

SAJAC REPORTER

The Publication of the South African Jewish American Community in San Diego

Volume 1, No. 10

SUMMER 1989

SAJAC LADIES FUN WALK

on SUNDAY, JULY 23rd

8:30 SHARP to 11:00 A.M.

Start and End at Anne Lyons
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Cheryl Abel · 453-7537

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2ND ANNUAL SAJAC GOLF TOURNAMENT

SUNDAY, SEPTEMBER 10, 1989

FROM 12 NOON

Stardust Country Club

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Invitations to Follow

For further information contact Gary Perl 453-6874.



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Questions? Call Diane at 450-0433 or Bryan at 272-4684

P.S. Bring Your American Friends!

SCENE AT THE BARBEQUE!



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PRESIDENT'S MESSAGE

A number of events have occurred during the past few months that have heightened my awareness of the importance of maintaining a strong Jewish identity in our adoptive home.

According to the Anti Defamation League, there has been a resurgence of anti semitic activity in the U.S.A. that has manifested itself in increasing numbers of aggressive acts of violence and assaults on Jews and Jewish property. San Diego has experienced its fair share of these including the daubing of Swastikas on a Temple, a fire bomb at the premises of one of our Jewish newspapers, and the violation of Jewish student night by pro-palestinians on a local university campus.

There has been focus on the holocaust because of the 50th anniversary of Kristalnacht. We have been exposed to a number of TV programs recalling this turbulent time including War & Remembrance and the life story of Simon Wiesenthal. Some of us were privileged to hear a number of outstanding speakers such as Eli Wiesel and Simon Wiesenthal who reminded us that it was only 40 odd years ago that the world chose to ignore the atrocities perpetrated by the Nazis against our brothers and sisters.

The situation in Israel with the continued violence in the West Bank and Gaza strip has served to polarise opinions of both Jew and non Jew alike in the U.S.A. and abroad.

The increased emigration of Jews from Russia following Gorbachev's Perestroika is something we Jews in the free world have strived for for decades. But now the shoe is on the other foot as many of these people have been refused admission to the U.S. as refugees and have been stranded in transit camps. Those who are fortunate enough to have been allowed in, need financial and moral support to integrate into the society of their new home.

What does this all mean for SAJAC and how can we assist? The South African Jewish community has an outstanding record for involvement, solidarity and support of Israel and Jewish causes. So too, with many South Africans living in San Diego. We can be truly proud of our track record. Many have been involved long before the advent of SAJAC, and many have found their paths to other organizations through SAJAC.

It is my hope that SAJAC will become the catalyst and the platform from which South Africans can become involved in the greater San Diego Jewish community. Let us each undertake to commit ourselves or involve ourselves in at least one other local Jewish organization or institution this year.

For those of us who are concerned about the centrality of Israel in our lives there is the United Jewish Federation (UJF) which is looking for support. For those of us who are still settling in and who are not able to make substantial financial contributions, we can give of our time to help with the campaign. AIPAC, the American Israel Public Affairs Commission is the ideal organization to involve ourselves in if we wish to support Israel and learn about the American political process and the practice of "lobbying" which is a concept foreign to most of us.

To participate in the process of integrating the Russians into our community, please contact Jewish Family Service.

The Jewish Community Relations Council and the Anti Defamation League are ideal organizations for those of us who are concerned with anti semitism and our relationship with the greater San Diego Community.

In South Africa it was much easier for us to maintain our Jewish identity and express our Jewishness. Here we have to work at it continuously. The need for a good Jewish education for our children is more pressing and we have to therefore involve ourselves in the Jewish Day School movement and other institutions such as the Jewish Community Centers, Jewish Campus Centers, Temples and Synagogues.

How many of us were involved in the Selwyn Segal Home and the Jewish Home for the Aged in South Africa? We need to support and participate in similar organizations here.

We, the board of SAJAC are justly proud of the involvement of South Africans in the greater San Diego Jewish community. We take pride in the fact that several of the new board members of the UJF, JCC and San Diego Jewish Academy have found their involvement in these organizations through SAJAC. We sincerely hope that many more of our members will involve themselves in other Jewish organizations. The more members we have, the better chance we have of achieving these goals.

For those of you who have already joined SAJAC for the current year, we thank you. We urge all of you who are not yet members, to join us as soon as possible.

I would like to take this opportunity to thank those individuals who have given or offered funds to help needy South Africans in our community. You know who you are. I would like to remind all of you that there are fellow South Africans out there who are in need of financial assistance and moral support, and if you can make a contribution it would be greatly appreciated. As you know there is no formal Gimiluth Chesed that we can turn to.

Last but not least, on behalf of the Board and the entire SAJAC membership I would like to congratulate Errol Marcus on his selection for the UJF Young Leadership Award this year - two years after Karen won the same award. Mazeltov to you both - you deserve it.

Les Kacev

PERSONALS

Mazeltov to:

Steve & Keri Goldsmid on the birth of their son.
Chalky & Joan Samson on their 25th Wedding Anniversary.
Harold Frysh on his engagement.
Ian Wisenberg on his engagement.
Gail Armist on her engagement.
Juliet Armist on her daughter's engagement.
Harvey & Anne Lyons on their son's Barmitzvah
Raymond and Chana Kahn on the birth of their son.
Joan & Chalkie Samson on the engagement of their daughter Adina.

Condolences to

Ronnie Werbeloff on the passing of his mother.
Neville Levin on the passing of his mother.
Ed Laser and Sadie Rudman on the passing of their mother.
Avrille and Geoff Simon on the tragic passing of their daughter, Amanda.

SAJAC Board of Directors

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If you have any newsworthy items or would like to join our publication team, please contact one of the following:

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PASSAGE TO FREEDOM



A Special Campaign for Soviet Jewry

This year, 40,000 Soviet Jews will need a different demonstration of your support.

