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*The views expressed in this newsletter are not necessarily those of SAJAC or its board.*

### *Engagement Announcement*

CHANA-OTKA & HYMAN ZUNDELFARTZ request the pleasure of your company at the engagement brunch of their darling son SOLINKA (the handsome, the talented A.K.) to AVRILLE BECKY LUCINDA TZUKKER-PUPIK, educated daughter of RIVAH-LEAH & CHARLIE. The brunch will be held at the home of Jeff & Michelle Chalmers, 11382 Via Playa De Cortes, San Diego, CA 92126, phone 569-9541 on Sunday, Jan. 23 at 11:00 a.m.

**Catering by IBELDICK AND GREPS.**

*Everyone is welcome.*



# SAJAC REPORTER

The Publication of the South African Jewish American Community of San Diego

Volume 2, No. 10

*CELIA LEVY*

Winter 1993



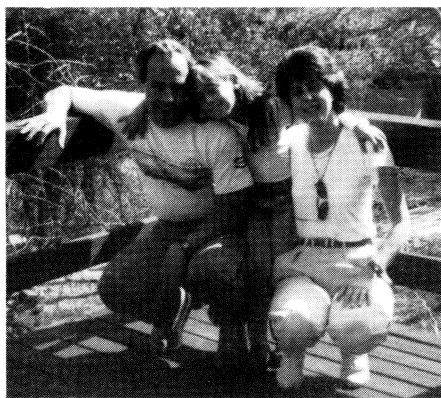
Procession to dedicate a new Torah scroll, Prague, turn of 20th century.

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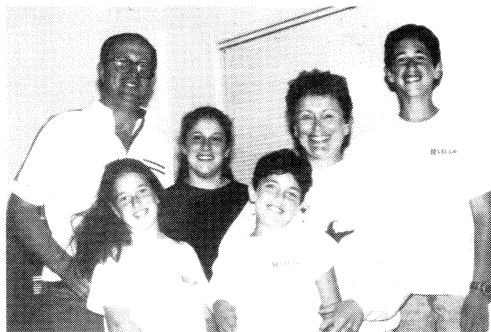
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# NEWCOMERS

by Pam Nathan



Quite unexpectedly I found a cousin, Grant Neifeld, married to Denise, who is related to Arlene and Peter Sacks. It was so delightful to talk to Denise and just stumble on the fact that Grant's mom is a first cousin to my late dad. Grant and Denise and their 8-year-old daughter, Katherine, have just recently moved here after spending time in Houston where Grant completed a residency in family practice. He is presently with the San Carlos Medical Group in Del Cerro. Denise is trained as a pediatric social worker. When I spoke to her on the phone she was rushing off to offer her expertise as a Brownie leader, so its evident that it hasn't taken her long to become a contributing member of our San Diego community.



Ashne and Shimshon Hasson had been living in Israel for the past 5 years after leaving South Africa. They have 4 children: Leeat (16), Alon (14), Orly (12) and Mia (10). It was fascinating to hear how they had moved to California so that Shimshon could continue his Ph D Education in Physics, with the intention of living in L.A. They came down one weekend to visit the Kacevs, Glenda and Ashne having been at University together. Well, they came down to San Diego and never left. Les and Glenda took them into their home for 4 weeks and enabled them to set themselves up. The Hassons are very grateful to the Kacevs. What a mitzvah to be blessed with such wonderful friends! Shimshon is an extremely skilled handyman and can help you with any repairs around the house. I know from experience as he has already proved his proficiency and reliability, helping me with some painting and woodwork. He can be reached at 458-5977.



Beverly Edelstein (on right) and I met on the last train going back from London to Surrey at midnight six years ago. Beverly was visiting her aunt who lives in Surrey and just through hearing a familiar SA accent we all struck up a conversation and found out that she was Barry Broomberg's sister. Needless to say, Beverly and I got chatting and we recollected the incidents leading to our meeting. Now she is living in San Diego and is trained as a dental hygienist.

Pauline and Vic Brand were originally from Cape Town, but have spent the past 25 years in Johannesburg. Vic owned a pharmaceutical company in South Africa and has come to retire in sunny San Diego. They commented on the warmth of the community that has welcomed them, and love the beautiful environment in which they are busy settling down. They have a son, Saul, who lives in London and a married daughter, Karyn, who lives in Australia.



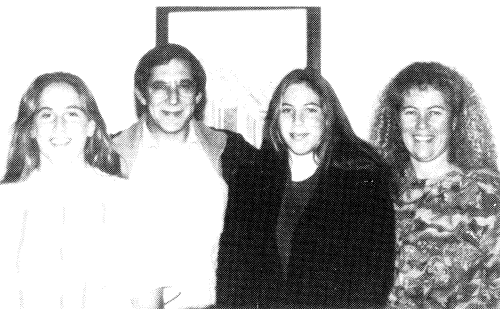
Ann and Howard Katz were living in Durban for the past 4 years, though Howard was originally from the Cape and Ann from Johannesburg. Howard was wise enough to obtain his California dental license in the mid-eighties, which enabled him to set up a private practice immediately. His office is in the San Diego medical center. Ann is assisting as his CEO in establishing his business. They have 4 children: Sara (12), Dayne(10), Ryan (8), Carly (4) and are living in University City at present, researching the best schools for their adorable children to decide where they want to live.

And then there are Anthony and Linda Borkum, Brian Borkum's cousin. I knew Linda and Anthony in Johannesburg while we were still teenagers. They have a nineteen-year-old daughter, Sian, who is here with them. Their son Jarron lives in Philadelphia and their other son Jarred is in Cape Town, completing his studies at UCT. For some time now Anthony has



been waiting to come and live here and finally the time was right to make the move.

Eleanor and Martin Lazerow are Juliet Armist's children. It seems as if Juliet is managing to amass her entire family here. Eleanor is a social worker and has already found employment with the regional center in the past few weeks. Martin is a management consultant, specializing in computers. They have two children, Keren (17) who is at UC High and Talia (14) who is at Stanley.



Ivan and Hilary Linde are originally from Bantry Bay, Cape. Ivan is working with Jeff at Reebok. They have two children Gavin (21) who is on his way to UCSD and Tracy (16), who is at La Jolla High. They had been here before and knew very well what a beautiful environment they were coming to.



# Karaoki

A Karaoki afternoon's entertainment was organized for the seniors. Unfortunately the appointed entertainer never arrived, so Mervyn Kodesh, Charlie Frank, Leonard Wasserman and Herbie Suchet substituted in an impromptu act, telling somewhat colorful jokes. Despite the last-minute change of program, a good time was had by all.

Here are some happy photos taken at the event.



**EFFECT OF TAX RATE AND PAYROLL TAX CHANGES ON  
SINGLE FILERS WITH NO DEPENDENTS**

1993

	\$100,000	\$200,000	\$300,000	\$500,000
Adjusted Gross Income	\$100,000	\$200,000	\$300,000	\$500,000
<b>CURRENT LAW</b>				
Statutory Marginal Tax Rate	31%	31%	31%	31%
Income Tax Liability	\$21,145	\$48,885	\$76,354	\$130,914
<b>PROPOSED LAW</b>				
Statutory Marginal Tax Rate	31%	36%	39.6%	39.6%
Income Tax Liability	\$21,145	\$51,741	\$84,028	\$153,724
<b>CHANGE</b>				
Income Tax Liability	\$0	\$2,856	\$7,674	\$22,810
Percent Increase	0%	6%	10%	17%

1994

	\$100,000	\$200,000	\$300,000	\$500,000
Adjusted Gross Income	\$100,000	\$200,000	\$300,000	\$500,000
<b>CURRENT LAW</b>				
Statutory Marginal Tax Rate	31%	31%	31%	31%
Income Tax Liability	\$20,978	\$48,696	\$76,189	\$130,749
OASDI & HI Payroll Tax Liability	\$5,120	\$5,686	\$5,686	\$5,686
<b>PROPOSED LAW</b>				
Statutory Marginal Tax Rate	31%	36%	39.6%	39.6%
Income Tax Liability	\$20,978	\$51,545	\$83,855	\$153,551
OASDI & HI Payroll Tax Liability	\$5,120	\$6,570	\$8,020	\$10,920
<b>CHANGE</b>				
Income and Payroll Tax Increase	\$0	\$3,734	\$10,001	\$28,037
Percent Increase	0%	7%	12%	21%

\* Calculations reflect only the effect of changes in individual regular tax rates and the new tax rate brackets and, in 1994, removal of HI payroll tax cap.

Note: Assumptions: No capital gains or other nonwage income; all AGI is wage income of one earner; itemized deductions equal 15 percent of AGI (based on 1990 IRS data). Estimated 1994 tax brackets and personal tax exemption amount from Congressional Budget Office. The 1994 itemized deduction phaseout threshold, personal exemption phaseout threshold, OASDI and HI payroll wage-based ceiling have been adjusted for an estimated inflation factor of 3%. Any decreases from 1993 to 1994 in income tax liability as computed under law or as computed under the Act reflect estimated indexing of the first three brackets and the exemption amount. Only the employee portion of OASDI and HI tax liability is calculated.

Warren Shapiro, Bradley's brother, moved here about 8 weeks ago. He has lived in New York, Boston and Washington DC, completing his training as a pediatric gastro-enterologist. He moved here because of the love of his life, Julie Shannon, a real live San Diegan. They have announced their engagement and intend marrying some time next year. Warren, who is working with Kaiser, is a runner and a swimmer and really enjoys the lifestyle in California.

