest" - a snap at R6.95 for a full portion, or R3.95 for half. Other delights include fat cakes, trotters, amasi (sour milk), and amageu (liquidized sour porridge). At the African Hut you are likely to bump into actors, local business folk, "and even your local GP"!

Good news for Johannesburg is that it is to be the capital city of the new PWV Province. It is expected that by June the Provincial Assembly will be sitting in the Council Chamber of the Johannesburg City Hall, and the new premier, Tokyo Sexwale, will be installed in what

was once the Mayor's Office.

Street trading has proliferated in Johannesburg, and in an effort to destroy competition from foreigners, the African Council of Hawkers and Informal Business set up a committee to eradicate foreign hawkers, and engage in their forced removal, if necessary. They complain that foreigners from Africa, eastern Europe, and Asia are taking business away from the locals, and causing unemployment. The meeting decided that each local hawker would not allow a foreigner to set up a stand next to themselves.

A Swazi police spokesman, Paul Sishwili, said that the increase in crime, road accidents, and domestic violence during February/March should be blamed on the nations's over-indulgence in Moganu (liquor made from the Morula fruit). February and March marked the annual Morula Beer season!

And finally Pieter Dirk Uys has been prominent on the South African Scene recently, firstly with his show "The Poggenpoel Sisters". His new persona is Bambi (a Poggenpoel) and, much to everyone's surprise, Evita Bezuidenhout's younger sister! Surprising also to learn that Evita Bezuidenhout was born a Poggenpoel! Secondly, in accordance with ANC election campaign promises of providing electricity to every person in South Africa, Pieter Dirk Uys is wowing audiences with his latest show "One Man, One Volt"!

South African Jewish Country Communities - Are they your roots?

A major undertaking is now under way to document and preserve the history of South Africa's Jewish country communities.

The first Jewish settler arrived in the Cape in 1808. Subsequent waves of immigration took place and by 1936 hardly a country town throughout the length and breadth of the land was without a Jewish presence. For the most part a sense of community and Zionism bonded them together, and their economic and social contributions led to a close association with their country neighbors. They built synagogues, established cemeteries and started Hebrew schools as well as branches of Jewish charitable lodges and contributed to local fundraising. Today, however, there are virtually no Jews left in the dorps of South Africa.

The S.A. friends of Beth Hatefutsoth, the Museum of the Diaspora in Tel Aviv, runs programs and educational projects reflecting the Jewish cultural heritage of the Diaspora. Each week the committee gathers in Johannesburg, systematically researching and recording the history of every single country community in South Africa, where Jews made their homes.

Assist us to place on permanent record the history of your country community before it vanishes. There were minute books and mayors, synagogues and Hebrew Schools from Muizenberg to Messina and all points in between. If you or your family members once were or still are part of a Jewish country community, the S.A. Friends of Beth Hatefutsoth (the Museum of the Diaspora) are waiting to hear from you. They have launched a major project to document the history of Jewish life in every distant town and village. Uncover that history and help us preserve it.

Anyone who believes that they are able to assist with minute books, newspaper cuttings or other memorabilia, please contact Dennis Fox, Chairman of the S.A. Friends of Beth Hatefutsoth at P.O. Box 31136, Braamfontein, 2017, Johannesburg, telephone : (011) 339-6091, Fax: (011) 339-3935 OR David Ellman, 4275 Executive Square, #320, La Jolla, CA 92037, Tel: (619) 587-0400 / (619) 546-1779, Fax: (619) 587-0466

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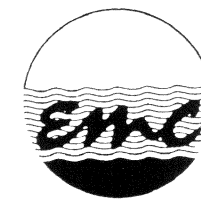


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Our facility dispenses vitamins and supplements, homeopathic remedies, Oriental and Western herbal preparations. These are all available to be purchased by the general public.

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Color Healing - Part II

Linda Ann Kahn

"TO YOUR HEALTH AND BEAUTY" THE MYSTERY AND HEALING POWER OF COLOR

There are many methods of color healing, including color lamps, which project colored lights onto areas of the body which are in disharmony, and electromolune color cabinets which assist the client to absorb different colors through wall screens. A glass jar enveloped in a translucent color screen and exposed to direct sunlight, becomes the "essence of rainbow healing". The water becomes color-solarized and is consumed.

