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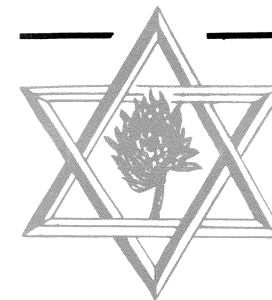
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Enclosed please find my check in the amount of \$ _____, for the participants.



SAJAC REPORTER

The Publication of the South African Jewish American Community in San Diego

Volume 1, No. 6

Summer, 1988

SAJAC BRAAI SIZZLES!



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NEWCOMERS CORNER

by Pam Nathan

Hooray! Some 'singles' have recently arrived. Renee Sack, 25, came in December to help her dad, Ivor, in his business Upstart and Crow; the bookstore at Seaport Village. She liked it so much that now she wants to stay. She's on a six month visa, so here's hoping!

Then there's Les Kagan 43. He used to live in Observatory Ext, Johannesburg and subsequently spent 4 years in Israel, 4 years in Canada and the last 2 years in L.A. where his mom and sister still live. Les likes travelling (as you might have guessed) swimming and photography. He'd really like to meet some new people so give him a call at 452-3051.

Sandy Asch lives in La Jolla Colony. She spent 5 years in Israel, where her parents live, and 1 year in Japan. She teaches Hebrew and English, as a second language at the Jewish Community Junior High. She, too, loves to travel and also enjoys theatre, reading and tennis. Sandy is involved with an organization that brings exchange students out from Europe so if anyone is interested in housing a teenager for a school year, please give her a call at 535-9353.

We also welcome our most senior new arrival. Dora Behr will be 92 in July. Originally from Glasgow, Scotland, she moved to SA at the age of 24 and lived in Sea Point. She has been visiting her son and daughter-in-law, Stan and Margo, once a year for the past 10 years and finally decided that it was time to immigrate. She lives in La Jolla at Casa de Manana, a facility run by Presbyterians, that provides her with: 3 meals a

day, entertainment, Jewish newspapers in the reading room, and easy access to the beach-front where she loves to take her walks! She loves Donahue, and is delighted to be with her family. Three cheers for Dora!

Neala Moch lived in Houston for 11 years and moved out west when she married Gerry. She has only been here for 5 weeks and they have settled in Del Mar. She remarked on the relaxed atmosphere in San Diego which she likes a lot. She loves to cook and has spent time as a specialty taster of wines. Gerry distributes an Italian faucet line.

Basil and Sheila Sacks have joined us from Constantia, Cape Town. Basil is a doctor and specializes in weight reduction. Sheila has assisted him as office manager and computer operator and will continue to lend him a hand. They have two sons Shawn 18 and David 15. Both are avid tennis players - Shawn was even selected for Maccabi! Basil told me that he visited at least 10 times before immigrating and is adamant that San Diego is by far the prettiest part of the US - I agree!

The newest of our newcomers are Abe and Mary Tobiansky who have lived in Johannesburg for the last 39 years, (although Abe was originally from Benoni). They like talking to new people, reading and playing bowls. They have come to join their two daughters, Beverley Seid and Michelle Odes. Both Abe and Mary are hoping to work here in San Diego. Abe has been in the paint and hardware business most of his life, and it seems that Mary was the backbone of Bnei Akiva, where she worked as a secretary for 9 years. Abe told me "I like meeting new people and I'm looking forward to doing a lot of that here." So give them a call at 535-9077.

Personals

Congratulations to Margo and Stan Behr on the birth of a granddaughter.

Congratulations to Sylvia and David Roth on the birth of a lovely daughter.

Congratulations to Denise and Paul Hyde on the Barmitzvhah of their son Steve.

Congratulations to Sheryl and Jack Rudman on the birth of a son, Jason.

Congratulations to Goldsmid and Lichter families on the marriage of Michael and Sheryl.

Congratulations to Jeff Chalmers and Michelle Levy on the occasion of their engagement.

Congratulations to Sandy and Mervyn Kodesh on their son's engagement.

Our deepest symphathy to Marianne Wachsberger on the passing of her mother.

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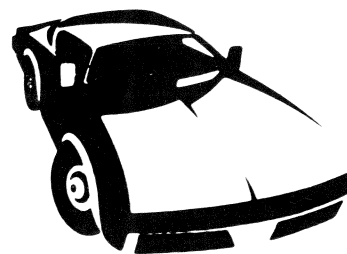
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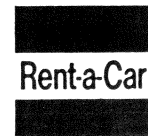
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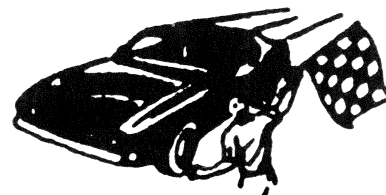
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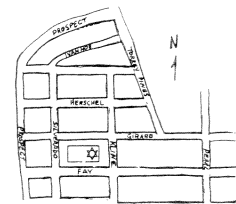
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PRESIDENT'S MESSAGE

For the last few weeks we have been involved in a political issue that may affect many South Africans living in the United States, namely a bill which represents far-reaching economic sanctions against South Africa. Whilst SAJAC is a non-political organization, we are concerned with the impact that this bill could have on members of our community and have alerted them to the provisions of the bill.

In accordance with other South Africans around the country, Hillel Jaffe of New York has been appointed to act on behalf of those seeking an amendment to the bill. In this regard, a prominent and efficient lobbyist has been retained in Washington to author an amendment to the bill, to the progress of the sponsors and to make a case to legislators in Washington. At this stage, negotiations are focused directly on the Congressmen concerned and we have been asked to hold fire with letter writing.

For many of you, political confrontation is an unfamiliar area. However, living in a truly democratic society has taught us that the Power of the People is based on their active participation in government. Your voice can be heard. If you want to play a role in determining your future, you must be involved in the political process.

Tom Dine, Executive Director of AIPAC, speaking at the Annual Policy Conference in May said, "...essential legislative developments could not have happened without your persistent lobbying efforts in personal meetings and on the telephone. Send personal letters and meet with Congressmen. Be in contact on a regular basis to provide accurate information, perspective and other supportive commentary."

There is no question that there is much we can do to effect change. Your involvement and support can make the difference. We urge you to contact Les Kacev so that you can be informed of progress in this matter.

Apart from this important issue, our year has started with much activity and in three short months we have provided some successful functions - Myrna Rosen's cookery demonstration, a lecture on "Adult children - Aging parents" by Leslee Levin, and the SAJAC "Braai".

Volunteer leadership has been responsible for this activity. Their efforts behind the scenes deserve the highest praise. Their hours of work in meetings, on the phone, in the kitchen or mailing invitations/letters makes the difference to the success of any organization and the difference to the community.

I appeal to our members to respond to deadlines, to fulfil your commitment to attend and to exercise courtesy with regard to functions, so that the volunteers who so willingly give up time and energy, can work with confidence and few hassles. If you are moving, please help us by sending your change of address so that we can communicate with ease.

To those responsible for the successes to date, my personal thanks. The BRAAI was a huge undertaking and nowhere were volunteers more visible. It was with pride and pleasure that I participated and I know I speak for all who were present when I congratulate and thank Ronnie Diamond and his crew for a most enjoyable day.

Leah Levin

President SAJAC

UPDATE ON WORLD JEWRY

African Graffiti

The last few months have seen a rise in anti-Semitic incidents throughout South Africa. Slogans and swastikas were sprayed on four Jewish institutions in the Transvaal, while a new publication "The Cape Rebel" is also causing concern. Most sickening of all was the dumping of a pig's head on the steps of a Durban Synagogue.

Dutch Treasure Trove

The Jewish historical museum in Amsterdam is an extraordinary architectural achievement. The museum includes exhibitions on Jewish identity and on Dutch Zionism. Four special exhibitions have been planned to mark Israel's 40th Anniversary.