We marched and sang and picketed. And our demonstrations of solidarity and support have finally brought results. This year, more than 40,000 Jews are leaving the Soviet Union. That means thousands of new Jewish immigrants — including more than 350 resettling in San Diego — are in need of the basic resources to start a new life in freedom: housing, medical care and job training.

Yes, I Want to help resettle Soviet Jews.

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Please make your check payable to:
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IT'S NOT OFTEN ONE CAN GET SOMETHING FOR NOTHING

by Errol Marcus, Merrill Lynch

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You are also welcome to attend any of the seminars and workshops periodically conducted by **SCORE**. To learn how you can get personal counseling for your business, call 1-800-368-5855 or contact Errol Marcus at 485-0871.

LOOKING FOR EMPLOYMENT?

SAJAC has been fortunate enough to have found employment for a number of individuals through the efforts of our Employment Committee consisting of Leah Levin, Claire Ellman and Neville Berman. The Executive Committee and the Board have given their support and assistance. It has been extremely difficult to assist people without a professionally prepared American style resume. Those persons seeking employment should send a resume to SAJAC, c/o Claire Ellman, 2865 Sugarman Court, La Jolla, CA 92037.

This resume will be circulated and we shall do our best to find suitable employment for the individual concerned. Kindly note that we are not a professional employment agency, but through our contacts within the San Diego community we shall do our utmost to assist. Those persons requiring confidentiality should express this at the time of sending in the resume. The name will then be withheld until interest in the resume is obtained. We have found less success in such cases.

We would appreciate it if those persons seeking employment would follow-up on the leads given and let us know when they have found suitable positions.

NORMAN SARKIN



"When you see me, don't think of life insurance; but if you think of life insurance, see me."

239-LIFE

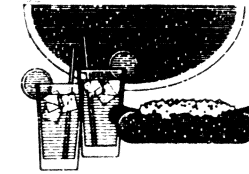
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SAJAC BRAAI Sunday May 21st

by Linda-Anne Kahn



"They're coming to America ... they're coming to America. They're coming to the SAJAC BRAAI."

From near and far, they gathered on the East lawn of the J.C.C. amidst colored balloons, a giant green awning and six 6ft. barbeques.

The popular and most looked forward to event of the year had rolled in. Even "Le Sol" showed it's merry face, trumpeting in an exceptionally glorious sunny day - after several overcast and gloomy days. *it had* to be perfect.

If you want to be a "braaier" - sorry you don't stand much of a chance. Alan Sudar holds a lottery each year - everyone clamours to be a helper and he has guys on stand by for this coveted position.

They trekked in from Chula Vista, Irvine, Los Angeles, England and as far afield as Sweden.

A rather cosmopolitan group of Americans, Mexicans, Swedes, English and of course South Africans devoured hundreds of pounds of strictly kosher non-fat boerewors, approved by the American Heart Association.

The Vrystaters deftly grabbed their corner with Glenda Kacev looking dashing in her "Joeys" T-Shirt.

You had to really be very careful of not falling pregnant - I counted a near epidemic of 17 pregnant ladies. At the SAJAC AGM, a few months prior to the braai, Mervyn Kodesh had announced that it had been said, that by the year 2050, the Jewish population stood a chance of being almost totally assimilated. His advice to everyone, was to go home and have babies. It seemed that many people took him literally. I moved away quickly, in case it was catchy.

For those people of you having problems with your papers, have a baby - in 21 years time, he can petition for you, so don't despair.

The numbers were definitely up from last year's braai, largely due to the incredible amount of babies born in the past year. Those who did not give birth this year, felt left out. We certainly are expanding our ex-South African population, almost with our own internal aliyah.

The festivities continued, with everyone having a wonderful gesels and such fun. Mervyn Kodesh announced for "all those young litees to come and play soccer". Sorrel Nemzer had "everything under control".

And what a soccer match ensued! We have many young, very aggressive and talented, up and coming soccer stars. All the big guys wanted to be on the same team. Congratulations to Ryan Broomberg, Ryan Marks, David Weiner and Mark Rosenberg.

The adult soccer team, only lasted 20 minutes, and then they collapsed under the shade of a nearby tree.





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My Visit To The State Capitol Building

by Beverley Seid

As manager of a shopping/office complex in Coronado, and because I'm involved in the revitalization program for the downtown area, I was one of three business people selected to deliver a presentation in favor of the city's proposed unified transportation plan. The plan was designed to improve access between the Coronado bridge and the city of Coronado. It would also help to ease the traffic flow through Coronado. The California Transport Commission offered to fund the project (partly through already existing bridge toll revenues) if the city produced an acceptable plan.

Munching on a turkey sandwich in the cafeteria in the State Capitol Building (Sacramento) I was briefed by the Mayor of Coronado. Within a short time we would be appearing before the California Transport Commission.

"Wow, you're so calm, you're even able to eat", she remarked. "Amazing for your first appearance at the State Capitol."

"Well, I said, I guess I don't know what there is to be nervous about" ...

30 minutes later, I found out! We were led into the chambers. Sitting on chairs raised almost to the ceiling were all the commissioners including some senators. One row below, the secretaries, and staff members were seated. The Press and TV cameras added to the already existing butterflies in my stomach. My name was called and I approached the podium.

There I was, an ex-South African, delivering a speech in the California State Capitol Building. Suddenly I knew why I shouldn't have eaten the sandwich! Anyway, I got through my speech and as I stepped down I felt so proud. It was a far cry from the Union Building.

LETTER TO THE EDITOR



I would like to reply to the article on Friendship which appeared in the Winter issue. I am a South African who has both American and South African friends and I have found that in both groups there are people you can count on, and people who disappear into the woodwork just when you need them most. I am sure that you too have found this to be the case so why did you print that potentially offensive article?

Puzzled

Dear Puzzled,

The article was part of Teen Scene, a feature which is devoted to teenagers and their views. The views expressed were the impressions of a South African teenager who is facing the many culture shocks that immigration brings. We regret any offense that may have been taken, but we aim to provide a forum for all opinions.