The Aura-Soma - "liquid color", "balance" bottles of plant essences, solarized water and essential oils - utilizes the living energies of color to balance the emotions and subtle energies of the body. Color breathing and visualization are powerful meditative tools.

COLOR IN OUR EVERYDAY LIVES

The foods we eat all have different colors. Eat a "rainbow" salad every day and you will be sure to draw all the minerals and nutrients from the Earth. The Yellow

foods are laxative foods and the green foods are purifying. Red foods can stimulate circulation.

Color improperly applied can interfere with tasks, distract from work and cause eye-strain. An office worker should have a neutral non-distracting cool color to help reduce eye-strain. Factory workers who do a lot of manual activity will do well to have brighter colors around.

Your home should reflect the colors that make you happy - cool and peaceful, warm and luminous or functional colors of black and white. Our clothes should be our personal preference and not dictated by fashion. Do you feel good in bright colors, warm, quiet or dull and receding colors? The colors we wear portray something of our inward nature and our attitude to the world at large. Our color preferences may change over the years. The vibrations of these colors around us influence the way we feel and act.

Color can bring us joy and when we need it, healing. Its visible and invisible influence affects us powerfully, for through it we truly live. Color affects every aspect of our being.

Have a colorful New Year!!

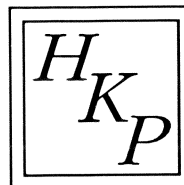
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SOUTH AFRICAN SCENE

Naomi Rudick

At this time of writing in mid-May, South Africans are euphoric. The dreaded election, with all its catastrophic potential for violence and destruction, is over, and feelings of deep relief and optimism are now in place. Nelson Mandela has contributed to this recuperation by assuring all minorities, and especially Jews, that there is a place for them all in the new South Africa. His message to the people has emphasized the need for cohesiveness between all groups, and the very real need to forget the injustices of the past. Facing the daunting task of rehabilitating the country, the ANC's Mandela has given his political arch-enemy, Mangosuthu Buthelezi, the weighty cabinet post of Minister of Home Affairs. The all-important departments of Finance, and Economics and Industry are in the hands of two white ministers, namely Derek Keyes and Dawie De Villiers respectively, while Pik Botha is now Minister of Minerals and Energy. Winnie Mandela's critical tongue may be silenced by her estranged husband appointing her Deputy Minister of Culture, Arts and Education! Now it remains to be seen whether the ANC will be able to fulfill the multitude of pre-election promises, even with all the financial injections coming in from abroad.

For the ANC the task of restructuring education will be enormous. The defiance campaign, run since 1990 by teachers of the South African Teachers' Union, produced the lowest ever pass rate (38.3%) among black matric students this year. The campaign really amounted to an extended strike which included the "driving out of principals, and preventing inspectors and subject advisers from visiting schools". The pass rate reflects a 5.5% drop over last year's average. 8.4% attained university passes, and of the 339,225 who wrote the exam, 117,363 passed.

The latest buzz in the nation is the need to move away from "Eurocentrism" towards an integration of South African cultures. In the new democracy, the radical restructuring of the education system, including universities, may reflect this trend. There are those who are of the opinion that universities with an international reputation are evidence of Eurocentricity - but this cannot be true, as quality of learning and training should not be confused with curriculum. The international reputation of South African universities is built on academic excellence. How they intend to Africanize the curriculum is not known at this time.

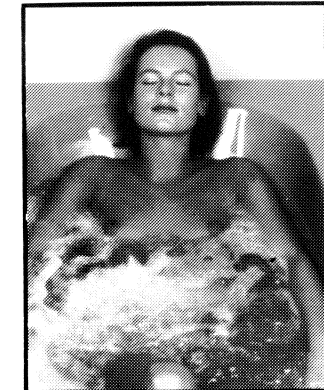
In keeping with the movement away from Eurocentrism, the Natal Performing Arts Council (NACAP) has appointed Mbongeni Ngema (the megastar who

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