Spanish Remembrance

Celebrations planned for the 500th Anniversary of the expulsion of Spanish Jews in 1492 are attracting world Jewish interest. The city of Toledo, once known as the Jerusalem of Spain, will restore the Jewish Quarter. A monument to the Jewish contribution to Spain is planned and the re-establishment of the Toledo School of Translators, founded in the 13th Century, is also planned.

Polish Past

Before the Second World War 3,500,000 Jews lived in Poland. Now there are barely 6,000. The last pogrom in Europe took place in Kielce in 1946. In recent years Poland has begun to reassess its attitudes and has opened interest sections in diplomatic circles with Israel.

Canadian Access

The University of Toronto is now on a computerized link to the Global Jewish Database at Israel's Bar Ilan University. The Database, the largest of its kind in the world; containing the Bible, the Babalonian Talmud, and many other Midrashic and rabbinic texts. It takes a mere 5 seconds to retrieve required information.



THE SAJAC BRAAI

Linda Rosenberg

A lot of things became clear on Sunday June 5th, not least of which, is that the words "lekker" and boerewors" are here to stay. I have no doubt, they will soon take their places in Webster's Dictionary, along with **veld** and **trek**.

No-one I talked with, even those who insisted on referring to the repast as a "barbeque", could resist including **lekker** and **boerewors** somewhere in their comments. There was a sense of delight and intimacy in "praating the taal", and it turned strangers into friends more effectively than any introductions could do. After all, whatever our feelings about South African politics; our roots are there, and a "braaivleis" is as nurturing to us, as "black tea with a landsman" was to our grandparents.

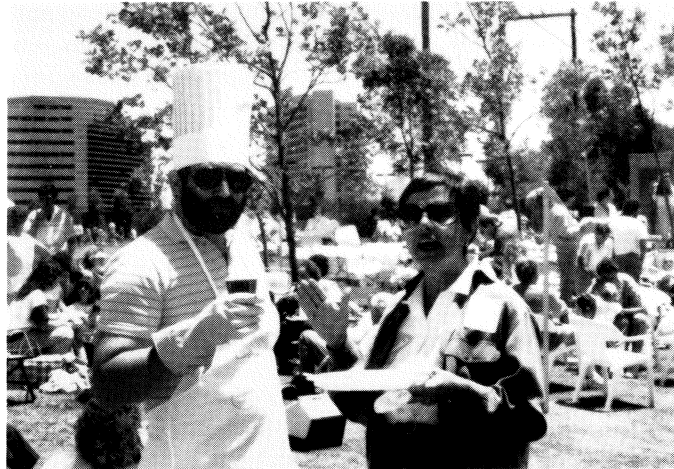
The second thing that became clear, eventually, was the sky; although it took its time, and the people setting things out in the early hours of the morning, did not know what to expect. As Earnest Slome quipped, "If you've ever wondered what it means to **blow hot and cold**, you should have been there at about 10 am."

The third thing that was obvious, was that a lot of work had been done; but how much is "a lot"? The statistics are staggering: 150 pounds of boerewors were cut up into 1,312 pieces. 23 meetings were held by the various committees, at which 239 bagels and 510 cups of de-caf were consumed. 666 plates were used by 450 guests - shades of Goodbye Columbus 3,000 Dollars were collected and accounted for, and finally the score for the Parents vs. Kids Soccer match was K3-P3, K6-P0, K0-P6, K19-P16, etc. It just depended who you asked.

My endeavours to compile a list of everyone that should be thanked were earnest and sincere, but, I fear not totally successful. Everytime I thought I had all the names somebody remembered someone else. So here's what I have and if anyone's been left out please don't call to complain after 11 p.m. or before 6 a.m.



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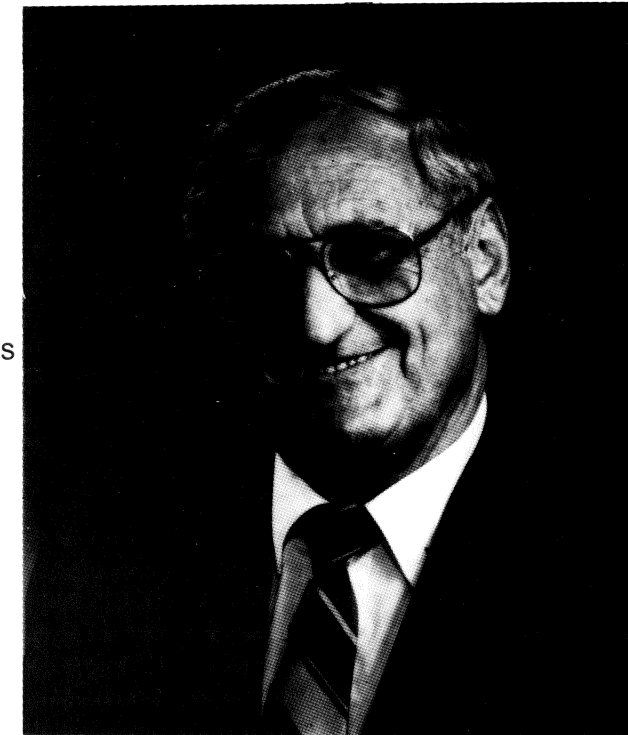
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SCHOOL PROFILE: San Diego Jewish Academy

The San Diego Jewish Academy (SDJA) has, in eight years, become the largest and fastest growing Jewish day school in San Diego County. Opening enrollment for the 1987-88 school year was 260 students.

Their formula for success has been a rigorous secular studies program that includes computers, art, music and library science, at a tuition rate that is below many private schools in San Diego. SDJA is attracting families even in the higher grades because they are frustrated with the budget cut-backs on enrichment programs in the public schools.

A clear advantage comparing the Academy to the public school system is class size. Smaller class size translates into individualized attention, one of the hallmarks of the Academy program.

"The teachers are more aware of each child's individual strengths and weaknesses," Principal Robert Sherman said, "and with smaller classes they have the opportunity to do more with each child."

The payoff of individualized attention has been that Academy students consistently score above grade level in the yearly IOWA assessment tests conducted nationwide, according to Karen Rund, vice-principal at the San Carlos campus.

Rund said another indication of the school's success is that most graduates go on to gifted programs in the junior and senior high schools in San Diego.

SDJA's Judaic studies program addresses a broad spectrum of Jewish traditions and philosophies and the student body reflects that diversity.

"SDJA was founded on the principle that a Jewish child from any background would feel comfortable and positive both about the school experience and their own background," said Avrille Copans, president of the Academy.

The Judaic studies program provides active participation in synagogue skills, social awareness, and linkage to Jewish traditions and past history and the modern state of Israel. The students learn Torah, Hebrew, Jewish history, literature,

customs and holidays with an emphasis on innovation and hands-on participation.

Last year the students conducted their own Exodus at Passover. Dressed as slaves they left the confines of their classrooms and circled the campus pausing to re-enact portions of the Haggadah with Principal Sherman acting as Moses. At journey's end a school-wide Seder was held.

Throughout the year each grade takes a turn conducting Shabbat services at host synagogues, usually with a special program prepared by the children and their Judaic studies teachers. The fourth grade recently led Shabbat morning services at Temple Emanu-El and displayed a Torah-like scroll with their drawings depicting periods in Jewish history. The students sang traditional songs and even a Yiddish classic to memorialize the Holocaust.

Second graders spend months preparing for the study of Torah, and at year's end a special consecration service is held to mark the beginning of actual Torah study. The children are encircled with a Torah scroll unrolled and held by their parents.

The families are involved as much as possible in special moments and holiday celebrations that mark the Jewish year in everything from attending the Chanukah Festival to cutting up apples for Rosh Hashana.

"Learning community" is a concept that Sherman brought to the school.

"The school is more than just a school," Sherman said, "It is a community of families."