Philip Jochelson, who has just moved here from Canada, was trained as a physician and graduated in South Africa. He emigrated to Canada where he was in private practice for some time. He then got involved in Pharmaceutical research and has now been recruited by the company he works for, Alliance Pharmaceutical Corporation, to relocate to San Diego. He loves being outdoors, playing sport and running, so he is delighted about the move. His wife, Lana, and their two children, Talia (8) and Leora (4) are still in Canada and will be arriving some time in December.

*Apology*

Our sincere apology to Leslie Herman for omitting his name from both articles he wrote for the last issue of the *SAJAC Reporter*, namely "Buying Trouble" and "The S.A. Scene."

The latter was done at very short notice when Naomi Rudick was unable to deliver her usual contribution.

We appreciate your contributions, Leslie, and look forward to many more.

*We would like to thank*

**MARCELLE SAMAKOSKY**

*for typing the SAJAC Reporter over the last year. You've done a great job!!!*

---

*A big sincere thanks to*

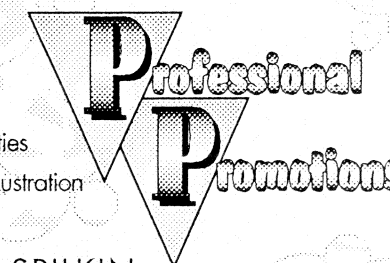
**SYLVIA SCHMAHMANN**

*for all her time & effort in editing the SAJAC Reporter. A good job well done.*

---

*Thanks to Brian Marks for helpin-out & editing this edition.*

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## PRESIDENT'S MESSAGE

As we draw towards the end of this year of 1993, it is appropriate to look back on this year and forward towards next year. For me 1993 was an exciting year as a volunteer, personally and professionally.

I have learned a lot about the San Diego Jewish community through my involvement with SAJAC. I have also learned that most of our members are very willing to volunteer and participate in the great events which have been organized by the dedicated volunteers. As I write this letter, some of our volunteers are working on the Mock Wedding, an exciting event planned for 1994. This event will surely go down in the SAJAC history books. So please watch your mail and read the flyers with the Protea and Magen David symbol on them. Although the Board generally represents a cross-section of our membership, we may not address all the specific needs of our community. I encourage you to contact any one of your friendly board members and pass on any ideas or suggestions for events or functions.

I am excited about SAJAC's prospects for 1994. As our organization continues to grow, the networking which goes on amongst our members continues to expand. Several newcomers have admitted that our directory and the yellow pages are more valuable than the phone directory. I am often called by members who have had visitors look at the directory and requested a copy so they may look for old friends and acquaintances. Naturally all these requests are politely declined.

I would like to express my appreciation to Jean Gaylis, who has always been there when an important decision needs to be made. To the rest of my executive, Sharleen Wollach and Sylvia Roth thank you for your leadership and training, Hillel Katzeff, thank you for keeping a close eye on our finances and Dov Borok, thank you for keeping us in compliance with the laws and regulations. I would also like to thank the entire board for all their tireless efforts during the year and the success of every single event and program which was organized by them.

Finally, I would like to thank my wife, Michelle, without whose help I would never have been able to survive this year.

Happy Hanukkah and best wishes for a happy and healthy New Year!

Jeff

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TO TALK OR NOT TO TALK

by Brian Marks

You simply can't avoid them anymore. They are more incessant than gnats, more plentiful than ants and more annoying than flies. They are everywhere. They come in large black packages or small white frames. They are funny and frivolous or taught and serious. But whatever color, shape or size, they have become society's biggest nuisances.

They are, of course, talk show hosts. From nine in the morning to late at night, these shows criss-cross the airways providing us with a window into lives that should, if anything, have been kept even more private than others.

But what a menu they provide for the basest of appetites. Wives who sleep with their husband's fathers, fathers who married their wives' children, divorced couples who sleep with their ex-in-laws, single girls who hate their mothers, single mothers who hate their daughters, middle-aged men who marry death-row women, women who used to be men who want to be men again, 60 year old men who still live at home, children who steal from their parents and twins who date the same man and are now posing for Playboy.

Is there a reason why we parade these people in front of a million viewers? Is there a lesson to be learnt from this never-ending succession of psychopathic behavior? Or is this purely a new version of 'what's my line?'

I suspect that there is a method to this madness and it usually starts with money. It's a lot cheaper to get two Neo-Nazis to act like stupid idiots for an hour than to pay Bill Cosby to act like a stupid idiot for an hour. And we have to suffer for it.

But even more amazing is that there appears to be a show circuit for these crazies. And the crazier, the better.

The two-headed rapist that appears on Montel Williams show on Monday is on Sally on Tuesday, Oprah on Wednesday (if they are black), he gets a make-over on Vicki on Thursday and he appears on the Richard Bey show on Friday in a topless tug o war with the Siamese twins who have just discovered they are married to the same women.

It doesn't stop there and even worse, it doesn't appear to be stopping anywhere.

These shows are multiplying like horny amoeba. The viewers are flocking to these spectacles in droves, which is hardly a solid endorsement for the state of society today. And this state is even more chaotic during sweeps week, the week in which programs compete for advertising ratings.

Here they pull out all stops. We have a chance to meet the cannibals, unapologetic incest perpetrators, Elephant Man look-a-likes and male Joan Rivers Impersonators. This is the week we are likely to see Donahue in a dress, Geraldo punching out a Klansman and Oprah's just completed wedding dress. Yes there is no limit to what they will show to yield a fractional ratings point and the additional advertising dollar.

So is there any good that comes out of these shows? I think so.

It is a forum for authors to sell their books. It gives washed-out sitcom actors a new lease on life and it is probably the best thing to every happen to the careers of psychologists, sociologists, sex therapists and scuzzbag muckraking writers.

So how come I know so much about these shows? Well to be honest I've seen a few in my time and after all, it has one additional value. It gives me something really good to complain about.

President Clinton Signs Omnibus Budget Reconciliation Act of 1993

by Jeff Chalmers

On August 10, 1993, President Clinton signed into law the Omnibus Budget Reconciliation Act of 1993, which includes provisions estimated to produce a net tax increase of about \$241 billion over five years. Under the Act, effective January 1, 1993, a new top income tax rate of 36 percent applies to joint filers' taxable income above \$140,000 and singles' taxable income over \$115,000. A new top income tax rate of 39.6 percent applies to taxable income above \$250,000 (for both single and joint filers).

The following charts illustrate how taxpayers with different income levels will be affected by new individual income tax rates. The various scenarios include:

- Single taxpayers who itemize deductions - 1993
- Single taxpayers who itemize deductions - 1994
- Married taxpayers (filing jointly) who itemize deductions - 1993
- Married taxpayers (filing jointly) who itemize deductions - 1994

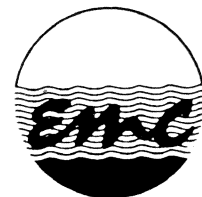
EFFECT OF TAX RATE AND PAYROLL TAX CHANGE ON MARRIED JOINT FILERS WITH TWO DEPENDENTS\*

	1993			
Adjusted Gross Income	\$100,000	\$200,000	\$300,000	\$500,000
<b>CURRENT LAW</b>				
Statutory Marginal Tax Rate	28%	31%	31%	31%
Income Tax Liability	\$16,371	\$44,040	\$73,360	\$127,920
<b>PROPOSED LAW</b>				
Statutory Marginal Tax Rate	28%	36%	39.6%	39.6%
Income Tax Liability	\$16,371	\$45,349	\$79,785	\$149,481
<b>CHANGE</b>				
Income Tax Liability	\$0	\$1,309	\$6,425	\$21,561
Percent Increase	0%	3%	9%	17%

	1994			
Adjusted Gross Income	\$100,000	\$200,000	\$300,000	\$500,000
<b>CURRENT LAW</b>				
Statutory Marginal Tax Rate	28%	31%	31%	31%
Income Tax Liability	\$16,116	\$43,576	\$73,104	\$127,664
OASDI & HI Payroll Tax Liability	\$5,120	\$5,686	\$5,686	\$5,686
<b>PROPOSED LAW</b>				
Statutory Marginal Tax Rate	28%	36%	39.6%	39.6%
Income Tax Liability	\$16,116	\$44,846	\$79,520	\$149,216
OASDI & HI Payroll Tax Liability	\$5,120	\$6,570	\$8,020	\$10,920
<b>CHANGE</b>				
Income and Payroll Tax Increase	\$0	\$2,155	\$8,751	\$26,787
Percent Increase	0%	4%	11%	20%

\* Calculations reflect only the effect of changes in individual regular tax rates and the new tax rate brackets and, in 1994, removal of HI payroll tax cap.

Note: Assumptions: No capital gains or other nonwage income; all AGI is wage income of one earner; itemized deductions equal 15 percent of AGI (based on 1990 IRS data). Estimated 1994 tax brackets and personal tax exemption amount from Congressional Budget Office. The 1994 itemized deduction phaseout threshold, personal exemption phaseout threshold, OASDI and HI payroll wage-based ceiling have been adjusted for an estimated inflation factor of 3%. Any decreases from 1993 to 1994 in income tax liability as computed under law or as computed under the Act reflect estimated indexing of the first three brackets and the exemption amount. Only the employee portion of OASDI and HI tax liability is calculated.