Editor

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THE BOOB TUBE

by Brian Marks

Did you ever notice that no one watches television anymore? At least, no one I know ever admits it.

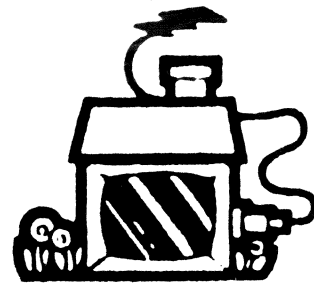
Today, in 1989, the only common denominator between a melting pot of 250 million Americans is that no one watches TV. And, if by chance they happen to catch a few minutes of a program (while on their way out the door to the symphony) it always seems to be "60 Minutes", "Masterpiece Theater" or the "Hungarian Ballet on BRAVO".

Someone had better warn Anheuser Busch and American Express that they are barking up the wrong tree. The billions they are spending every year on advertising is falling on silent ears. And tell Nielsen that their 17 audience share for Roseanne or the re-runs of Lucy are just not true. No one watches television anymore.

Do you really believe that everyone believes you don't cheat with a bit of Cheers, Cosby or China Beach. Everyone, and I mean everyone catches the occasional 20/20, Taxi or T.J. Hooker and I'll even bet you sneak in a Dallas, Dynasty and a Dustin Hoffman rerun.

It's OK. Just admit it. TV can be cool if you know what to watch and who should be watching what ... when ... and where.

Let's start with the highbrow. Yes, that's all of you with season tickets to Shakespeare at the Park. P.B.S. is always "just perfect" and if you are up late enough David Letterman is alright to admit to. Wall Street week, of course, Nightline with Ted Koppel, CBS News, U.S. Open Golf, Thirty Something, and (although we are stretching your credibility a bit,) you can

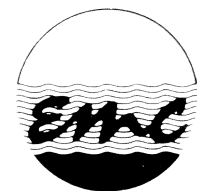


watch the occasional L.A. Law ... if you simply refuse to believe that law offices are really like that.

What about those of you with season tickets to the Padres and an occasional visit to the Pops concert. Well, life in the middle lane is a lot easier. The only things to watch on public television are documentaries on South Africa or on Shrunken Heads of New Guinea. Miami Vice is a violent as you can go but go ahead and laugh all you want at Arsenio Hall, chuckle at Murphy Brown and never miss a performance of Murder She Wrote.

As for the rest of you who wouldn't trade a sushi dinner for Wrestlemania III, you can watch anything and even more important you can admit it. Just a couple of suggestions to really gross out your neighbor. Drive In Theater on the Movie Channel, Alf, Death Wish re-runs, Morton Downey and the professional bowlers tour.

Life without TV would just not be the same. We'd have to talk to people again, read a book, eat in the dining room and even play tennis. But then you already do that. I forgot, you never watch television.



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Ian Aires scored a magnificent goal, as did John Smaller. John said he was trying to stop the goal, but it went off his foot the other way! The old-timers with their shirts on, drew with the old timers without their shirts on. Then we added the ages of the teams, and the team with their shirts on, won with flying colors.

The finals will be played in 1990.

The kids had a ball - dancing and exercising to Annie Lyons and Sylvia Roth's jazzercise and aerobics class. That was a hot favorite. Karen Ellman said she had a "Rad" time and Beverly Slome and Dahlia Gilboa loved the parachute billowing in the breeze. They loved writing for the Youth Competition.

The Tug of War was fun, with kids pulling each other across the baseball field. This was truly a fun filled day, filled with excitement for our kids.

The Seniors were so well represented and there were many more of their contemporaries than last year. Mrs. Pinn said she would not miss this event for anything. My favorite lady, Rae Klein was there, bubbling with enthusiasm as always. She is still looking for a Rummy game.

There were many other great grandmothers, grandmothers and several four generation families. Honey and Sam Smaller looked proudly and loving at their greatgranddaughter.

The Teens were there in full force, and socialized and kugled, as they "checked out" who was there. Nobody wanted to miss this buzz of activity - this happening!

A Chatis from Vrystaat in a plaas straw hat and tinted glasses, gave me a kiss on the cheek. To my amazement, I realized this was Roy Slavin. Mind you, Michael Silverman looked quite sporty in his Panama hat!

Overheard in the Clifton section of SAJAC Braai:

"Tell me, what you think about Red China?"

"Well to tell you the truth, mine darlin' with a white tablecloth, it doesn't look too good!"

After hours of smoked filled eyes, Alan Sudar and his dedicated band of braaiers were able themselves to partake of the delicious fare.

Linda Rosenberg walked around, dragging large trash bags filled with debris asking - "any trash?" Not *one* person moved to put their rubbish into the bag. "You can take this" they pointed out. Old habits die hard!

Alby Amato looked so wonderful - a mere shadow of his former self. Congratulations.

Brenda Jacobs buzzed around, barefoot, busy energetic and so capable, sporting a beautiful personalized apron, hand made by Elana Silverman.

This was definitely a team effort. With incredible organization and ease, Brenda, sold all the remaining meat. The rest of the food was picked up by a woman who feeds the homeless. She gives 500 people a day, a meal.

A giant thank-you to Glenda Kacev and Pamela Berman and for all those who helped organize this incredible function, and to Ronnie Diamond, who convened, and his merry band of workers.

We eagerly await next year's latest "Van de Merwe" jokes and fun and frolics.