SDJA's goal is to produce well-educated students with a strong sense of Jewish identity and Jewish community. In a way that no secular school can, the Academy emphasizes the Jewish contribution to American history, literature, science, and world history, and the traditional Jewish concern for social welfare, ethics and justice.

"But most importantly, we stress not just knowledge, but the lifelong love and quest for learning," Sherman said. "We are forming the foundation for that in these early years in both Judaic and secular studies."

SDJA has been accredited by the Western Association of Schools and Colleges since 1983.

Campuses are located at 6660 Cowles Mountain Boulevard in San Carlos and at 8660 Gilman Drive in La Jolla.

The M.M.W.C. (Main Man What Counts - for those who've forgotten) was Ronnie Diamond who was chief executive manager of the day, and did a fantastic job making sure everything happened how and when it should.

Linda Slome was the geld-gapper, making sure all the dollars came in and went out the right places.

Glenda Kacev and Pam Berman were, literally, chief cook and bottle washer. They were ably assisted by Cynthia Weinberg, Laura Abelkop, Claire Ellman, Melanie Levy, Aliza Gordon, Jane Scher, Michelle Werbeloff, Myrna Fainstein, Shirley Rothgiesser, Debbie Castle, Esme Berghouse, Robyn Edelstein, Jennifer Broomberg and Bernice Funk. Alan Sudar was Artistic Director of Braaiing. He was assisted by David Ellman, Colin Sher, Alby Amato, Ronnie Werbeloff, Mike Hess and Howard First.

Sorrel Nemzer and his assistant whom he referred to as "My luvlie wife, Judy" kept the children entertained all afternoon with Parachute games, a Tug-o-war, Soccer matches, a puppet show (courtesy of Sacha and Nerissa Broomberg) and Aerobics inspiring lead by Anne Lyons and Sylvia Roth).

Thanks to Ilana, Shirley, Paulette, Jeff Weiner, Dave Kahn, Alan, Harold Krazner, Colin Bernstein, Gary Perl, and Dave Roth, for their energy, creativity and perservance.

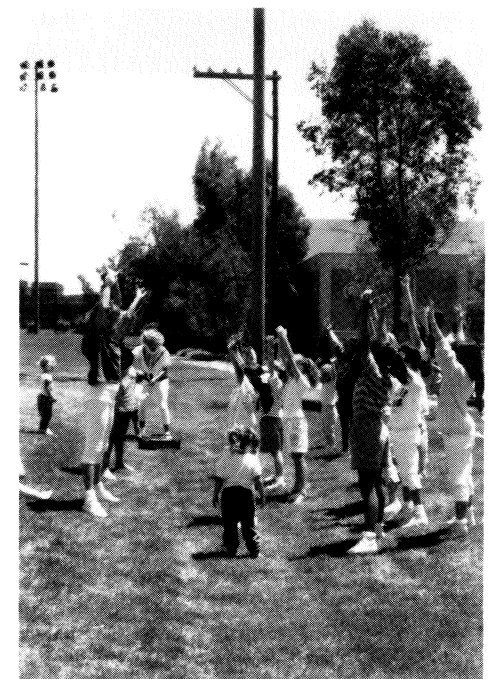
And most importantly, it became clear that last year's success was not just a fluke. The SAJAC BRAAI is not a permanent feature of South African life in San Diego. It serves a real and valid purpose. Here are some of the replies I received when I posed the question, "Do you see any point in having a SAJAC BRAAI?"

"Yes, It gives me a chance to meet other South Africans my age, otherwise it's hard for us senior to get in touch with each other."

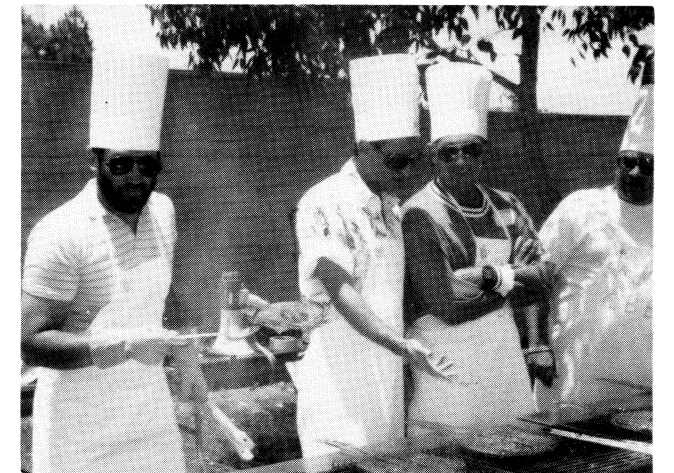
"Yea, we get to see who's new in town. I just bumped into someone who lived next-door to me, when I was at school. Haven't seen him for 20 years."

"I suppose so; I always say I'm not going to come - I've been living here 11 years - but then I do come and I enjoy it."

And to paraphrase the most common answer of all — of course man! It's **lekker** to sit in the sun and eat boeries.



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take a moment to smile!*



*The men who did the braaiing!
Harvey Lyons, Les Kacev,
Howard First, Alan Sudar and Alby Amato.*

When Minds Turn to Fancy

by Brian Marks

SUMMERTIME

What a word. Just mouthing it casts magnificent mind shadows on everyone who lives here. So why leave every summer and go somewhere else?

Crazy?

Fer shuur.

As half the world packs their bags to spend summer in San Diego, half of San Diego packs their bags to spend summer somewhere else.

It all comes down to being COOL.

Let's face it, it just ain't cool to spend summer here, is it? I mean, how do you answer friends who say, "Well, where did you go this summer?" Somehow, "We decided to spend the summer in San Diego this year," just doesn't make it.

So let's all be cool, t'the maxx, and see who goes where, and does what...and why.

Europe's always cool. But forget about London, Paris or Rome. That's where you send your kids. No, you need to tramp the backwoods and end up in Tuscany, Yugoslavia or Sardinia. Russia and China are always nice and let's be really honest it's a lot easier to write off a trip to China than to Canne or Nice.

What about down under? There's not a family in University City who does not have family in Australia. After all, every South African I ever met knew somebody who was P.F.P. (packing for Perth) and, when you tell your vacation stories at the end of season Del Mar beach party, Australia is always



good for conversation. "Oh yes, I know them" ... "how long have they been there? ..." "doing well?" ... "really". See what I mean.

The Islands ... no, not Hawaii (Hawaii is for off season when everyone here is at Tan-O-Rama) but Bermuda, Barbados, Jamaica, Aruba and Cuba (for those on a Zimbabwe passport) are very in this year. If you manage to avoid a revolution and sport a good tan, consider your vacation a success.

But the really cool are discovering America (of course with the kids who didn't want to go to camp). Just about everyone has qualified for a frequent flyer trip and this is a good a time as any to see New Orleans, Wyoming and the really "neat" places like Solvang, White Fish and Ol' Faithful.

There is, though, the yuppie summer special. Any U-Haul will rent you an RV and that is the coolest possible way to spend a rad summer out of San Diego. There is a certain mystique to parking near freeway overpasses, driving 18 MPH and trying to find running water ... that somehow defies me. But for those who relate to Thirty Something it is the Hyatt approach to nature and coming to grips with this wonderful land of ours is "something we have always wanted to do and for the first time, we can afford it".

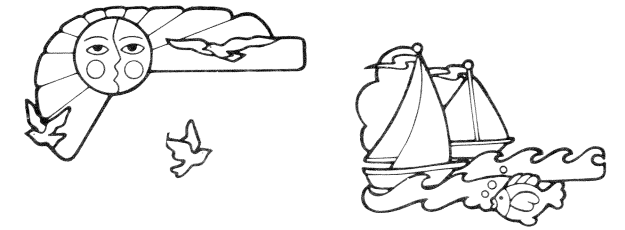
Me? Well I am a little different, some might even say a little wierd or strange. You see, I read the weather report and check the hotel prices and even turn down the end of season Del Mar beach party. So I'm going to a place that's warm as toast, has clear blue skies, friendly people and magnificent beaches. Yup. You guessed it, I'm staying home.