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## FORE! IT'S ANOTHER SUCCESSFUL SAJAC GOLF TOURNAMENT

by Ryan Marks

From the moment the cars filed in, the spikes went on and the rusty ankles and elbows snapped on to the driving range ... we knew the 1993 SAJAC Golf Tournament would be another great event.

Colin Berman and the crew did an outstanding job with the organization and together with Brenda Jacobs, Sharleen Wollach, Dina Aires and company (who took care of the food), this turned into the finest golf tournament ever. The turnout was fabulous and we thank the Eastlake club for the fine condition of the course and their help and service.

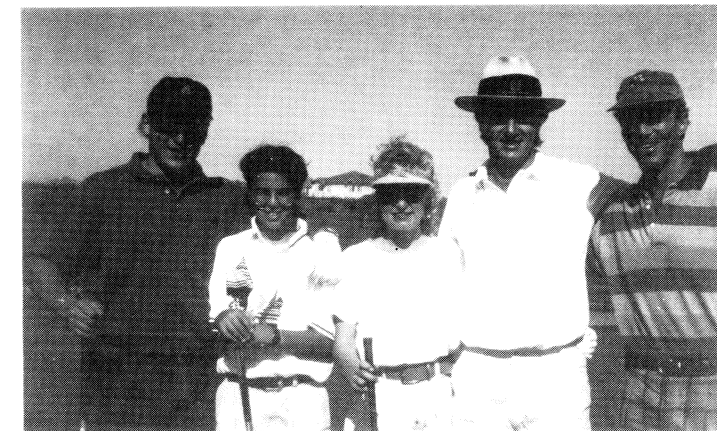
Who would have thought that youth would beat out wisdom? But in a year where more juniors played than ever before, 14 year old Andy Kane shot a spectacular 74 and will have his name inscribed on the trophy with the past winners of the Championship division. He beat out perennial winner Les Edelstein who shot a 75, one stroke off the pace.

In the B division, Stan Rapoport must have X-rayed the greens to take the low gross with an excellent round of 82 and beat out runner-up Jeff Kershon.

The low net titles were won by Brian Marks (Championship division) and Joel Benatar (B Division).

Our thanks go to the sponsors who made it possible for each player to receive a sleeve of new balls as well as meal, drink and snack tickets. The incredible prizes included clubs, balls, videos, assorted equipment and even glassware. Congratulations to Brian Marks who walked off with the main door prize — the portable cellular phone.

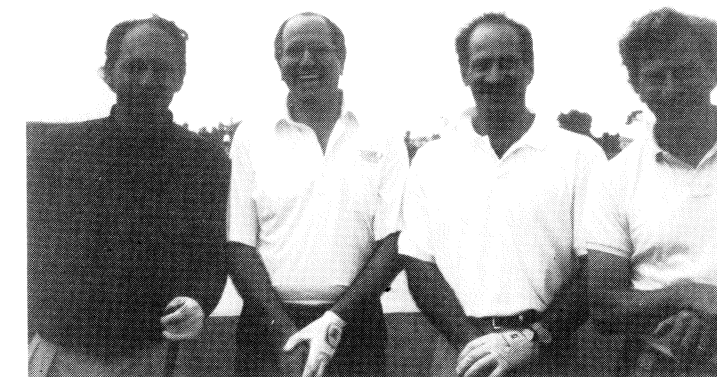
As a golfer in the tournament I know that I speak for everyone in saying that the organization and effort put in by all involved made the tournament a fun-filled and enjoyable time for all. I personally can't wait till next year.



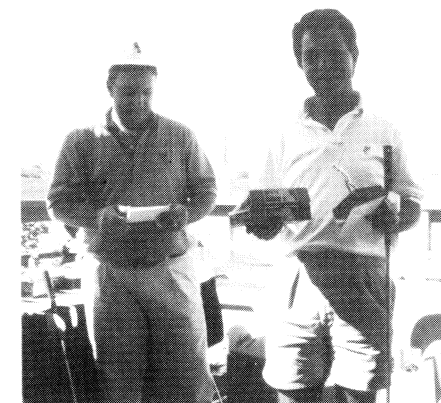
Jeff Pollak, Daniel Aires, Dina Aires, Ian Aires, Julian Aires



Colin Bernstein, Andy Kane, Colin Berman



Sorrel Nemzer, Larry Schreiber, Larry Isaacs, Jerry Lipschitz



Stan Rapoport



"If We Aint't Got It, We'll Get It"

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## WINE • OF • THE • MONTH CLUB

Dear Wine Lover,

I am a Capetonian who recently arrived in California to set up a branch of the Wine-of-the-Month Club, which is South Africa's largest wine club, with over 15,000 members and a branch in the United Kingdom.

Yours Very Truly,  
John P.A. Gorman

### WHAT'S SPECIAL ABOUT WINES OF THE WINE-OF-THE- MONTH CLUB?

Which are the best wines? The most expensive - or the ones made by famous winemakers? Or are they the wines made in limited quantities by small, private estates? According to tastings by the panel of the Wine-of-the-Month Club a great many of South Africa's finest wines are made by 'unknown' winemakers. Most of the best wines sell in mid-price ranges, some even in low-price categories. And the best producers are not necessarily small - sometimes they are the very biggest.

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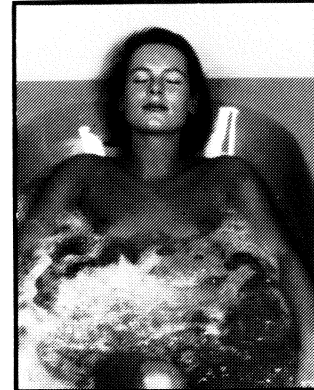
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Dear Sir:

**NEVER AGAIN AND NEVER AND NEVER AGAIN**

*A response to Alwyn Gordon's REFLECTIONS OF THE SOULS  
SAJAC Reporter, Fall 1993*

The horrors of the Holocaust have the power to affect us all on a personal level in different ways. No response is right or wrong, just a matter of how each of us feels.

I have never been to Germany, but I have visited Riga and Moscow, a painful journey that explored the immensity of the tragedy of the mass graves of the Romboli Forest, the Riga Ghetto and the traumatic and hideous systematic destruction and brutal persecution of millions of Jews.

As each survivor begged us again and again never to forget what happened to our people ... we were repeatedly told that we all have a responsibility to talk, to remember, to keep the stories and the truth alive and to pass this bitter heritage on from generation to generation.

When a survivor cries "never again and never and never again", I feel very strongly that none of us are in a position to judge the anguish of this soul. With respect to a human being who has been treated in an inhuman way and survived, none of us can prescribe that "never again" misses the mark and misunderstands the essence of what really happened. This is the core of my disagreement with Alwyn's beautifully written 'Reflections of the Soul'.

Many of the survivors we met on our journey through the former Soviet Union thanked us for making both the physical and the emotional journey to find them, for caring enough to find out about our history, the history of the Jews. Through them, we were able to feel and smell the tragedy and horror of the places they took us to. They reminded us that we are missing an entire generation of Jews, and that this terrible loss will taste like salt on our daily bread forever, and that we should always be conscious of this loss. We should never forget and we should never forgive and as Jews we should make ourselves strong and promise ourselves never and never again.

It is also terribly important to realize that young survivors don't exist. We should look at the aging faces of the survivors we know and remember the tragedy of the six million (one and a half million of them children) of our flesh and blood of our blood. We should know that now it is time for us to step forward and carry the burden of remembering, the burden of not allowing Jews or the world to forget the Holocaust. This is how we can pay our respects to the dear ones we have loved and lost.

Part of the legacy of the survivors is that we should be committed Jews, always remain Jews, raise our children as strong Jews, never turn away from a fellow Jew, and always defend Jews wherever they may need us.

It is with great pride, as a strong Jew that I hold my head high and I say with conviction and determination: **NEVER AGAIN AND NEVER AND NEVER AGAIN.**

Sincerely,  
Jane Scher.

Dear Sir:

**NEVER AGAIN WILL MASADA FALL**

I was moved by Alwyn Gordon's article entitled "Reflections of the Soul." However, I was disappointed he concluded that the lesson of the Holocaust is to "pray that our enemies will rise up no more." His comment that those embracing the ideal "NEVER AGAIN" "tragically missed the mark" demonstrates a misunderstanding of the meaning of the refrain "NEVER AGAIN" which is short for 'NEVER AGAIN WILL MASADA FALL.' The "Never Again" ideal embraces the resolve to actively and positively respond to the Holocaust rather than passively "pray that our enemies will rise up no more." Adherents of this ideal believe that the State of Israel is not only a result of the Holocaust but the positive response to the Holocaust and anti-semitism generally. In the words of the Israeli judges in the Eichman trial, "the terrible slaughter of millions of Jews by Nazi criminals ... was one of the great causes of the establishment of a State of survivors."