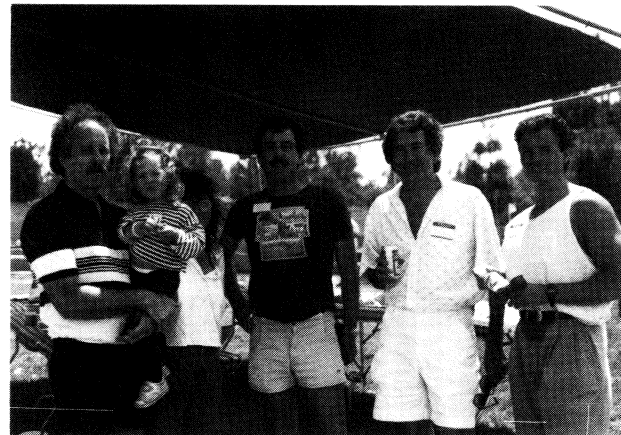
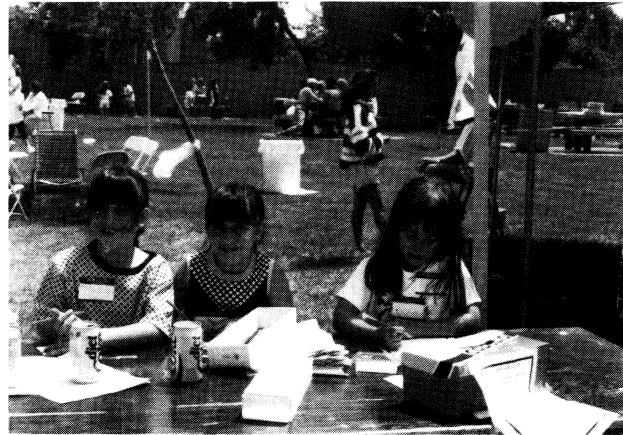


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TIME OUT

A Restaurant Review — "Karinyas"

by Carole Marks

Well all you food lovers, do we have a taste treat for you? Ambience, good food and wonderful service. Let me take you on an evening to "Karinyas". The address is 4475 Mission Boulevard, Pacific Beach, on the corner of Garnet Avenue and Mission Boulevard in a little walkway behind the Haagen Daaz store. It is a Thai restaurant and the cuisine is excellent!

The walls are a light pink pastel color with accents in mint and ochre. The lighting is soft and restful allowing your concentration to remain on companions and food. There are many tables, but a reservation would be helpful if you don't want to wait. There is always a crowd. The restaurant is clean, and has a calm, uncluttered feel about it.

As you enter, the smells assail you, and already your mouth starts to water. The smells are as good as the food. Our party was seated almost immediately and Thai beer was ordered. Some had a heavier, strong beer, but there is also a light Thai beer. I had the Thai Iced Coffee, which was refreshing and delicious.

To start, I definitely recommend the Beef Satay. It is grilled to perfection, and the peanut sauce is a little spicy and very tasty. It is served with a condiment of sliced, sweet and sour cucumbers. As a starter we also ordered the Me Grob, which is light crispy noodles covered in a semi sweet sauce. Although tasty, this was not something I think I would order here again, having had it better elsewhere.

So hors d' oeuvres over with, we waited with bated breath and open mouths for the soup which was brought piping hot to our table. The soup, "Tom Kah Gai", with coconut milk, lemon grass and garanga root. What's "garanga root?" I don't know. But all the ingredients together mmmm...! - I can tell you that our table drank up every drop! Our waitress explained that this is one of the richer soups while the other soups, hot, sweet and sour chicken, shrimp etc., are clear broths. Here too, the taste buds are in for a treat.

Drinking sake, (yes I know its Japanese, but it was offered and it felt like it fit), Thai iced teas and Thai beer, our party of revellers were more than geared up for the onslaught of food that started to arrive. Thai food is spicy. Some of our party wanted their food very, very, Hot, and at Karinyas your food can be customized according to your ability to take heat. So our's ranged in spiciness from mild to medium, to hot and even hot plus! Bowls of white rice are placed around the table and like the bottomless cup of coffee, finish one bowl and another arrives.

One medium spiced dish was the Kum Graprow (a number 64 on the menu). Shrimp, onions, mushrooms — it was absolutely wonderful. It did open up my sinuses but didn't tear them out. The shrimp were firm and succulent. Portions were quite adequate.

If you like spicy, and I mean really spicy, two of our party ordered "hot plus" on their beef and chicken dishes. Our waitress said she wouldn't enter the kitchen when these dishes are 'created' as her eyes don't stop streaming. Well ... yes they were hot, but if you avoided the ceranno chilies, (which were in good supply), then I must say that it was worth a try. Both were delicious, tasty, and spicy, with hints of mint and paprika and other delightful flavors. Every morsel was a sensation. The "Gang Quah Gai", chicken with pineapples in the "Hot Plus" sauce was great. The spiciness was tempered by the piquant sweetness of the pineapple. Remember, hot and spicy is according to how you like it. For the slightly less courageous, the "mild" chicken with cashew nuts was both tasty and original.

We were the last party to leave the restaurant but at no time were we made to feel unwelcome or hurried. Our waitress continued in her most gracious manner, and after our dishes had been cleared and some of the party had rinsed their faces, we finished off with a couple of iced teas and coffees. The coconut ice cream was delicious and refreshing.

A charming added touch was a gift of hot spices given to our friend who had insisted on the extra, extra, hot dishes. We are always looking for exciting new places and this is definitely one to return to again and again. The phone number is 270-5050, and Mr. Tajchai Navapanich, owner of Karinyas will be more than happy to accommodate you. Bon Appetit or as it is said in Thailand, "AROYDEE!".



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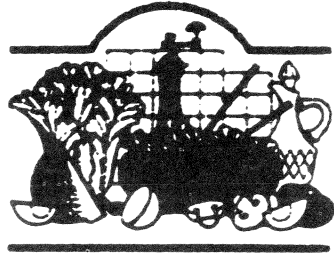
RECIPES

With the hot summer days ahead, here are some new salad suggestions to try.

Broccoli Salad

- Broccoli, cut and steamed
- 1½ tablespoons chopped onion
- ½ clove garlic
- 3 tablespoons chopped parsley
- 1 tablespoon chopped green pepper
- 2 tablespoons cider vinegar
- 2 tablespoons lemon juice
- 2 tablespoons yogurt
- ½ cup mayonnaise
- 1 lettuce
- 2 tomatoes

Mince garlic. Blend garlic, parsley, pepper, vinegar, lemon juice, yogurt and mayonnaise. Break lettuce in small pieces, arrange on plate and place cold broccoli on top. Spoon dressing over salad. Garnish with quartered tomatoes.