SUMMER TIME BLUES

Have you been wondering what to do with your kids this summer? Bored with the beaches, Mission Bay and visiting the malls?

Here's an exciting way to remind them that South Africans really can do anything and always do it well.

Beginning June 18 at Sea World at City Streets, a young man, Brett Van Rensburg will be taking to the high wire. Trained at the Cape Town Circus School, Brett has been touring the globe for the past 6 years and is well renowned in his field. Stop by the City Streets and yell "Vrystaat." Let's make him feel welcome.



Beginning June 6, the circus comes to town. See for the first time outside of Africa, a full-regalia appearance of Amabutho Zulu warriors. This will be a first for many of our children who think that dance technique begins with Michael Jackson and ends at Confetti's.

A FOLK TALE

Once there was a black man named Molohe. He lived with a white family in Waverly Johannesburg where he drove Zaida to shul every Friday night and Saturday morning. While he was about it he learned Hebrew by talking to Zaida and his friends, and finally immigrated to Israel where he now lives on a kibbutz.

When he left his job with Zaida he sent his cousin Moses Molelemane to take over his duties.

Moses also drove Zeide to shul and he too learned to speak Hebrew. When the white family left South Africa, Moses got a job at Zaida's son's office where he continued to practice his Hebrew, but also added typing and computers to his curriculum.

The following letter was written about six months into his new job, and was received, exactly as it is reproduced here, by the family who now live in San Diego.

SHALOM

My famly and me are very glad to receive a letter from you.wethanks fro the greetings .webelieve you allright in america.Andeverything are enjoyeble that side.We are happy about that.MY FAMILY ARE TOV IN PIETERSBURG and enjoying to have a ca r, Even my job is excellent and hoping that is more to learn like computer and tpying as Ihave started already. I will be coming in America kw knowing that is something to do.

Imissed my sister Robyn now I am lonely at the moment. But she still looking after my children with milk from the farm.

I want know how Zaida is, is he keeping well in America. I missed him very much and Daniel. Greetings to Karen and Jonny and Daniel.

I hope we will meet you again through the holy spirit. My children wish to see you again. Always they say I must drive them with the Combi to come and visit you. They dont believe if I say America is overseas, they think it is in Waverly. They miss you very much.

Rosinah, Evelyn, Peter and Martha they say God Bless to you in America. One day we will come and visit you.

Ani mekave shenitrae bekarov.

Aunty and Percy, Julius and Daniel they give love to the family.

Yours faithfully
MOSHE

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A SANTE' - RECIPES

by Pam Nathan

These recipes are designed to meet the specific needs of people who have to modify their diets due to food sensitivities or problems with Candida Albicans - yeast proliferation. For this reason the recipes are sugarless, dairyless, wheatless and yeast-free. The recipes have been taken from Ecology Medical Clinic Cookbook.

Toasted Potato Fingers*(In place of bread toast)*

Wash and scrub a large potato.

Steam till nearly tender. Drain well.

Peel and leave till cold.

Cut into bread-thick slices.

Pat dry between paper towels.

Toast under broiler or on wire rack over burner.

Cut into fingers.

Can be eaten with boiled eggs or anything customary with bread toast.

Lifeforce Broth

4 large carrots

4 rib celery

1 bunch parsley

1 bunch spinach

2 large tomatoes

1. Cut up all vegetables which should give you about 3 cups of carrots and celery, 1 cup spinach and ¼ cup parsley.

2. Add these to 2 quarts water and simmer slowly for 30 minutes.

3. Season with vegetable salt and herbs.

Nut and Rice Stew

1 cup raw brown rice

½ cup chopped onions

½ cup chopped nuts

¼ cup chopped green pepper

¼ cup celery (optional)

2 skinned tomatoes

2 cups boiling water

Seasoning to taste.

1. Place rice, onion, tomato celery and seasoning in boiling water.

2. When half cooked remove the mixture to the top of a double boiler and steam till rice is soft.

3. Add nuts and sprinkle with chopped green pepper.

Banana Cashew Shake

½ cup raw cashew nuts

1½ cups water

3 ripe bananas

lemon juice to taste

1. Process cashews and water in electric blender.

2. Add other ingredients and blend till bananas liquefied.

3. Chill and serve. Yields 3 cups.

POLAND - A Jewish Perspective

by Karen Marcus

Before the 2nd World War there were 3.5 million Jews living in Poland. The multitude of synagogues, yeshivot, schools, Jewish learning centers, kosher restaurants, Yiddish theater, Judaic libraries, distinguished poets, writers and musicians established Poland as the center of world Jewish culture. That was then. Forty nine years later the remaining Jews number approximately 2,500. The ghosts of such a magnificent Jewish past are everpresent - today Poland is the largest Jewish cemetery in the world.

Our Jewish journey began the moment Paula Bornstein, herself a Holocaust survivor, stepped onto our beautifully airconditioned bus and introduced herself. She was born in Vilna, liberated from Buchenwald, the only survivor of her entire family and she lives today in Paris, with her husband and son. Seeing Poland through her eyes reshaped my life.

We visited the Jewish Historical Institute in Warsaw, the Memorial to the Heroes of the Warsaw Ghetto, the stone inscribed in Polish and Hebrew which stands on the original site of the Mila 18 bunker and the last remaining Jewish cemetery in Warsaw. The tombstones were in total disarray, haphazardly propped one against the other, grey, dismal and gloomy. In the center of the cemetery is a mass grave of some 300 unknown victims of the Nazis. There is also a beautiful monument of Dr. Janusz Korczak and his orphanage of Jewish children who were gassed in Treblinka in 1942.

Saturday morning Shabbat services at the Nozyk synagogue in Warsaw usually attracts a handful of old Jews. This Shabbat was different. There were 4-5 thousand Jews representing 26 countries and were all packed into the only surviving shul in Warsaw. The atmosphere was electric as a New York Chazan chanted the sabbath prayers. Jewish youth sang and danced outside the synagogue with torahs and then after the words of Hatikva (hope) echoed through the air on this very significant Saturday in Poland, the crowd dispersed. We made a bracha and enjoyed a simple, glatt kosher lunch in the JDC (Joint Distribution Committee) sponsored soup kitchen and then I took a slow walk back to my hotel trying to digest the Shabbat experience. Normally 15 people are present in shul on Shabbat. Five come to say kaddish and ten are paid to make up a minyan. April 19, 1988 marked the 45th anniversary of the Warsaw Ghetto uprising. This uprising has come to symbolize the largest and most heroic act of Jewish resistance against the Nazis. We Jews, in our thousands, were there to pay tribute to our fallen Jewish heroes. A railroad car was unveiled on the site of the original Umshlagplatz or central square where thousands of Jews assembled daily before making their journey to hell.

The average age of the Polish Jew is 78. Within 5, maybe 10 years there will not be a Jew left on the face of Poland. So why did I not feel so devastated? It was the 1,500 Jewish youth, dressed in blue and white clothing, with giant white Magen David insignias embossed on the back of their windbreakers who gave me so much hope. Their "March of the Living" from

*(Continued on page 10)***THANK YOU very much for the confidence you have shown in me.****I CARE FOR YOUR EYECARE**

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(Continued from page 9)

Birkenau to Aushwitz rather than the "March of the Dead" from Aushwitz to Birkenau carried a message: the destruction of our people in Europe speaks of our traumatic Jewish past; the renewal of our people in Israel and the celebration of Israel's 40 glorious years salutes our Jewish future. We are alive despite Hiltler's attempt to annihilate us.