I believe the State of Israel was established with the fervent promise that Never Again will Jews be defenselessly abandoned without resistance or refuge. This is not an ambiguous, theological hope but an unqualified, unconditional commitment. As reflected in the words of a former Israeli prime minister: "The State of Israel's highest obligation is to stand ready to defend the Jewish people anywhere in the world where evil has come upon them". All of us have had the privilege of personally and repeatedly witnessing the fulfillment of, and commitment to, this promise by Israel. No-one can deny that the existence of Israel and its commitment to the promise of "Never Again" has prevented innumerable atrocities, including:

- \* The enormous sacrifice made in war and peace to demonstrate to the World that Jews will defend themselves, will fight back when necessary and will not be "lambs to the slaughter" (the Arabs' description of Jews prior to 1948).

- \* Providing the only refuge to Holocaust survivors when the rest of the World despicably turned its collective back on them.

- \* The rescue of millions of Jews from oppressors intent on genocide in Morocco, Yemen, Iraq, Syria and most recently Ethiopia and the steps taken to ensure refuge for millions of Soviet Jews.

- \* The continuing manhunt for perpetrators of crimes against our people as a clear message to the world that Jewish blood is no longer cheap.

- \* The selfless and daring acts of heroism displayed in rescuing Jews from anti-semitic criminals including kidnapers and hijackers.

Clearly, the real lesson of the Holocaust is as expressed by Yitzhak Arad, director of Yad Vashem: "..... the Holocaust teaches what awaits a nation in exile that has no state of its own; had Israel been established before the Nazis came to power, the murder of the Jews could not have been possible." Israel's current Chief of Staff, General Ehud Barak commented during a recent visit to Auschwitz that it was tragic that "we, the soldiers of the Israeli Defense Forces, have come to this place ... fifty years too late."

Continued next page

Continued from previous page

When I look at the remnants of the Holocaust I share some of Alwyn's emotion but my firm conviction is that a strong Israel is our only effective response to the Holocaust and all manifestations of anti-semitism. As articulated by Alan Dershowitz in his book "Chutzpah": "Israel has been our answer to Jewish powerlessness - our inability to defend ourselves against Crusades, Pogroms, and the Holocaust." Jews who do not embrace the ideal of "Never Again" tragically miss the mark and sadly undervalue the dignity and security which they derive from Israel. Those who instead advocate "praying that our enemies will rise up no more" ignore that there are at least six million recent reasons why prayer alone is insufficient and that historically "soft targets" such as the ultra orthodox, shuls and yeshivas were our enemies' targets of choice and consequently suffered more casualties than kibbutzim, moshavim and others willing to defend themselves.

Those with family and friends in South Africa, witnessing the disturbing events unfold can ask whether in a "God Forbid" situation they will take comfort in prayer or in their knowledge that if necessary South African Jews will be rescued by and receive refuge in Israel and be accorded the rights and privileges of a citizen. Those wishing to rely on prayer, by all means do so, but don't forget to include the State of Israel in your prayers and more importantly, in your deeds.

Your sincerely,  
Norman L. Smith

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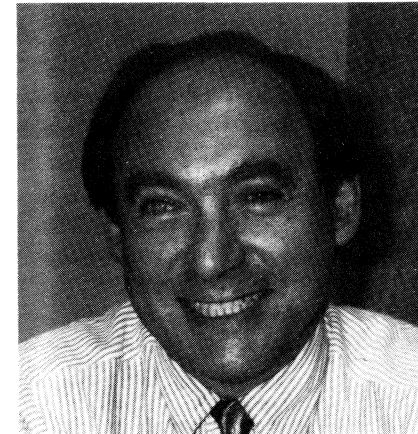
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## RONNIE DIAMOND BRINGS A NEW SPARKLE TO SUPER SUNDAY



There are probably few South Africans in San Diego who do not know of Ronnie Diamond. Although he has only been in San Diego some nine and a half years, his personable nature and extensive charitable activities on behalf of the San Diego Jewish community, have made him something of a household name.

Ronnie's philanthropic endeavors go back to his time in Cape Town, where he was deeply involved with the B'nai B'rith organization. Becoming involved with B'nai B'rith in 1971, he held a variety of positions with that organization.

Among many other social service projects that contributed directly to the quality of Jewish life in Cape Town, Ronnie was instrumental in organizing fundraising activities for a Jewish children's orphanage that continues to serve the city to this day.

His unparalleled commitment was recognized by B'nai B'rith International in 1983, shortly before he emigrated to San Diego. He was one of only four recipients world-wide to receive the prestigious 1983 B'nai B'rith Label A. Katz Young Leadership Award.

Since coming to the United States in 1984, Ronnie has continued to pursue his humanitarian interest with unflagging energy and commitment. Volunteerism has been a calling for him, and he devotes much of his life to charitable endeavors.

Ronnie "got involved" soon after the family settled down in San Diego. In 1986, he became one of the founding board members of SAJAC. He currently serves on the General Board of Directors of the United Jewish Federation and is also a member of the Executive Board. In 1991 he chaired the Face-to-Face solicitation campaign and, that same year, was recipient of the Distinguished Presidential Award for his outstanding community service work.

The Diamond family consists of wife Lorna, a ballet teacher who is school director for La Jolla Festival Dance Centre, and daughters Lara, a senior at SDSU and Tami, a senior at UC High School. Ronnie spends his days at Neb-Cal Printing and still manages to find time to play a handy game of tennis.

Now that he has been appointed to chair the 1994 Super Sunday, he finds himself in a position that will enable him to see the fruits of his philanthropic labors bloom in one day of intense, community-wide fundraising.

Super Sunday is San Diego's single largest community-wide fundraising event. It is scheduled for February 6, 1994 at the La Jolla Branch of the Lawrence Family Jewish Community Centers. It

requires some 600 volunteers to participate in a day of making calls to over 12,000 Jewish San Diegans. Last year a record \$500,000 was raised in Super Week, the seven-day fundraising program that culminates with Super Sunday. The money raised is allocated to humanitarian programs in San Diego, Israel and 33 countries around the world.

"South Africans have always played a major role in the success of Super Sunday," said Ronnie. "Not only are they willing to answer the phone and open their pockets, but they also volunteer in droves. Every year, South Africans living in San Diego are represented at Super Sunday in proportions well above their actual numbers."

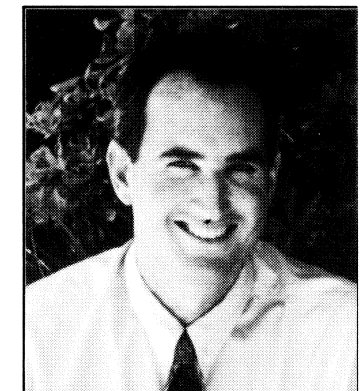
"This year, I hope they will respond with even greater generosity. I urge each and every South African to come forward and volunteer, and help make Super Sunday a stunning success."

"We already have an outstanding reputation as committed, dynamic volunteers and contributors among our American friends," Ronnie went on to say. "And I want this to be even more apparent on Super Sunday."

"If you cannot volunteer, then please answer the call with an open heart and an open mind. The person who's phoning you is a volunteer, and they deserve your respect and courtesy, for reaching out to our community on behalf of those who cannot reach out on behalf of themselves."

For those interested in volunteering for Super Sunday, please call Maura Alpiner at the United Jewish Federation, 571-3444.

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## OBSERVATIONS BY A NEWCOMER

By "Strandloper"

I must have a different feeling and approach to living in California, as I have retired here to be near my family who had all emigrated to the States.

One tends to surround oneself at this age with artifacts and household memos, books etc. with which you previously lived - naturally you feel more comfortable that way. Yet I have seen people here who have refurbished in new directions. For what reason, I would not dare to speculate. But it does give one something to think about.

Then men's shirts are a different cut and length. The wingtip shoes, which we knew as brogues, are more significant and have a more positive place in the financial world. Yes you do not tend to wear white socks and shoes after Labor (note the spelling) Day - so I have been informed. And the rains! When they do come, are heavy like the Transvaal and as sparse as the Northern Cape. They are welcome, except if you are a golfer and are caught out on the course with no place for shelter.

With the advent of winter, normal time has arrived with the cold weather. And believe it or not, rain. So welcome, especially for those who have gardens and are planting their summer bulbs, tulips, daffodils and so on.

The Granadilla climber is one of the most difficult items to find, but after a long search and a failed attempt to propagate seed. I have acquired one. Let's hope it survives the perennial onslaught of the snails. As we are mostly optimistic, I have planted a Bay Leaf tree. This will take 6 to 10 years to arrive at a size where the leaves will be plentiful.

Having just returned from Israel on holiday, it was interesting to see



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the differences in purchasing an air ticket here and South Africa. Having done some preliminary investigations on an air carrier, it was off to a travel agent. Yes we want a flight San Diego/Los Angeles/London as we have family there and we would like to break our journey there. Super Apex normally has no such advantages. But here is the wonder, at least the first of USA Travel. We can book a ticket to London and back, get a 10% discount as seniors, on a trip over the Atlantic. And now for the cherry on the top - we can obtain an "add-on" London to Israel both ways for \$150 i.e. \$75 each way. This is the world of negotiations. We just have to use all our skills there. Naturally, should you break your trip in London, you have to book your seats to Israel at Heathrow.

Then the change-over from daylight-saving time to normal (winter). Yes, we were overseas when this event took place and on homecoming all the electronic clocks, alarms, automatic sprinklers, V.C.R.'s etc. needed attention and naturally any spare wristwatch you might have left at home.