Russian Salad

- 3 cold, cooked potatoes
- 2 cold, cooked carrots
- 3 small boiled beetroots
- 1 tablespoon chopped parsley
- 1 tablespoon chopped chives/mint
- ½ tablespoon tarragon mayonnaise
- ½ cup toasted and chopped cashew nuts

Cube potatoes, beetroots, carrots. Mix with mayonnaise and herbs. Be careful not to break the pieces. Pile on green salad and strew with nuts.

Salade de Provence

- 1 large eggplant
- ½ teaspoon lemon juice
- 1 teaspoon finely chopped onion
- 1 cup well chopped celery
- ½ cup chopped hazelnuts
- 1½ tablespoons oil
- 2 teaspoons cider vinegar
- 1 teaspoons honey
- lettuce
- 5 hard boiled eggs
- 8 stuffed olives
- seasoning to taste

Peel and cube eggplant. Cook in water with little lemon juice. Drain and cool. Mix celery, onion, nuts, and seasoning. Add oil, vinegar and honey blended together. Serve on lettuce.

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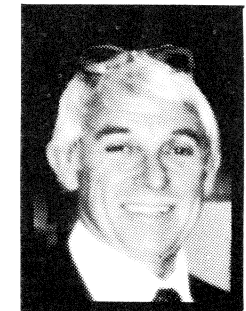
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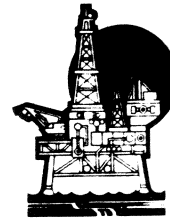


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LIQUID GOLD

by Renee Dishman

Today the oil industry is the worlds largest commercial enterprise. It's influence is global, affecting even the smallest country. Oil production and consumption are the considerations that influence International policies and economic advancement. In 1950 the world's crude oil production was 500 million tons, in 1980 it increased to 3,000 million and it has been predicted that it may increase a further 40% in the twenty-first century. To this end; examining the phenomenal growth and developments of this industry are relevant.

It is generally accepted that this industry was born in the U.S.A. in 1859. Edwin L. Drake drilled the first well to a depth of 60 feet; and this became the turning point in the U.S.A.'s economic history. It produced 20 barrels a day and sold for 50 cents a barrel. An oil rush reminiscent of the California gold rush began in Titusville, Pennsylvania.

1892 saw the first successful gas-powered automobile made in the U.S. In 1901 the first great oil strike in Texas launched a fabulous era in the Southwest.

In World War II, petroleum supplied huge amounts of fuel as well as Toluene for TNT in bombs and shells. The U.S. Government rationed this resource vital to the war effort from December 1942 until August 1945.

Post World War II oil or "liquid gold" became an issue in national and international politics. Increased industrialization and growing populations intensified the need for this vital energy source.

1973 brought many changes to America and to the oil availability. Record levels of retail sales, new car sales and employment added up to what was called a "joyless prosperity". Towards the end of the year the situation was aggravated by an oil embargo shipped to the U.S. and other nations supporting Israel. This was instituted by 11 Middle Eastern oil-exporting states. Oil prices soared to \$1.00 a gallon and the American consumer panicked in what was later politically explained as no real shortage at all.

President Nixon called for energy self sufficiency by 1980 as a remedy for future shortages in supply. Reduction of highway speeds to 55 m.p.h.; heat setting of all items which required oil, and Sunday ban on gasoline sales. This together with plans for the trans-Alaska oil pipeline which Congress approved would alleviate the need for emergency gas rationing systems. The oil shortage of 1973 caused long lines at gas stations and shut down factories. In 1974 following Secretary of State Henry Kissinger's efforts to mediate in the conflicting desires of both Egypt and Israel; the Arab oil embargo was officially lifted.

All the developments and the evolution of the oil industry seemed to point towards a more self sufficient society until 1969. Santa Barbara had the worst oil spill on the west coast of America. The oil fueled more than vehicles, it fueled the

passions of people. The cry of "never again" was reiterated. Until now ...

1989 ... Prince William Sound, Alaska. The Exxon oil tanker "Valdez" ran aground in seemingly tranquil waters spilling 11 million gallons of "liquid gold" into the waters. Passions are rife; environmentalists and Americans alike, are re-evaluating this insatiable need to exploit oil, whatever the costs.

Alaska supplies 25% of America's oil requirements and this industry provides a large percentage of employment to this region. Human error seems to be a major factor in each incident pertaining to oil tragedies. What has become of our regulations controlling safety in the distribution and production of that very thing that has given us on the edge on medicine, food production, transportation and manufacturing?

Is man so narrow minded in thinking that this insatiable desire to control and manipulate by way of the oil industry; to the detriment of life itself, or; are we going to get off this "liquid gold" standard and substitute it with safer, more realistic bartering tools?

"Liquid gold" has its' function but, due to it being a seemingly limited resource ... we should be able to surpass many of its' usages by safer, less costly methods of energy. At this point our research has only touched the surface of what can lessen our dependence on this environmental time bomb.

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Qualified Employee Benefit Plans Are Not Just Good For Employees

by Jeff Chalmers, Price Waterhouse

How many times have you heard of the wonderful benefits that only large corporation companies offer to their employees and wondered whether your shoestring operating budget would ever allow the establishment of such a plan?

Does the "benefit" in employee benefit plan make you think that employee benefit plans are compensation by another name and therefore increased costs to the company?

Not so read ahead!

A properly designed tax-qualified plan will provide employees with tax-deferred retirement income.

TAX ADVANTAGES

The basic tax advantages of a qualified plan are:

- a. current deductibility of company contributions,
- b. tax deferral of employee contributions and
- c. tax deferral on income on a. and b. until final distribution to the employee.