On Saturday evening we had the pleasure of attending a performance at the Kaminska State Jewish Theater. The actors, 99% of them Poles who have learnt by heart their Yiddish lines, gave brilliant but heartwrenching presentation of life in the Ghetto. Our evening ended with a beautiful, kosher dinner in a restaurant that had been opened for one week only to accomodate the many Jews who were in Poland at this time. Imagine trying to please the palate of 1,000 Jews!

Sunday morning early we flew on a propeller aircraft to Cracow. From there we rode on buses to Aushwitz. I sat quietly on the bus, petrified for what awaited me. We passed beautiful farm houses, large expanses of green fields, lush meadows, animals grazing. We turned left and all of a sudden I noticed the train tracks. They were still there, intact and we were riding along-side them. I felt sick to my stomach recalling the images in my mide of millions of helpless men, women and children in overcrowded boxcars being escorted to a most terrible death.

The sign caught my attention. "The State Museum in Oswiecim-Brzezinka is a monument of the martyrdom and struggle of the Polish and other nations. The ashes of about 4 million victims of Hitler's genocides are buried in the area of the former extermination camp." Yes, 3 million Poles had been murdered by the Nazis but "other nations." No mention of one drop of Jewish blood.

It is impossible for me to begin to describe what spending a day in Aushwitz-Birkenau meant to me. I walked through the

infamous gates of "Arbeit Macht Frei" as a free Jew and I would walk out of those gates and return to the safe haven of an American Jew living under the protective wing of an Israeli flag. How could I ever know the horror, the panic, the brutality of what today seemed like a calm burial ground. If only the dead could talk. I walked around mostly in a daze. The tons of shorn hair, the millions of children's shoes, the shaving brushes, tooth brushes, hairbrushes made me feel quite ill. Nothing in Aushwitz-Birkenau went to waste except human lives. I stood in the gas chambers and I placed a flower alongside the ovens and I thought of Lustig's article in which he said: The Nazis killed the human idea, thousands of years old, that the world is a place where good is rewarded and evil punished.

But the human element was missing. The place, so large and overwhelming was to orderly, too clean, too quiet and too composed a setting to ever imagine the sadism and horror of this hellhole. Only when I got back to my room did I begin to accept what the eye had witnessed. I read an article written by a survivor and the voices of the terrorized came back to me. I recalled Paula's griefstricken voice. The stories my mother told me all the years once more came alive. I could hear the cries for help. The only way I could rid myself of this terrible feeling of despair and helplessness was to switch on running water and stand under the shower. I stood for ages, lost in thought yet soaping myself repeatedly from head to toe. Over and over I did this, the water pouring off my body, the tears streaming down my face. I saw the picture. The grass was green - it should have been brown; the sky was blue - it should have been gray; the birds sang. It was all wrong!

I knew then that I could never be totally cleansed. I would never feel totally pure. My body was clean but my spirit was tainted. I had been touched. I HAD BECOME A WITNESS.

EX HABONIM *Where Are You?*

Dear SAJAC Members:

I'm writing to rope you into a potentially exciting venture called Habonim Heritage, Southern Africa. The purpose of this organization is to develop a permanent archive of the South African movement so as to preserve its history and provide our children with a tangible link to our rather unique past.

I've agreed to act as coordinator for the USA and Canada. The first step must be to generate a comprehensive list of ex-movement people with addresses and telephone numbers. The next (inevitable!) step is to raise money to give tangible support to the project in Israel.

The list provided, will act as a starting point. It is very incomplete. Please correct your own data and add to this list any names that should be included, with either addresses or

phone numbers, and mail it back to me. The additions received from around the country will allow a second, more complete list to be generated. All respondents will receive the expanded list which should allow those who travel around the U.S. and Canada to re-ignite many old friendships.

A newspaper will be published shortly. You will be assured of receiving it if you respond promptly. Please respond at your earliest convenience. If you have any suggestions, feel free to call me at home at (213) 470-1472. I look forward to hearing from you.

Warm Regards,

Leon G. Fine
1907 Holmby Avenue
Los Angeles, CA 90025

Harbonim Heritage (please correct and add to this list)

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(301) 951-3453

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Glauber, Dennis & Eve
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Glauber, Harry
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Maiden: Glauber
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Maiden: Greenblatt
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Rosenberg, Mike
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Shapiro, Sid
Boston, MA

Schneeweiss, Ronnie & Diane
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Reisterstown 21136
301-25274

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The United Kibutz Movement
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New York, NY 10011

Nord, Eddie & Shirley
18818 Kirkholm Lane
Northridge, CA 91326
(818) 363-4351

Belman, Michael & Lorna
Maiden: Papiisky
3330 White Birch
West Covina, CA 91791
(213) 339-5366

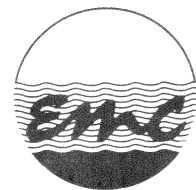
Avin, Uri

Derman, Emmanuel

Master, Vinny

Gordon, Joanne
Maiden: Wolf
351 Grenada St., Pacific Palisades
Los Angeles, CA 90272
(213) 459-8023

Kassar, Barry & Avra
Maiden: Kassar
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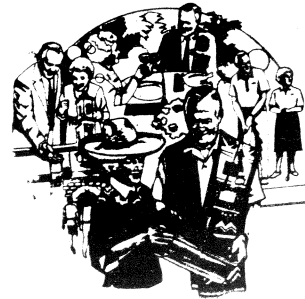
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SOUTH OF THE BORDER ... DOWN MEXICO WAY

by Carole Cohen

Mexico (Mé-hi-co), Tijuana, that part of land south of the border where we San Diegans venture for a day's outing, or the more intrepid - a weekend! It is a land that encourages visions of smiling, whiskered men, in large sombreros, multi colored vests and wide gaucho pants, visions of margaritas and music, and a feeling of being in a totally foreign land.

On entering Tijuana, one is struck by the differences. The billboards in their haphazard colorful "glory" everywhere, the cars zooming this way and that, the noise and dust, the poverty and delapidation, the potholed streets, the surprisingly modern and beautiful architecture scattered here and there, the Aztec statues, the children jumping at you to clean your windscreen (whether you want them to or not), the roses thrust in your face everytime you stop the car, the smells from food stalls the general excitement is everywhere and quite tangible.

After one has traversed the San Diego (U.S.) freeways and streets, Tijuana has a feeling of being all jumbled up, and if you drive there, and really you should, you almost have the feeling of taking your life in your own hands. However, there is order in this disorder, and some wonderful places to visit and explore. Besides, the food is really worthwhile and that certainly is something worth travelling a little distance to.

There is LIFE in these streets, and through this border thousands of people cross daily, legally and illegally. Cabs wait in profusion to take the American tourists to the main street of Tijuana, Revolucion, where shopping is the great attraction. The street teems with people, and the cafes and bars overlooking the streets and on the side of the roads are filled with revellers and eaters. Hawkers cajole the stroller in to the many and different stores and great buys are the blankets, the leather goods, silver jewelry, and it seems if the price is not right ... anyone is ready to make a deal.

The Cultural Center is well worth a visit. It always has a special exhibit going on, from dance to art, however, if you arrive on a day when no special attraction is featured do not walk away. Inside there is a laser auditorium where the history of Mexico is shown though laser film photography. It is absolutely spectacular, very thorough and well worth the time it takes to watch.

Take a car down to Mexico, and take the toll road that leads to Rosarito and south. The initial part of the road has a few detours, something you will get very used to when travelling here, but just follow the coast. The scenery is beautiful, and the road follows the coast for miles and miles south along the Baja peninsula. There are various communities along the way, and one or two are worth stopping off for just to explore. The

architecture in some of the homes is very modern and there are some that invite you to visit the models. Many of these take much advantage of the fact that they are right on the coast, and the flavor of Mexico is very apparent in the use of tile on counters and floors.