I for one don't know how local philatelists cope with their ongoing USA collection. The systems are mostly foreign to the conservative European/African collector and we will just have to adapt. As for accessories, ie. mounts and so on, they are conspicuous by their absence. I have now had to buy my accessories in London. Maybe the idea of South African Philatelic Society could be founded here. Naturally under the auspices of SAJAC.

Should anybody have some cherished old-fashioned fountain pens, which have given up the ghost, well don't despair. Daniels, the Pen People on India Street are most cooperative. They will help you. I have a sneaking feeling that now with apartheid's demise, it will be possible to promote and show South African art in California. This is some project that will need the cooperation of the South African Embassy. I am sure that most of us have some pieces of art or sculpture which could be loaned to such an exhibition. After all, we can never run away from our African heritage - not that any of us would want to!



Sharleen Wollach

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## The Hanukkah Bush

by Helene Bortz

I cannot stand the sight of a Christmas tree in a Jewish home. But when I see one, I never say anything about it or make any judgement because I, too, had a Christmas tree in my home for many years.

Growing up in Algeria was a blessing for public school children. In addition to the national French holidays we also had the Christian, the Muslim and the Jewish holidays with a little education squeezed in between.

The individuality and strength of each religious community meant that no one felt threatened by the other. Assimilation was an unknown concept and intermarriage virtually non-existent.

Although the various groups intermingled in the workplace or in public life, there was no socializing amongst them. My best friend in grade school was a Muslim girl from Morocco and we always played together at recess and sat next to each other in class. Yet it never entered our minds to invite each other home.

The Jewish holidays were celebrated in style. We enjoyed all the traditional days and more, like "Pepperim" when we brought ornate candles to the synagogue in honor of our past Tzaddikim or "Mimouna" on the last day of Pesach. The weather and the Mediterranean ambience were such that we lived outside our homes and witnessed everyone else's celebrations too. There was a large field behind our house and every morning we could see hundreds of people prostrated in the direction of Mecca.

And there was Christmas.

It wasn't the all-encompassing, everywhere you look thing it is in Christian countries. All we saw were some lights strung in the main street and more toys in the shops. A Father Christmas arranged by an astute photographer would be sitting in the department stores. For my brother and I, there would be toys and chocolates in the shoes we left in front of the chimney, but we had no Christmas tree ...yet.

When the Algerian war of independence began, we fled to France where Christmas is a much more serious affair. In the capital city where we lived, no expense was spared to turn each street and shop into a wonderland. People came from far to admire the animated sceneries in the department store windows. Every song on the radio, every show on television, everywhere you turned, it hit you. I went to school in Versailles where I was an absolute oddball, the only Jewish child among Catholic bourgeoisie. Christmas in French public schools was a huge event. My mother, who was at the time principal of a public grade school and recently transplanted from another world, succumbed to the pressure. Every year a big pine tree was placed in the hall of her school and each pupil was asked to bring a decoration for the tree. Once all was hung, it was very impressive. Just a few days later the school would close for the holiday, and my mother brought the tree home. Now it was in front of the tree that we would place our shoes on December 24th and would find them overflowing with presents the next day. Not that we didn't celebrate Hanukkah around that time, and with a few songs and games too, but it didn't have the same glitter, the same glamour.

When I later asked my parents why they gave us presents for Christmas, they answered that since we went to public school they didn't want us to feel deprived when our peers would ask what presents we had received. As for the tree, they said it was just a symbol of winter.

It happened to be there so we enjoyed it. With hindsight I realize they had no idea of the dangers of what they were doing. In their

mind they were still living in a world where, if you are born Jewish, you stay Jewish. We always had the Christmas tree for all the years that I lived at home. The first winter of my married life when I casually mentioned that I might get a Christmas tree, my husband gave me a look of absolute horror. I could not understand his categorical refusal and I felt deprived.

Much has happened to me since, and today I hate it when I see a Jewish home with Christian trappings. As a parent I have made sure that my children are so imbued with the joy and beauty of Judaism that they never desire anyone else's rituals. They tell me they are lucky to be Jewish. At their age, I didn't feel that way.

When I read the book of Letty Cottin Pogreblin "Deborah, Golda and Me", the part that made the strongest impression on me was not the issues of Feminism but her paragraphs on Christmas. I recommend everyone living here to read them. Here are some excerpts:

*"Come Christmas time, we Jews have to live with the culture-wide assumption that person equals Christian. "Merry Christmas, they say to us as we go home to light our Hanukkah candles. [...] From the day after Thanksgiving, I feel assaulted by images of the Christian "master story" and the incessant repetition of religious songs about people and events in which I do not believe or may have reason to find discomfiting. Christmas is not all tinsel and merriment to those of us with a memory long enough to remember Jewish history. I cannot forget the inquisitions, pogroms, blood libels, Nazis who were good Christians, or popes who looked the other way. I feel no hostility toward individual Gentiles but I do have a problem with the casual secularization of religion whose moral infrastructure has permitted so much violence to be committed against Jews through the ages. [...] Although I relish being a part of the private celebrations of my Christian friends, that doesn't mean I want to encounter someone else's holiday everywhere I turn. [...] And if I squirm at this saturation exposure in the outside world, you can imagine how I might feel about encountering signs of Christmas in a Jewish home. When it happens, I let my mother's breeding triumph over my father's temper. I praise the tree. But what I want to do is beg these people to remember their intrepid forebears whose courage allowed Jews to live to see another Hanukkah. I mourn the death of memory and the deprivation of those Jews who do not know the potency of their own heritage. I want to rail against the assimilation that has brought so many Jews to "normalcy" and with it a preference for the majority's "normal" holiday."*

Most of the time, I believe that everything happens for a reason. If I had Christmas trees, it is to understand today those who have not been exposed enough to the splendor of Judaism and feel a need to imitate. And when I see a Christmas tree in a Jewish home, I hand out an invitation to our next beautiful Jewish holiday celebration.

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## BATES NUT FARM PICNIC

By Audrey Marion Hutchinson  
Sunday 3rd October

The Annual Picnic get-together, which replaced the barbecue this year, was held at the Bates Nut Farm. It was a huge success and a good time was had by all.

Families gathered under the sprawling shady trees on a warm autumn day and the beautiful parkgrounds and natural elegance of the countryside, contributed to the success of the day.

The event was attended by 80-100 SAJAC members (50 newcomers) and was wonderfully informal and everyone chatted and got along easily. Old acquaintances were reunited after some 20 years. For instance, Tony Basson, having not seen her old friend Bella Suchet for 20 years, was ecstatic to unexpectedly find her living in San Diego. The Gaylis family was well represented - 9 altogether. Hymie and Rhoda who were here on their annual visit were able to grace us with their presence.

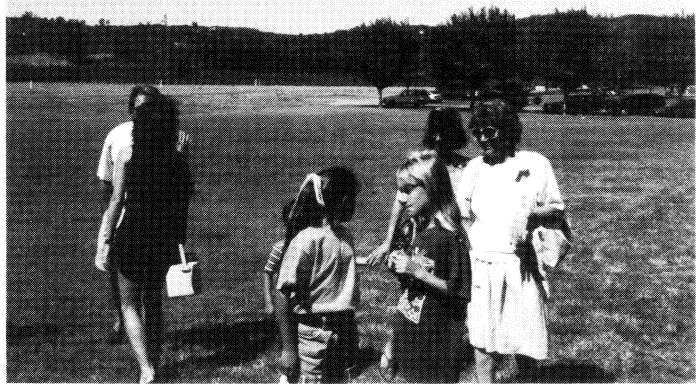
Jennifer Broomberg's husband Barry and extended family seemed to have a good time. Sylvia and Gerald Kane, always friendly to everyone, extended a warm gesture of help to anyone interested in bowls. As you know, they are avid bowlers and active members of Balboa Park Bowling Club.

The SAJAC committee did a splendid job of organizing the event, providing dessert and seeing that everyone was happy.

The children were able to participate in petting and feeding the ducks, sheep, geese and goats in the enclosure.

The Bates Nut Farm itself, nestled in the foothills of Escondido, is noted for its variety of nuts and gourmet delights. The shop is a potpourri of color and imagination. It is spread over 40 acres of cultivated grounds with pumpkins dotted all over the land in readiness for Halloween.

At 4pm it was time to say goodbye, reflect upon a memorable day and to look forward and ahead to the next SAJAC event.



### Mazel tov to:

Glenda & Larry Jaffe on the birth of their Daughter  
Renee & Charlie Frank on the birth of their Granddaughter  
in Israel  
Stan & Robin Rappaport - Baby  
Brian & Debbie Castle on the occasion of David's  
Barmitzvah  
Sadie & Harold Rudman on the birth of their Granddaughter

### Condolences to:

David Roth on the loss of his father  
Martha Gurwitz on the loss of her grandmother  
Dana Legator on the loss of her grandmother

### The following are doing well after their recent illness:

Lynne Stein  
Valerie Elkon  
Des Sable  
Mike Kessel

### Speedy recovery to:

Julius Sher  
Freda Sher  
Alice Miller  
Albert Moss



ric painting, Fimo, and since my stay in San Diego, a myriad classes taken at various bead and yarn stores. What started off as a hobby, has now become an occupation and developed into a small business. I am referring to my work with polymer clay, a most fascinating and versatile material.