Additionally participants over age 59½ who receive distributions from a plan qualifying as lump sum distributions may elect five-year income averaging or roll-over the distribution to an individual retirement arrangement (IRA).

Benefits to the employer are:

Qualified plans serve to increase employee's compensation package, consequently enhancing the desirability of working for the company. This assists in the recruitment of the right people.

Through vesting rules, company contributions may vest over periods of up to ten years. This vesting period serves as an incentive for employees to continue employment with the company thereby reducing turnover and the related start-up costs associated with hiring and training new employees.

Profit-sharing, stock bonus and employee stock ownership (ESOP) plans provide employees with incentives tied to company performance and provide motivation to achieve profit and performance goals.

Cash or deferred arrangements (also know as a CODA or 401(k) plan) defer employees salary, while giving the employer a current period tax deduction.

Benefits to the employee are:

The tax advantage of a 401(k) plan rival those of home ownership. 401(k) plans provide for the deferral of up to ten percent of compensation. This compensation is invested tax-deferred until retirement or earlier withdrawal. Note that early withdrawal may result in tax penalties.

Profit-sharing and ESOP plans provide for company profits to be reinvested in either company stock or tax-deferred investment trusts. Ownership of the company provides employees with both financial benefits ownership and pride in the company. A profit-sharing plan permit tax-deferred "bonuses" for employees

thereby allowing for the company's success to be shared.

An employee benefit plan is essentially a promise by the company to provide certain benefits to employees. Plan benefits should be consistent with management's long-term objectives.

Costs associated with the establishment and maintenance of a plan include: audit fees (for plans with more than 100 participants), legal fees, accounting and administrative fees, and trustee fees.

Care should be taken when setting up a plan as several governmental agencies such as the Internal Revenue Service (IRS) and Department of Labor (DOL) have strict regulations covering such plans.

If you have further questions concerning employee benefit plans, feel free to call me.





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WHAT SO PROUDLY WE HAILED
AT THE TWILIGHTS LAST GLEAMING
WHOSE BROAD STRIPES AND BRIGHT STARS
THROUGH THE PERILOUS FIGHT
O'ER THE RAMPARTS WE WATCHED
WERE SO GALANTLY STREAMING
AND THE ROCKETS RED GLARE
THE BOMBS BURSTING IN AIR
GAVE PROOF THROUGH THE NIGHT
THAT OUR FLAG WAS STILL THERE
OH SAY DOES THAT STAR SPANGLED BANNER YET WAVE
O'ER THE LAND OF THE FREE
AND THE HOME OF THE BRAVE

LOLLYPOP

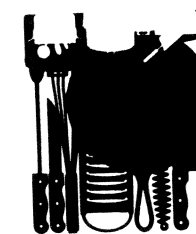
So you all enjoyed the barbeque, or should I say you all seemed to have a lekker time at the braai. I enjoyed it too, and I enjoyed watching all you rad, cool, funky, awesome, excellent, kids write me all those rad, cool, awesome excellent, funky, entries. Two things I especially liked were Nikki Weiner's description of the food as being "out of orbit" and Beverley Slome's description of the cooks as being "cute" but unfortunately married. "I agree with both of you!"

I thought the Braai was totally awesome. The food was tasty, and the cooks were excellent. All of my Sundays were boring before this cool braai. The weather just made it even better. From now on, I'm coming here every year!
Jami Datnow

I had a good time. The food was good. It was well organized.
Lindy First

I had a very good time. I liked the barbeque. The food was good. I'm 6 years old.
Nicole Essakow

My name is Gia. Ek Hou Baie Van Braaivleis en Boerewors. Die Boere het almal op die groen gras gesit, en lekker geëet en die bier gedrink. Almal het lekker gelag en gesels. O', wat 'n wonderlike dag. Vrystaat!



The dancing was nice. The food was lekker! The braai was nice.
Dankie Love
Simone Abelson

I thought the Braai was cool! The food was rad and the games were excellent and fun. I thought my Sundays were boring. The weather was good. I had fun.
Karen Ellman

I had a lot of fun.
Nicole Snaid




I thought the braai was cool! It was totally rad. It was really outa sight! We were never bored, and the sun came out just in time. The cooks were cute, but unfortunately married. This Sunday was really a FUN-DAY!
Beverley Slome


The food was good. The Braai was good and the games were good. The drinks were good and it was hot and it was fun.
My name is Kim Kodesh.



OH NO!! THESE PEOPLE ...



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The Braai was good.
And the food was good.
I'm 6 years old
The games were good.
Romy Kodesh

I thought the braai was totally
exciting, rad, cool, and funky plus
the food was out of orbit. The cook's
were really generous, and they all gave
me plenty. I wish there was a braai
every day!
Nikki Weiner

Today's braai was super fun.
I made lots of new friends and
played with old ones. The food
was terrific, the perfect food
for a picnic. As far as I'm
concerned, everyone had a great
time. With all the sports, like
soccer, and aerobics even baseball
and softball. In short it was
FANTASTIC!
Lisa Padowitz

I liked it very much especially
the Jungle Jim.
Iselle Slome



I thought it was really fun,
and rad. The food was cool, and
the games were really awesome!
I had an excellent time playing
with my friends, and eating the
food! I had a great time.
Dahlia Gilboa

The best thing about the Braai
was the food. There was fun games
and it was better than spending
my Sunday at home doing homework.
This year the weather was great.
I had a fun time.
Daniela Rosenberg

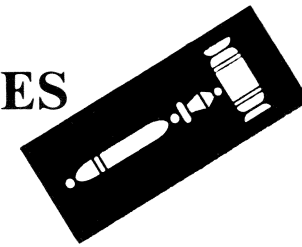


The braai was really fun
and I liked it a lot.
The games were really cool.
The cooks were great.
Tanya

I really like the braai because
the food was excellent! We played
some really neat games. Usually
Sundays are pretty boring!
But this Sunday was one of the
best. And thanks to the cooks
who are very nice because they
are generous. I hope we have
one every year!
Nicole Scher

The SAJAC braai today was just
devine. I really enjoyed myself
and the food was great. Its nice
for the South African crowd to
get together once in a while.
Thanks everyone for your help
you made it special. The games
were nicely organized and I
really enjoyed it. We had a good
show of people and thanks everyone
for coming.
Paula Gild

SOMETIMES



NOT GUILTY

by Brian Marks

To someone who was always taught "it is not whether you win or lose ... but how you play the game", it's always seemed particularly peculiar that you cannot humiliate or disgrace a United States political official into resigning.