If you like lobster, tortillas, salsa and rice, your destination must be Puerto Nuevo, which is about 30 miles south of Rosarito Beach. This was a little fishing village a few years ago, that was discovered by the American visitor for its fresh lobsters served simply broiled with few accompaniments. Today, lobster "Puerto Nuevo" is served even in San Diego, and the little fishing village has grown into a thriving little town with even a convention center being built just south of it. However, though there has been the advent of progress, the lobsters are still good, the tortillas fresh and home made, the beer (Carta Blanca, Dos XX's) flows freely and makes for a delicious meal. There are a number of restaurants there and eventually you will find your favorite - ours is a small yellow single storied one!

Back in Tijuana there is a great club - "Club OH" - compulsory if you are under 18 but a must see if you're not. The music makes your blood hum and your feet tap, and this is a disco of note. Dress smartly though or you won't be allowed in, and that means no jeans and no sandals ... at long last a dress code ... somewhere!! You may have been warned to not drink the water, so don't, but please, your stomachs will handle and very well, the food, the fruit and your senses well deserve this little bit Mehico!

Salud!

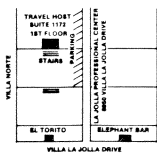
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Myrna Rosen Cooks Up A Storm!

More than 100 women attended a lively and informal cooking demonstration at the home of Laura and Mark Abelkop. Not even the unseasonal rain and cold could dampen the enthusiasm of the large crowd that arrived to witness the culinary artistry of Myrna Rosen.

The SAJAC Committee excelled themselves and provided a most exquisite array of dainty finger foods, iced champagne and orange juice, and hot coffee to start the morning off. Sincere thanks to Beryl Frank, Pam Berman, Irene Joffa, Brenda Jacobs and Mary Alkin for rising at the break of dawn in order to present a fresh and delectable spread.

The guests were welcomed by the friendly hosts - Laura Abelkop, Claire Ellman, Cheryl Abel, Sharleen Wollach, Melanie Levy, Sandy Kodesh and Shul Lazarus. The seats were reserved in record time and everyone had taken their places long before Myrna was ready to begin - no-one wanted to miss out on a single tip! Leah Levin welcomed everyone officially and made special reference to the integrated crowd.

From the start it was evident that Myrna Rosen is a very special lady with incredible style and flair in the kitchen. She demonstrated some marvellous recipes from her new collection of international gourmet recipes and drew applause and admiration from those present. She has not achieved reknown as a gourmet cook and elegant hostess without reason.

Myrna admits to a love affair with good food, loves creating it and does it with much ease and style.*

SAJAC was proud to have hosted and promoted such a lovely lady and such a successful function.

* Her Book "Elegance With Ease" is available from Good Book Stores and is worth the purchase.



Myrna Rosen herself

(See next page for other photos.)

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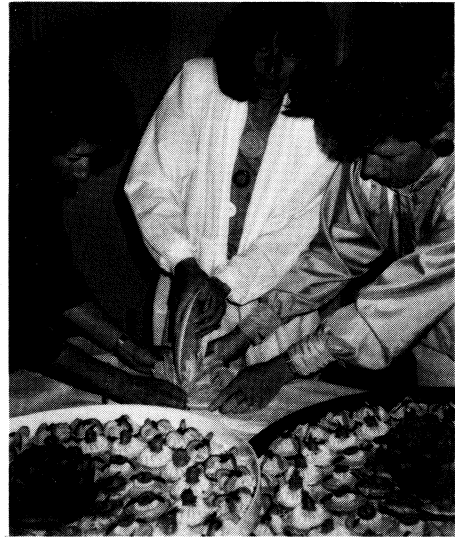
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COOKING WITH MYRNA



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Cooks in Action
Sandy Kodesh, Pam Berman and Shul Lazarus



Newly Married, Newly Arrived - Neala Moch
Flanked by her mothers, Etienne Liebman and Evelyn Moch



"Planning for Myrna Rosen"
Back: Beryl Frank, Leah Levin, Front: Shul Lazarus, Pam Berman, Brenda Jacobs, Cheryl Abel, Laura Abelkop and Paul.



COLLEGE:
An Important Decision

by Linda Anne Kahn

Deciding where to go to college in the U.S.A. and which college to attend, are very important and difficult choices. Choosing a college or University will be one of the most important choices a student will make in his or her lifetime. Much of the student's future will be determined by the direction their life takes during undergraduate years. There are an number of colleges and schools to choose from. Opportunity for advanced education is unlimited, dependent on funds and the students' grades.

Schools are divided into Private, State, and Junior (community) Colleges.

Private schools include the "Ivy League" schools such as M.I.T., Dartmouth, Harvard, Yale, Pennsylvania, Brown, Cornell and Princeton. These East coast schools are extremely prestigious. Tuition runs around \$12,000-\$15,000. You require a minimum of 4.00 G.P.A. (Grade Point Average) and in many cases 4.1 and 4.2 as well as having achievements that will distinguish you from other applicants. Stanford is also considered one of the top schools in the country. USC in Los Angeles is also a private University, with a campus of 14,000. There are smaller private Universities such as Occidental and Pepperdine.

State Sponsored Schools are throughout the country.

The University of California has eight general campuses- Berkley (31,463 enrollment) Davis (19,809), Irvine (13,462), Los Angeles (33,167), Riverside (5,726), San Diego (15,940), Santa Barbara (18,005) and Santa Cruz (8,400).

Each campus offers a balanced program, but each has unique academic programs and features. U.C. Davis has an excellent agricultural and veterenarian program, U.C. in San Diego specializes in medicine. The ninth campus U.C. San Francisco is one of the top five in the country for medical studies. These schools have set international standards for academic excellence. In a recent study, Berkley was rated one of the top seven schools in the country, and the number one public school in the country.

Some of the campuses are highly competitive and can only accept a limited number of students each year. Students should therefore go beyond minimum qualifications. The schools look at students grade point average (G.P.A.), scholastic aptitude tests (S.A.T.) or American College Tests (A.C.T.) to determine admission into colleges. Of the five thousand applicants each year, most will have 4.00 G.P.A.'s. Other factors which will therefore determine admission will be: general academic achievements, unique attributes, honors or awards, received, leadership positions, organizational activities, advanced placements and the quality of classes taken. Competition is really great for admission to these top schools. Fees are \$7,798 for the year (including books, room, board and tuition fees). For non-California residents this fee goes up by \$4,290.

Pre S.A.T. exams are taken by 10th grade students to prepare them for the S.A.T. exams which are taken in the eleventh grade. There are private businesses that will tutor the student for the S.A.T. exams.

There are parallel groups of schools which do not have as much recognition. These are the State Universities-San Diego State, Cal State Fullerton. These Universities will generally accept California residents with a "C" average. San Diego State is an excellent business school. Enrollment is now limited, as the number of freshmen accepted has now been reduced. These schools range from 15,000-30,000 students. University of Arizona will accept students with a 2.00 G.P.A. and is known as a "party" school. University of San Diego is a small catholic school and is an excellent school.



Community and Junior Colleges were found to give a student a chance to go for 1-2 years to get a certificate and then have an opportunity to be transferred to a state school.

These are inexpensive colleges. Students can live at home and go to school on a limited budget. They are not prestigious but provide a necessary level for high school graduates to be able to get to a college level. With a 2.7 G.P.A. special permission can be obtained to transfer to a state school.

College degrees can be obtained on an extension level through extension schools. National University offers correspondence college credit courses. You can even obtain college credits by video!

Good luck and happy studying.



UNITED STATES AND SOUTH AFRICA TAXES

by David Levy

Some of the laws passed in recent times by the United States have serious implications for former South Africans living in the U.S. as well as for South Africa itself.

The cancellation of the double taxation agreement, with effect from July 1, 1987, between South Africa and the U.S. failed to have direct impact on many people.

However, legislation signed in December, 1987 may have some serious consequences for people with income source in South Africa.