I wonder if our South African friends are aware of the wonderful learning opportunities which abound in San Diego. Some of the bead stores and fabric and yarn shops offering classes are the following:

The Shepherdess, in Old Town has some wonderfully interesting classes and excellent teachers. It is well worth a visit to the shop which is situated in Juan Street, just behind the Bazaar Del Mundo. Ask for their class schedule which I am sure will astonish you!

Then there is the delightful bead shop called 'Beads and More' which is in 'The Promenade' in Pacific Beach and has a branch in the Lumber Yard in Encinitas. They also provide classes for children, usually from the age of ten or eleven.

'Oskadusa' in the Boardwalk in Solana Beach is another bead shop which offers classes and just a little further in Encinitas is The Black Sheep, a yarn shop, where I have attended a couple of lovely classes. Another bead store, offering classes, which recently opened in Claremont Mesa Boulevard, is The Bead Center. They also have a great variety of courses. Then there are shops like Golden State Fabrics and Leewards, a large craft store, which give various classes.

I would like to encourage others to participate in these classes which I have found to be very informative and great fun. I have also struck up some friendships with wonderful people I have met over there. So many people hesitate to attend classes in case they cannot cope. Just remember, there is no need to excel at everything. Being a dilettante can be fun!

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## THE JOYS OF BEING A DILETTANTE

by Sylvia Schmahmann

It amazes me that the term 'dilettante' is usually uttered with obvious disdain. Some years ago, when I was telling my 'date' about my many interests, I rather sheepishly confessed: "I guess I am a bit of a dilettante". Imagine my delight, therefore, when he said: "There is nothing wrong with being a dilettante". And I must say I agree!

Webster's Dictionary gives several definitions: 1(a) an admirer or lover of the arts (b) a person who has discrimination or taste, especially in aesthetic matters; 2 (a) a person who cultivates an art or branch of knowledge as a pastime without pursuing it professionally (b) a person who pursues an art or branch of knowledge sporadically, superficially or frivolously.

Another dictionary adds the word 'dabbler' and I guess that one applies in a large measure to me.

I have had a great deal of fun as a dabbler! Even as a young child I used to love handcrafts and sat embroidering at the age of seven. However, this great enthusiasm for arts and crafts really started when I decided to do a course in leatherwork at the Technical College in Durban at a time when my husband was taking a course in woodwork. Strangely enough, this was where I first met Pearl Lazarus, who was doing the same course and was then engaged to Bernhard who had done an MSc in Leather at Rhodes. I thoroughly enjoyed the course which was then continued at the teacher's home, and though I wouldn't describe myself as a superb leatherwork craftsperson, I produced work which was acceptable.

This was followed by attending classes downtown given by the famous Miss Ritter. My sister had settled in Durban and the two of us had a wonderful time dabbling in various crafts, occasionally

producing a bit of 'kitsch', but enjoying the creativity. 'We're preparing for our old age', was my sister's reply to someone who questioned our purpose in doing these classes. It was also a pleasant social event where we met many interesting people.

Then there was the time I took painting lessons. A friend, Lynne Trotter, who was a professional artist, got together with another artist, Margaret Wright, and rented a studio near Greenacres. This was a very satisfying and happy period in my life. Though I knew I would never become an Irma Stern or Maggie Laubscher, it was great fun which I wouldn't have missed for anything. In fact, Helma Gurwitz, Clive's mother, also attended this class!

My paintings were real conversation pieces and the subjects of many a family joke. In retrospect, I could have sold the odd still life (which predominated in my choice of subject matter) to Kirchoffs for their seed packets. One evening I had a few guests over for dinner and the following conversation took place:

Referring to the still life on the opposite wall, one of my guests remarked: "You know, Sylvia, that peach looks most realistic."

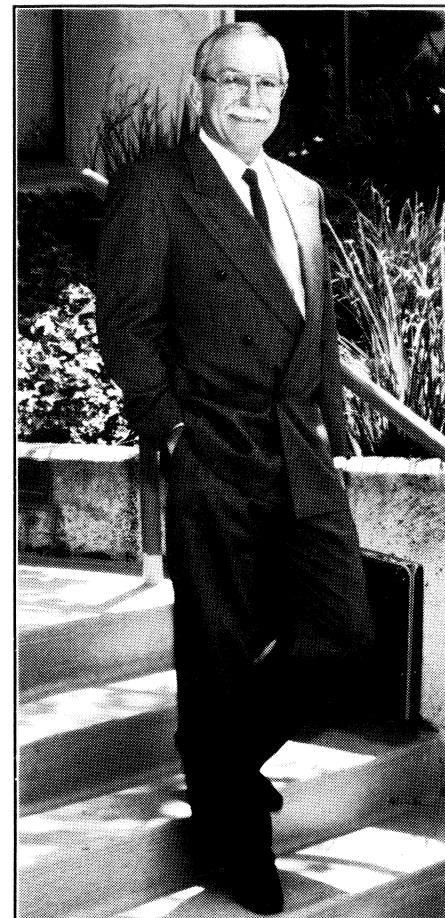
"No, Leon, that isn't a peach, it's an apple."

"No, I mean that one over there."

"Oh, that's an orange!"

Then there was the occasion when the dear late Morris Brukin looked at one of my landscapes and remarked: "Sylvia, you have really improved so much, you should now go in for oils." A very nice remark, only that happened to be an oil painting! Grant you, it was a bit wishy washy and the remark was quite justified. I happened to be rather inhibited in those days and my approach would now be bold and daring!

During the years I have taken up pottery, doll-making, sewing courses, gift-making, picture-framing (a disaster!), applique, fab-



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## DON'T TAKE THE GRANTOR TRUST FOR GRANTED

By Hilary Spilkin

Does the following sound familiar to you?:

"I've got no problems with the IRS because my income comes from a trust in Switzerland which is not taxable":

WRONG

Usually the lifetime grantor trust has been set up by some financial institution or advisor. This trust is made revocable and amendable by the grantor ("owner of the trust") during his lifetime.

WHY?

The trust deed would typically provide that the income and principal of the trust was to be distributed in a manner to be determined by the grantor. The IRS rules relating to grantor trusts treated the grantor as the owner of the trust, and therefore taxable.

In most cases the corpus of the trust was invested outside of the USA. Therefore, as long as the trust had investments that generated income that would not be taxable in the grantor's hands if he held those investments directly, as a non-resident of the US, the income of the trust was not subject to US income tax, even if it was distributed to family members who were taxpayers and residents in the US.

BUT #1

It was also possible to structure the grantor trust in such a way as to keep the income tax exemption applicable to grantor trusts in the US, even if the grantor later became a US resident. A trusted family member who was not a US resident would then take over as grantor and the trust would remain exempt from the US tax by reason of the income and principal being remitted to the US by a trust whose "owner" was foreign.

BUT #2

The more common scenario was to transfer a substantial portion of one's assets to a family member who was a non US-resident. That member would set up a foreign trust naming you, the person embarking on US residency status, as the income beneficiary.

The non-US resident family member was regarded as the owner of the trust under the US grantor trust rules as he retained the power over the trust.

On November 5th 1990 a provision was enacted in the new tax legislation which was intended to prevent the above from occurring.

The amendment provided that a US resident, who is a beneficiary of a trust, is treated as the grantor of the trust (and therefore the owner) to the extent that the beneficiary transferred, directly or indirectly, to a foreign person who otherwise would have been treated as the owner under the grantor trust rules.

It is expected that this will apply even though at the time of the transfer of the assets to the "family member" the "owner" had no intention of moving to the US.

The new provision applies to any trust created after November 5th 1990 and to that portion of the trust which was in existence on that date which is attributable to amounts contributed to the trust after that date.

The new legislation applies only if one person transfers assets to a second foreign person who thereafter directly or indirectly creates a trust for the benefit of the first person.

It seems like the first scenario mentioned above, i.e. where a foreign person transfers assets to a trust and retains a right to revoke that trust (with a second power to withdraw assets being granted to another foreign person upon the first becoming a US resident) still remains a possible tax planning avenue.

However, the utmost caution is advisable when establishing grantor trusts for tax planning purposes. A review of grantor trust deeds already in existence would also be a very valuable exercise.

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## ROOTS: LATVIAN STYLE

by Marlene Katzman



I was fortunate to be the first in my family to visit Latvia, in post Communist times. I was able to retrace the steps of my forefathers and comprehend the kind of life they must have led, and even had the good fortune of meeting my father's older sister and her family in Riga.

We made the remarkable journey to Salduz (120 km away), the family shtetl. It was Saturday when we arrived and Salduz, a well-preserved small town bustled with

people shopping and visiting the market at the base of Strika lela - the street where my ancestral family lived. We drove immediately to #20 where we found two impressive structures. The first, belonging to my grandfather, was made of wood, and the other, belonging to his brother, of stone. These buildings were exactly as they looked in photos when my father left home (in 1927) for Africa. Both houses were in excellent condition.



It is unusual for wooden structures to still be standing as most of them were burnt down either by the Germans or Latvians. My Aunt can now reclaim ownership of these two houses. Arm in arm, I accompanied her through her childhood home. We mounted the stairs, so she could show me where her bedroom was, a recount her childhood memories. We strolled along Strika lela towards her oldest sister's jewelry store. I am named after this aunt who was murdered by the Latvian fascists in 1941. This building too was in good condition - a two-storey commercial

building with little changes. We passed a building with low windows, hiding a concealed basement where Jews were forced to remain in terrible conditions before they were shot.