On the contrary. They all seem to hang on to their position for dear life, no matter how compromising a position they find themselves. Corruption, theft, bribery, pimping, pandering or ethics violations, the decision to resign is nearly always based on the pure legality of the situation. Even those found guilty, awaiting sentence or languishing in jail will often refuse to resign and may have to ultimately be thrown out on their ear before stepping down.

How very different this is to the British model upon which most of us were reared. When the infamous Profumo/Christine Keeler scandal surfaced, resignations were immediately tendered. Later, when Reginald Maudling, the Chancellor of the Exchequer, was mentioned (not even linked) to a financial scandal and even cleared of any impropriety whatsoever, he still felt that in order to keep the name of the office unsoiled that he should resign. And his resignation was accepted.

I am not sure whether the ethical standards by which this country's public officials are judged appears stiffer than in other countries but I doubt it. When the Attorney General Edwin Meese, who is charged with the responsibility of upholding the legal and ethical structure of this country, is the subject of successive investigations, surely a time must come when, out of respect for the office, a hint of suspicion is too much to bear in the eyes of peers and the electorate.

Meese is not alone, and even though the connections to big business always seem to favor the Republican party, this is not a party matter and touches an audience across all affiliations, sexes, colors, creeds and religions.

The recently forced resignation of Jim Wright, the speaker of the house (and number three man in the government) who was accused of ethics (and admittedly not legal) violations became a soap opera of Oscar winning proportions. Apart from the vice-grip in which it held the highest political body in the land, Wright's adamant refusal to acknowledge the damage done to the office was never considered. It was only the black and white decision as to guilt or innocence.

Ultimately he stepped down, but not because he wanted to spare himself, the office or the country any further loss of face or disrespect. Wright left, when cornered like a rat, he managed to eke out concessions on pensions and further charges. This "stay-in-office-at-all-costs" attitude is one of the most demeaning elements of US politics and contributes greatly to a national apathy towards the political process and low voter turnouts in every state.

In the last few years, several officials have been re-elected while under indictment or while in prison. In San Diego, we re-elected a mayor who was under suspicion of committing a felony, was later found guilty and whose case is now under appeal by the State Supreme Court. We pray with prostitute bashers who consort with prostitutes and we obey law makers who break the law. Obviously the standards we have set are not high enough.

The challenge is out. Do we allow the present sleaze factor to creep slowly into the system and become so acceptable that a little dishonesty becomes the acceptable norm. Or do we put our foot down and say that conduct we do not allow in our own children is certainly not acceptable to officials who carry out the public trust.

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An Open Letter From One Immigrant To Another.

May 8, 1989

Dear Immigrant:

I spent a most interesting and enjoyable evening at the home of Claire and David Ellman talking with some of your compatriots. We talked about many subjects, from the common characteristics we share as Jews in Jewish families almost anywhere in the world, to the immigration experiences; the predictable stages, the strains, the vulnerabilities that new immigrants feel.

I learned from the group that some of the immigrants are having a particularly difficult time "settling in". I told the group about Jewish Family Service. It is the agency in the community that is specifically organized to help Jewish families. Yes, we help the poor, the homeless and the hungry but we also have a sophisticated service that is designed to help with "other" kinds of problems. We provide support when families are in crisis, because jobs aren't plentiful, the children are acting out, and both parents are depressed and quarreling. We can't find the perfect job, but we can help with other problems, in the form of therapy and for practical information or services. We understand that some people feel ashamed of revealing their vulnerabilities to "a stranger". Actually, it's a strength to reach out for help. The professional staff of JFS is well trained and is particularly sensitive to the need for confidentiality in delivering this service. That's why the agency isn't so well known. Much of our work is so confidential.

I also learned from the group that some of the newcomers feel somewhat alienated from the San Diego "Jewish community", for a variety of reasons. The question I pose to you is - "How can we help to reduce the feelings of estrangement?" "Can we arrange for a dialogue among us?" I would be happy to organize such a meeting(s). What more can we do to make you feel "at home"? Please call me at JFS - phone 291-0473.

Sincerely,

Evelyn Rady, LCSW

7 SPOONFULS OF SUGAR TO HELP THE MEDICINE OF IMMIGRATION GO DOWN


1. No matter what the motivation - for leaving S.A. "mourning" is necessary - allow it!
2. The first weeks and months are times of over compensation - It takes about 6 months after arrival for the long range response to migration to surface. So give yourself a chance to react.
3. It takes up to 3 years - to adapt. So be patient with yourself.
4. Foresee and anticipate the periods of loneliness and rootlessness that you will experience.
5. Maintain contact with others like you.
6. Bring meaningful reminders with you - (art, etc.)
7. Acknowledge the loss of structure of the community you left behind. Recreate others ...

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SOUTH AFRICAN SCENE

by Naomi Rudick

The last few months in South Africa have produced some very important political events. The situation is still painful, but it seems that change is on the way.

Botha Out ...