In brief the changes:

- deny the foreign tax credit for South African taxes;
- limit foreign tax credits on South African source income; and
- deny deferral of U.S. tax on South African profits of a controlled foreign corporation.

The section of the Internal Revenue Code under which the foreign tax credit is denied is one which denies the credit, inter alia, to foreign countries:

- the government of which the United States does not recognize;
- with respect to which the United States has severed diplomatic relations; or
- which the Secretary of State has designated as a foreign country which repeatedly provides support for acts of international terrorism.

Countries which have been designated as being covered by the section have included Albania, Cuba, Iran, Libya, Syria and Vietnam.

By way of a "Special Rule", South Africa has now been included in the section, which applies to it during the period beginning on January 1, 1988 and ending when the Secretary of State certifies that South Africa has met the requirements of a portion of the Comprehensive Anti-Apartheid Act of 1986.

Denial of Foreign Tax Credit

Section 901 provides that no credit shall be allowed for any taxes paid or accrued to South Africa by a domestic corporation or an individual who is a citizen or resident alien of the U.S.

The tax paid will, however, be allowed as a deduction.

Foreign Tax Credit Carryovers

In many instances in the past, it has been more beneficial to carry forward S.A. tax payments as credits rather than claim them as deductions. Because of the changes in the law, it may now be advantageous to go back and amend prior year returns to deduct S.A. taxes which had previously been carried forward as a credit.

There are time restrictions within which an amended return can be filed, and in many instances the limitation period may already have expired.

Denial of Deferral

U.S. shareholders of controlled foreign corporations are now subject to current U.S. taxation on corporate income derived from S.A., despite the fact that no actual dividend may have been paid.

A "U.S. shareholder" is a U.S. person who owns 10 percent or more of the voting power of all classes of stock entitled to vote.

A "controlled foreign corporation" is any foreign corporation if more than 50 percent of either the total combined voting power or the total value of the stock is owned by U.S. shareholders on any day during the tax year.

Separate Foreign Tax Credit Limitation

The effect of the limitation is to prevent cross-crediting of excess foreign tax credits from other countries against U.S. tax on South African income.

Planning Opportunities

Consideration should be given to transferring assets into investments that are either exempt from tax for non residents of South Africa or are subject to a maximum Non Residents' Shareholders Tax of 15 percent. Obviously professional advice should be sought before making these investment decisions.

With effect from March 17, 1988, Non Residents' Tax on Interest has been abolished in South Africa. However, the interest from a S.A. source will still be subject to normal tax in S.A.

Acknowledgements

I acknowledge the assistance that I have received in the preparation of this article from colleagues in the Los Angeles office of Laventhol & Horwath.

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Rarely has there been as much harmony between an administration and an interest group as there is now between the Reagan administration and those campaigning on behalf of Soviet Jewry.

'Glasnost' and 'perestroika' represent an encouraging process and although many refugees have arrived in San Diego (and approximately 30 people are waiting in Rome and Vienna for their visas,) a large list of cases remain unresolved and human rights protection for Jews in the Soviet Union is scant.

For those who have managed to emigrate, setting up home is a difficult task and the community is asked to respond in any way that is can.

Jewish Family Service is appealing for the involvement and co-operation of the entire community in helping to find employment. With this in mind, we publish the following list and ask you to contact Lois Bloom at 291-0473 if you can help.

AVAILABLE APPLICATIONS

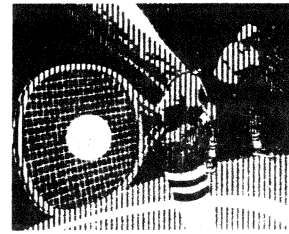
- Ms. AM: Clinical pathologist with degrees in Biology and Physiology. Most recent experience; urgent determination of Blood Group and RH factor, Hematology & Clinical Biochemistry. Arrived less than three months ago from USSR, good English.
- Mr. AA: Warehousing/Stock Clerk arrived in January from USSR. Fairly good verbal skills, excellent comprehension. Needs work ASAP.
- Mr. BK: Mechanical Engineer; Worked in plant producing Robots and Automatic lines for electronic industry. Mechanical designs and interfacing with electronic controls. Coordinated design and production of electric elevators for high rise office buildings. Arrived from USSR in May has excellent English skills.
- Ms. AK: Food Technology: Supervisor/Manager: Excellent English skills. Could work as hostess, assistant manager in service or retail business.
- Mr. SK: Refrigeration Mechanic; repair of refrigeration units in Food Industry. Has Electrical ability as well. New arrival from USSR; Excellent comprehension with some verbal ability.
- Ms. MK: Pre-School teacher for 16 years. New arrival, very little English.
- Mr. GR: Worked as Administrative Assistant to Japanese firm in Iran. Clerical skills (no typing) Excellent phone skills. Articulate with high English skills. Could work retail or customer service.
- Mr. RS: Experienced in all facets of retail selling and managing. English skills are excellent and is anxious to find work.
- Mr. IR: Production Planner for heating and ventilation equipment plant. Efficiency expert in searching, negotiating, buying and selling of materials. Fluent in English arrived from USSR in March.
- Mr. DR: Design Engineer with emphasis on Refrigeration equipment. Use of computer in FORTRAN language for calculations. Education as design engineer. Excellent English skills.
- Mr. VS: Telecommunications expertise. High Speed data modems, developed HIGH PRECISION MEASUREMENT SYSTEM FOR BALANCING MOTOR ROTORS. Automatic protection system for power distribution networks with telecommunication and remote control over power lines. Excellent English skills arrived from USSR beginning of May.



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TEEN TALK

Tennis For Teens

by Paul Kahn

Tennis is a game that has been enjoyed by millions of fans throughout the world over the generations. There are many different organizations one can join to play competitively or just for recreation. To name a few are the U.S.T.A. (United States Tennis Association), S.D.T.P. (The San Diego Tennis Patrons), or the S.C.T.A. (Southern California Tennis Association). There are also a wide variety of tournaments one can enter, as well as joining the many different kinds of organizations. Here, you can progress from beginner, to intermediate, and finally advanced.

Each year, thousands of tennis tournaments are sanctioned by the USTA for players of all ages - from 12 and under to 85 and older - at all levels of ability. If you or any of your friends are interested in joining any of these tennis clubs, I have supplied a few phone numbers in order to make your application as quick and as trouble-free as possible.

- U.S.T.A. - (516) 333-7990 - 9 a.m. to 5 p.m. Eastern Time
- S.C.T.A. - (213) 208-3838
- S.D.T.P. - (619) 295-8053

I have also included the numbers of various tennis camps in the event that you are interested in playing tennis over the summer in a group of your peers.

- Malibu Tennis Camp - (1-800) 433-6060
- Big Bear Tennis Ranch - (408) 786-6322
- Bill Scotts Tennis Camp - (619) 560-8870
- Bishops Tennis Camp - (619) 454-1220
- Ed Collins USD Tournament Tennis Camp - (619) 260-4600
- Carmel Poly Championship Jnr. Tennis Camp - (805) 549-0846


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If you do not wish to apply to any of these associations or camps, do not despair! You can still play tennis at many high schools on the tennis teams where they play against other schools.

If you have any questions or comments, feel free to call me at: 455-5554.

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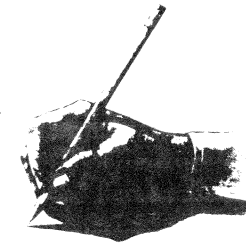
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DEAR MOM



Oct. 5th

Dear Mom,

I know I got a letter from you more than two weeks ago, and I know I've been here six weeks and all you've had from me is two phone-calls, but I don't know how to sit down and describe my life to you in two pages, or even if I had the time, in ten. It's like sometimes you wake up after a really weird dream and you try and tell someone about it but they weren't there, and there's no way you can make them see the things you saw. They just don't have the same frame of reference.