Our final stop was the Old Jewish Cemetery on the outskirts of town. We were devastated to find the cemetery totally destroyed by a new highway running through the center. Unbelievable that not a single gravestone remained. Viewing the beautiful pastoral scene, one would never believe the tragedy of 1941 nor the desecration in the past 10 years.

From Latvia, my husband and I continued on for another 12 days to Lithuania and Belarus on his ancestral journey.



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## LATE FOR DINNER

by Leslie Herman

Motoring from Cape Town on our way to Durban, it was our intention to stop at George the first night. Seeing that we could not start until noon, it would entail some hard driving if we were to get there in time for dinner. But the thought of reaching this pleasant country town situated on the tree-lined slopes of the Outeniqua mountains, made it worth the effort. Apart from that, it was the beginning of the famed scenic Garden Route, and our next days travel through the Lake District to Knysna and its forest, before arriving at Plettenberg Bay, would be sheer joy.

We got in at six o'clock in the evening and by a stroke of luck came across The Hawthorndene Hotel set back in its many acres of formal gardens. It proved to be the overnight stop of our dreams. We were warmly welcomed and the atmosphere of informality, combined with its unassuming luxury, was exactly what we needed after our tiring journey.

"You change first and go and have a drink" suggested Clare.

"That will give me a chance to bath and change without having to rush, and we can meet in the lounge about seven o'clock before going in to dinner".

It was a comfortable dimly-lit bar with large leather-padded stools wide mahogany bar counter and elaborate fittings that displayed an impressive array of liquors on its mirrored shelves. Mine Host, the manager himself, presided, pouring out the drinks while adding his local knowledge to the general talk. Feeling at home immediately in this friendly atmosphere, I found myself sitting next to a genial grey-haired gentleman who introduced himself as Mr. Trotter of the well-known and much-advertised Trotters Jelly fame who was staying overnight on his way to Cape Town. He had obviously been imbibing for some considerable time and was now the mainspring of the conversation in the room. He seemed to have an unending flow of absorbing stories and every now and then insisted on paying for a round of drinks, and very civilly never refusing when any of us did the same. I had a very enjoyable half-hour, I thought, until it struck me to look at my watch only to find that two hours had passed.

Clare, who was waiting by no means too patiently, told me later that I staggered into the lounge and over dinner pointed out my friend from the bar as being Mishter Shtrotter of Shtrotter Jellish who was a great teller of tall tales.

A year later, doing my annual business round trip, we flew the first leg down to Cape Town and then continued by car up the coast to Durban. Clare came with me again as it gave us an opportunity of visiting our son at Stellenbosch University. Make our first stop at George again, I pulled happily into the Hawthorndene Hotel and, changing quickly, went downstairs to have a drink.

"I hope you don't meet that terrible Mr Trotter again" Clare said jokingly.

Entering the bar from the brightly lit reception area, I groped my way to the counter and settled myself comfortably onto a bar stool and ordered a scotch and soda.

"Hello, haven't we met before?" came a voice from the dark area on my left. I turned, my eyes adjusting to the half-light and there

was, yes it really was, Mr. Trotter himself! Round, jovial, several glasses ahead of me, he looked as though he had never left the spot where I had first seen him. Assuring me that he only got in that afternoon and was leaving next morning, we both agreed that it was an extraordinary coincidence.

That led him to tell me what the Bishop said to the Cardinal in a similar circumstance, and after a few more drinks and many stories later I found that it was eight-thirty. In self-defence, I insisted this time that Trotter accompany me and join Clare and myself for dinner. I suppose both of us would have failed an alcohol driving test, but nothing that a good dinner could not nullify, and with a bottle of wine, Trotter's genial nature and fund of good stories carried the day.

Moving into the lounge, we settled into the deep cretonne-covered armchairs and over coffee, with the help of a liqueur or two, we carried on a convivial conversation until well after eleven o'clock. Then, insisting that it was bedtime, we got up to go. Trotter, after saying goodbye, turned back, obviously loathe to let two good listeners escape and said hesitantly — "Did I tell you the story about the time that I met George Bernard Shaw when he was living in Knysna?".

Catching one another's eye, we both said "Yes, you did" almost in unison, as we rushed upstairs. We had had a long day, and if we admitted we hadn't heard it, we would have been there all night.

It is improbable that I will ever meet Trotter again, but if I should, I will certainly ask him what happened when he met Shaw. Even at the risk that, under the mellowing influence of yet another round, I again finish up later for dinner.



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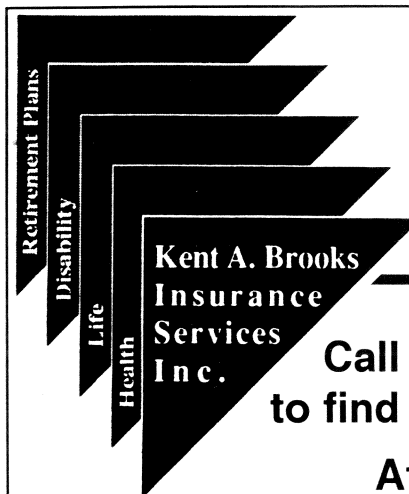
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## THE LORE OF RUNNING

By Herbert Suchet

The American Medical Association has recommended that every person should exercise for at least 20 minutes daily, whether it may be running, walking, swimming or even gardening.

But when you go to work and see all those people running or walking down the streets, are they really doing it to be healthy? A well-known medical writer, Dr. George Sheehan suggests that runners be classified into one of three groups - joggers, racers or runners, according to their motivations for running.

He contends that the jogger is the physically reborn who preaches the gospel of jogging for health and longevity, and will bore anyone incautious enough to ask, with graphic details of how jogging saved his life. And as he discusses the volumes of evidence that exercise protects against heart disease, with names like Morris and Paffenbarger tripping off his tongue as if they were dear friends, he will be inspecting you carefully, looking for those tell-tale signs indicating your need for physical reform.

When the jogger finally grows up, he becomes a racer. For the boring jogger may finally discover that his jogging has become boring. His exercise prescription has made him physically healthy and failed to do anything for his mind. It is time to move on and enter a race. He now enters a new world. Gone is his concern for good health - his sole concern is performance. Every waking moment is concerned only with what will make him run further in less time. And, as the racer's expectations can never be satisfied, he is never able to train sufficiently or race enough. Thus any medical dangers associated with running belong almost exclusively to the racers.

Ultimately, the jogger/racer may evolve into the runner, who is unconcerned about the health aspects of running, and whose psyche no longer needs the challenge of a race. He runs to meditate, to create and to become whole. Running is finally seeing everything in perspective, it is the fusion of body, mind and soul in that beautiful relaxation that joggers and racers find so difficult to achieve.

Finally, for those people whose sole exercise is one of sexual activity, a word of caution — rather practice your copulations with an established partner than a new one. The following verse entitled "On Coronary Coupling" was prompted by the research on the above subject by Dr. Lenore Zohman, head of Cardiac Rehabilitation at Montefiore Hospital in New York.

Coronary, have a care,  
Think before that new affair,  
Dr. Zohman studies swingers,  
And her facts are really zingers.  
Sex domestic, also straight,  
Hardly makes you palpitate;  
Heart beats stay at normal rate,  
When on beds with legal mate,  
And the danger that it bears,  
Looms like - Well, two sets of stairs.  
But roosting in another's nest  
Flirts with cardiac arrest:  
End result of evening sport is  
Very often rigor mortis;  
So seduction's need are three-  
Soft lights, music, EKG.

## SOUTH AFRICAN SCENE

Naomi Rudick

For the past couple of years it has been difficult to find much in the line of good news on the South African scene, so it's nice to be able to report that a feeling of optimism is on the rise again. Business confidence has increased - due to the lifting of sanctions and the making of many new friends in the international community. Diplomatic relations with a host of countries (the latest being Egypt) have been resuscitated. In this new climate of international acceptance trade will surely expand, especially after the elections. Despite the violence and the recession, the South African Tourism Board (SATOUR) reports that tourism was up last year by 7.4% over 1991, and 12% for the first 6 months of this year.

Whilst reaffirming the ANC's commitment to nationalization, in Birmingham, England, in early October Nelson Mandela quickly reassured foreign investors that their investments would be safe from government expropriation, and gave assurances re the repatriation of dividends, profits, and tax breaks.

The ANC's firm stand on nationalization has produced intense speculation on the benefits of "unbundling" for large companies and corporations. I understand that the term "unbundling" means the splitting up of the assets of large enterprises into separate and smaller companies. Pick and Pay has announced its intention to expand beyond South African borders, to other African countries such as Zambia, and to resuscitate its Australian venture (which had failed in the early 1980s).

In addressing the South African Board of Jewish Deputies in August, Nelson Mandela assured South African Jews that they had nothing to fear from a future ANC government, despite its PLO links. He said that the ANC recognized the Palestinian right to self-determination in the same way that it recognized the legitimacy of Zionism as a Jewish nationalism and the right of Israel to exist within secure borders. Mandela urged South African Jewry to "commit themselves to establishing education programs for disadvantaged blacks".

The once powerful Afrikaner Broederbond is on its way out with resignations from several top Broeders who are eager to avoid any identification by political foes as being members of an "Afrikaner Mafia". The only way the organization could survive is if it were to move away from secrecy, open its membership, and pursue legitimate cultural aims.