So often the "small" events seem to bring the most change, and so it was with the advent of President P.W. Botha's stroke on the 18th January. The stage was set for some major political change in the country. 2nd February saw the first time that the presidency and Nationalist Party leadership were separated when F.W. De Klerk was elected party leader after Botha's resignation of that position. This separation was unacceptable to the Nationalist Party. With Botha's shaky TV appearance after his release from hospital, anxiety as to his ability to carry on in office intensified. The Nationalist Caucus wanted F.W. De Klerk as president and party leader, and pressure was put on Botha to resign. A hard struggle ensued to dislodge Botha from the presidency, but he, tenacious as ever, clung to his position. Besides, during Botha's illness, a new feeling of vigorous reform had emerged under De Klerk's party leadership and Chris Heunis' acting presidency: the Nationalist Party announced that it intended to revise its raced-based philosophy, also intended to draw up a new Group Areas policy, and would negotiate for the release of political detainees. Verligtes in the NP feared that P.W.'s return would destroy all this. By the middle of March the NP was openly backing F.W. DeKlerk in the leadership struggle against P.W. Botha.

At the end of March a compromise was mediated between the two by senior Nationalists: "President Botha is to step down after a general election during the second half of the year". This compromise, thought to be "a dignified solution" to the leadership struggle, was accepted happily by De Klerk, but Mr. Botha acquiesced with great reluctance and emotional hurt when he realized that the Nationalist Party no longer wanted him.

Hunger Strike ...

At the same time headlines spoke of the hunger strike by more than 300 detainees who were demanding the release of all security detainees. Minister of Law and Order, Adrian Vlok, promised the release of 279 detainees by March 3, and the strike was suspended with the provision that it would be resumed if release figures were unsatisfactory. At that time 900 were estimated to be in detention. It seems to have been an "on again/off again" strike, and now, in late April, seems to have abated. Some of the hunger strikers had to be hospitalized. The Minister kept his promise and many were released, although with severe restrictions.

Thatcher and Africa

During March, Britain's Margaret Thatcher took up the African cause and became a "key player in the campaign for peace". Recently then, in London, her government had hosted talks between Nationalist M.P.'s and South African academic and Russian academics and government officials, and at that time Mrs. Thatcher called for Mandela's release and the opening of negotiations with all groups. Pik Botha took this opportunity to reveal to Mrs. Thatcher a new peace plan for Mozambique involving South Africa and the United States.

(Continued on page 12)


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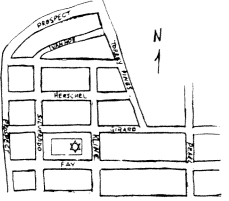
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(Continued from page 11)

The time seemed ripe, too, for Moscow to announce that it didn't wish to escalate "revolutionary violence" in South Africa, and favoured negotiation, even if it took years.

Mrs. Thatcher's 6-day, 4-country visit to Africa clearly generated a feeling of optimism, as she is seen as a capable world leader and one who is able to grasp opportunities for peace when they are presented. This, with the new optimism in South Africa - due to the new political flexibility as typified by De Klerk, and the departure of the old guard, namely P.W. Botha - creates hope for "successful and diplomatic activity"

Corruption ...

The large wave of corruption sweeping the country has been a major embarrassment to the South African government. The Harms Commission was appointed to investigate and report on "cross-border irregularities" which refer to a major interest held in a financial deposit scheme by a Mr. Albert Vermaas. Government ministers' names, such as Pik Botha and Magnus Malan, were linked to his, and at last two of the ministers have offered evidence to the Harms Commission. Later, Pik Botha and Magnus Malan were cleared of any involvement.

A R47 million Forex fraud is under investigation by the S.A. Police, with the help from Interpol, The Trust Bank, and possibly First National Bank, and the search is broadening to "hideways in overseas tax havens". Stuart Pegg, of Sandton, is believed to be at the center of this fraud. It seems that checks were cashed at a number of overseas banking institutions.

Upoar, too, in the departments of Education and Development Aid where 14 officials have been retired, transferred, or suspended, due to allegations of fraud in acquiring departmental supplies (including radio equipment). Minister Gerrit Viljoen, who heads these departments, has been called on to resign.

Robbery ...

More than R10 million in diamonds was snatched by 7 armed robbers in South Africa's biggest hold-up, and a reward of R500,000 was offered by the Transvaal Diamond Cutting Association for arrest of the robbers and return of the stones. More than 20,000 carats of cut and uncut gems were taken.

New Party ...

Of great interest is the launch, on April 8, of a new political party, "The Democratic Party" which consists of the Independent Party, the Progressive Federal Party and the National Democratic Movement. Popular choice for leader seems to be Dennis Worrall.

Petty ...

The re-introduction of petty-apartheid laws in Conservation Party controlled areas has led to protest actions against white-owned businesses. Boksburg and Carletonville are two of these areas, and the Carletonville Chamber of Commerce and Industry is to take legal action against the C.P.-controlled town council.

Jail ...

Former Transkei Prime Minister, George Matanzima, was sentenced to 9 years in jail, half suspended for 3 years, on three counts of bribery.

In Memorium

Stephen Grenfell, well-known gourmet, journalist, and broadcaster, died at Johannesburg Hospital after lengthy suffering from heart problems. He was 75. He was always dedicated to his work, and got out of bed to record his program "Now it can be told", on Afghanistan, shortly before his death.

DEAR MOM



Monday, May 3rd

Dear Mom,

It's summer, or so they say. So far the kids are still wearing sweaters to school because the mornings are cold and dark and gloomy. However the fact is that school is going to end in a month and then ... **THREE MONTHS HOLIDAY!!!!**

Six weeks in December (when most men got leave and you could take the kids on holiday for at least a week, and all the kids in the neighborhood were at home, and there were grandparents and cousins to fill in the gaps...) was one thing. But this! Michael doesn't even have a day's leave owing since he took off that time to come home. All the kids here are going to Summer Camp and it's so expensive! The frustrating thing is that I'm not working so I could keep them at home if it wasn't for such a long time, and if there were other kids around for them to play with.

So here I am, juggling weeks and brochures, with knots in my stomach. I think I'd better find a part-time job for the summer and use those earnings to pay for camp. It's Crazy!

Well besides for all this, things are okay ... not great but okay. Oy! I can see this letter is only going to get worse if I carry on now, so I'll just end off and write again soon.

Lots of love.

Janice.

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