Rightwingers are no longer regarded as a crazy bunch of extremists, with simply nuisance value. Since the death of Andries Treurnicht earlier this year, the retired generals (under the leadership of former SADF chief, Constand Viljoen) heading the Afrikaner-Volksfront (AVF) Alliance have stabilized the right into a major force. The AVF has forged a strong alliance with the Inkatha Freedom Party with the common goal of preventing majority rule. This alliance is being taken very seriously by the government and the ANC, with the ANC making strong moves towards a "toenadering" with the rightwing.

Meanwhile, now that the SABC is independent of government control, rightwingers have seen fit to establish their own pirate radio station, "Radio Pretoria", which broadcasts from a farm just outside the city at Donkerhoek. The station, considered illegal by

the government, has been denied a license. Threats to send in the police caused heavily armed members to cordon off the transmitter with razor wire so that no-one could enter, and broadcasts were continued "with the permission of its listeners". The station features morning and afternoon "drive shows" which consist of Boeremusiek, German marches, and Afrikaner homilies.

A sign that all is not (yet) rosy in the country was the student violence which erupted on Wits campus mid-August. The South African Student Congress (SASCO), a black student body, called for the disbandment of the "unrepresentative" university council. (The 39 member council has 7 respected black community leaders.) The university administration refused because the council is legitimate, and in the face of violent threats got an interdict restraining Sasco from damaging property, disrupting classes, or injuring anyone. Despite this, Sasco threatened to take up arms and "knock" sense into the white bosses on the 11th floor", and the following day disrupted lectures, stoned a member of staff, intimidated other students, and damaged property. The police were called in and made several arrests. The following week saw more unrest on campus when Sasco staged "operation litter". Garbage was dumped on the campus concourse, an empty lecture theater was petrol-bombed and badly damaged, and the swimming pool was trashed with refuse and litter. The university's central computer was damaged when students cut cables linking the library to the central computer center. This was all done in a bid to make the university "ungovernable". More arrests were made, but Sasco's attitude is that police intervention will only harden their resolve.

Reef vehicle hijackings have soared - the police say that on average 25 cars are hijacked each day, usually by a "lost generation" of township youths with nothing to lose and no qualms about killing drivers. In September, 779 cars and 67 commercial vehicles were hijacked on the Witwatersrand. Most hijackings occur in and around townships, and are due to an increased availability of firearms, the inability of police to patrol townships due to the violence, and the sophisticated security and alarm systems in cars which make hijacking the only option.

Further on the theme of violence - gun owners, afraid of criminal and political violence, are stockpiling ammunition to the extent that gun dealers are running out of bullets. The demand for guns and ammunition escalated since the murder of Chris Hani in April. Pretoria Metal Pressing, a large ammunition supplier, reports that demand for hand-weapon ammunition has exceeded projections, which are based on historic sales trends. In the past a gun owner would buy 100 rounds of ammunition, but today he would not hesitate to buy 400 to stock up.

South Africa has been so engrossed with its internal political struggles that the rising flood of African immigrants has been overlooked. Lured by hopes of a better life, the majority of these illegal aliens are from Mozambique, Zimbabwe, and Lesotho. The influx has resulted in increased unemployment, homelessness and crime. In 1992, 82,575 of these illegals were repatriated. Mozambicans have been undeterred by border patrols, electric fences, the danger of walking through the Kruger Park, Renamo and Frelimo troops, and minefields.

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## Influenced Vegetable Stew

by Sandy Kodesh

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\* About 2 hours to prepare

\* 4 servings

3/4 cup raw kidney beans (soaked overnight, then cooked in boiling water until tender 1 1/2 - 2 hours), and drained

3 Tbs. olive oil

4 medium cloves crushed garlic

1 1/2 cups chopped onion

1 1/4 tsp. salt

1 cup thinly-sliced potatoes

1 tsp. cinnamon

1 tsp. ground cumin

lots of fresh black pepper

crushed red hot pepper, to taste

juice from 1 large lemon

2 large carrots, sliced

1 small cauliflower, broken into small flowerettes

4 medium-sized fresh, ripe tomatoes, cubed

2 tsp. honey

In a very large skillet, saute the onions and garlic in olive oil, with salt, for 5 minutes, or until the onions are soft and translucent. Add potatoes, spices, and lemon juice. Cover and cook 8-10 minutes, stirring occasionally. (Add small amounts of water, if it appears to be sticking). Add remaining ingredients, except beans. Cover, and let it stew over medium heat about 30 minutes, stirring occasionally. Add the cooked beans, stir, cover, and let it simmer about 10 minutes more.

## Savory Vegetable Cheesecake

\* Butter a 10" springform pan, sprinkle in a small handful of fine breadcrumbs

\* 6-8 servings

3 cups (packed) coarsely grated zucchini

3 Tbs. butter

1 cup minced onion

2-3 cloves garlic, crushed

1/2 tsp. salt

1 cup grated carrot

3 Tbs. flour

1/2 tsp. each: basil, oregano

1/4 cup (packed) freshly-minced parsley

1 Tbs. fresh lemon juice

3 cups ricotta cheese

1 packed cup grated mozzarella cheese

1/2 cup freshly-grated parmesan cheese

4 large eggs (at room temperature)

freshly-ground black pepper

2 medium-sized tomatoes, sliced into rounds, then each round sliced in half (into "D"s). Dredged in: 3-4 Tbs. fine breadcrumbs.

Set the grated zucchini in a colander over a sink or bowl. Salt lightly, and let stand 15 minutes. Squeeze out all excess moisture. In a large, heavy skillet, saute the onion in butter with 1/2 tsp. salt. After several minutes, add garlic, carrots, zucchini, flour, and herbs. Keep stirring, and cook over medium heat 8-10 minutes. Remove from heat; stir in parsley and lemon. Beat together cheeses and eggs (the best result comes from using an electric mixer at high speed), until very well-blended. (Use a LARGE BOWL for this!) Add the sauteed vegetables and mix well. Season to taste with black pepper (and more salt, if necessary). Turn into the prepared pan. Bake

uncovered - at 375 °F - for 1/2 hour. Decorate with the above mentioned dredged tomato "D"s. Return the cake to the oven, reduce the heat to 350 °F, and bake another 30 minutes. Turn off the oven, open the door, and leave the cake in there for 15 additional minutes. Then let it cool 10-15 minutes more - out of the oven - before cutting and serving.

## Ricotta & Pesto Souffle

\* Generously butter a medium-sized souffle dish, and sprinkle it with parmesan cheese.

\* Preheat oven to 375 °F

6 large eggs, separated, and at room temperature

1 cup whole milk ricotta cheese

3 Tbs. melted butter

1/4 cup unbleached white flour

1/2 tsp. salt

lots of freshly-ground black pepper

1/4 cup freshly-grated parmesan cheese

1/2 cup pesto sauce (you can buy ready made)

In a medium-sized saucepan combine the egg yolks, ricotta, butter, and flour. Whisk together until smooth. Cook over low heat, whisking, about 10 minutes. Remove the saucepan from the heat; add salt, pepper, parmesan, and pesto. Whisk well. Set aside to cool until it reaches room temperature. Transfer to a large mixing bowl. Beat the egg whites until stiff but not dry. Gently, but persuasively, fold the whites into the room temperature ricotta mixture. Use a firm rubber spatula, and turn the bowl as you fold. Transfer the batter into your buttered souffle dish. Without a moment's hesitation, enter the souffle into the preheated oven, and immediately reduce the temperature to 350 °F. Let it bake undisturbed for 40 minutes. As usual, serve it 0.0 minutes after removal from the oven.

## Confetti Spaghetti

\* 45 minutes to prepare

\* 4-5 servings

3 Tbs. each: butter and olive oil

1 cup minced onion

3-4 cloves garlic, minced

1/2 tsp. salt

lots of freshly-ground black pepper

1 tsp. dried basil

2 stalks broccoli-chopped

2 cups small cauliflowerettes

1/4 lb. mushrooms, chopped

2 cups raw peas (fresh or frozen)

1 medium-sized red bell pepper, diced

3 Tbs. tamari sauce

1 lb spaghetti or linguine

4-6 scallions minced

1 packed cup finely-minced parsley

2 packed cups grated cheddar

In a large, heavy skillet, cook the onions and garlic in combined butter and olive oil, with salt, pepper, and basil, until the onions are soft (5-8 minutes). Add broccoli, cauliflower and mushrooms. Stir, cover, and reduce heat to medium-low. Let cook until the broccoli and cauliflower are just tender (8-10 minutes). Add peas and diced red pepper. Stir and cook over medium heat for just a few minutes - until the peas and pepper are just heated through. Remove from heat, and stir in tamari sauce. Set aside in a warm place, and cover it. Cook the pasta in plenty of boiling water until al dente. Drain, transfer to a large bowl, and immediately add the saute with all its liquid. As you toss the mixture together, sprinkle in the scallions, parsley and cheese. Serve immediately.

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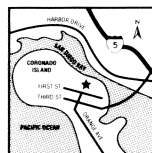
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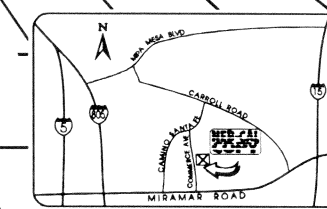
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