Actually I only opened your letter yesterday. I kept putting it off, and now I know why. It made me feel like getting on the first plane home! Suddenly, I couldn't understand what I was doing here, when all of your are over there! I don't want to read about Auntie Anne getting into a state about Greg's Barmitzvah suit, I wanna see it!

Oy! there goes the dryer. It has this siren that goes off when the washing is dry, and if you don't get up and empty it at once, it keeps going off every few minutes. My whole life is controlled by beeps and tones and sirens. The microwave-oven stops in the middle of cooking a potato, and beeps and flashes STIR. I used

to try and explain you can't stir a baked potato, but not any more, not I open the door and wave a spoon around inside the oven, and it thinks I'm stirring. HA! I fool it every time. These are the little triumphs of my new life.

The kids, T.G. are really happy. You were right, I shouldn't have spent so much time worrying about their adjustment. I suppose "ring" is "ring" wherever you are, and David was very proud to discover that "going to the bathroom" was exactly the same as "wash and wee". Yesterday Sarah said they "got a new kid" in first grade, one that "talks funny" like me! I'm glad they're still so young and they have each other for company.

Oh! here's something nice to tell. Last week we went to a Bob Dylan concert. No rushing off to Sun-City, just took a leisurely drive to the local stadium. It was so exciting! Only I was a bit nervous about leaving the kids with a 13 year-old babysitter.

I'd better stop now. Please wish my dear brother luck with his exams. Tell him I miss him, and to be careful who he gets involved with.

Give Daddy a big hug for me. Tell him the Swallows really do come to Capistrano in the Springtime, and I hope he'll soon be well enough to come and see for himself.

Michael sends love to you all, and says please tell his folks "Hello" and he'll write or phone as soon as he comes up for air.

This is ridiculous, now that I've got myself communicating with you, I don't want to stop. Switching off the type-writer is like saying goodbye again. Oh well, I suppose I'll get used to this.

Lots of love and kisses from all of us to all of you.
Janice

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WRITING CONTEST

by Lolly Pop

Thanks so much for sending me so much beautiful work. I had great fun reading it all. Everyone published on this page will receive two dollars and five dollars go to Heidi Seid — this quarter's winner.

"Butterflies"

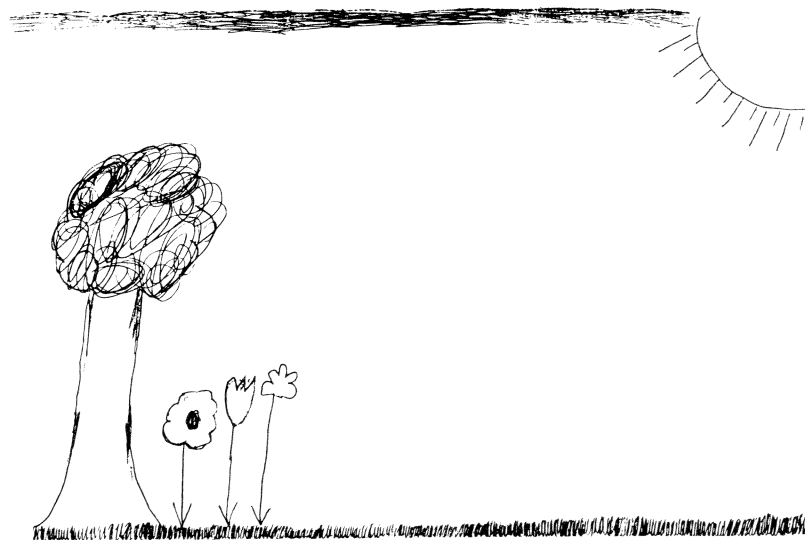
I wish I were a butterfly,
Flying low in the sky,
Beautiful flowers I can see,
Wonderful sights surrounding me,
I wish you were a butterfly,
And fly together,
You and I.

by Samantha Rosenberg

"Green I..."

Green is the plants,
And the trees rustling in the wind.
Green is a grasshopper jumping in the
grass.
Green is the ocean.
I love green.

Ryan ZA



"Freckles"

I believe that if you
stay in the sun the sun will
kiss you. I stay in the sun
a lot and I have freckles. My tea-
cher is Mrs. Miller and she
likes my freckles. I will probaly
believe it until I die and
nobody looks forward to that,
so I don't intend to do
that so quick. My mother, Sandy
Kodach told it to me
and she said it has been
passed down generations so I
hope that my sens pass it
down and my believe it.

By
Bradley
E.
Kodach

Friends

by Heidi Seid

You need a friend to have fun,
Play and run with in the sun,
You need a friend to be there,
When you're sad and need some care,

You need a friend to know,
That you're different and rare,
With different color eyes,
And different color hair,

Everyone needs a special friend,
So keep your friendship together,
And let it never end.

The Making of the President

by Brian Marks

For most newcomers to the U.S., and even for those who have been here for quite a time, the Presidential election process is an extremely complicated and confusing one.

But with November just a few months away, it is important to understand how this seemingly endless process comes together. After all, an informed electorate is what politics is all about.

In 1000 words or less, I will attempt to put the elections into perspective and explain just how America chooses the candidate it does.

By law, the Presidency, one-third of the senate, and every representative come up for election at the same time. However the most important single election is choosing the President.

There are two distinct operations involved for any candidate. The first is obtaining the nomination of one of the political parties; the second is conducting a national campaign. The choice of a Presidential candidate is made by the major parties at national conventions held in the summer immediately prior to the November Presidential election. Voting takes place by delegates representing state party organizations. These delegates are chosen by a variety of methods - some by state party committees, some by state party conventions, some by the use of Presidential primaries, others by a combination of these. This takes place between March and August of the election year.

In most of the states, only registered voters of a party can take part in the primaries. In general, primaries are contested by those candidates who feel they need to demonstrate popular electoral support within their own party. An incumbent President seeking a second term, normally receives little opposition from within his party.



Few candidates, other than incumbent Presidents can afford to ignore the primaries. However competition is both expressive and time consuming. Primaries are usually more significant for the "opposition" party, yet primary victories alone cannot guarantee the party nomination.

Despite the general circus-like atmosphere, the party conventions are serious and important gatherings. They represent the national decision making bodies of each party and despite the various in-fighting and squabbling it is essential that the convention closes with 100% party unity.

The convention is attended by large groups of delegates, with each state delegation larger than the delegate voters they possess. Most important of all the numerous committees are

(Continued on page 16)

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(Continued from page 15)

the platform committee who has the task of listening to delegates before deciding on a platform for the convention.

The major talks of the convention is to select a Presidential candidate. Some (especially incumbents) are often chosen by unanimous acclamation, without requiring a ballot, but if several ballots are required, a complex process of bargaining is likely to take place between rival delegates supporting different candidates. This results in the formation of elaborate personal organizations at the conventions to obtain delegate support.

The convention also selects a vice-presidential nominee, but this decision is usually given to the presidential nominee, and his choice is accepted by convention delegates.

It is necessary to explain that the American people do not directly elect the President. The votes they cast for either of the party candidates in November are for elections, and the Presidential candidate obtaining the most votes in a State, obtains the whole of the electoral college vote of that state.

The electoral college vote of a state coincides with the number of congressmen in the state — some of the smaller states having only three electoral college votes and large states like California and New York have some 40 such votes. This

means that Presidential candidates tend to be chosen from states with large electoral college votes and seek to win those states. The system also means that it is possible, though unlikely, that a candidate winning a popular majority in the nation as a whole, may lose the election. In general, the electoral college vote tends to magnify the popular vote margin, since it is possible to win all of the electoral college votes of a state, yet obtain only fractionally more popular votes than an opponent.

It is also possible for no candidate to win a majority of the electoral college vote necessary to be elected. In this event, the election is decided by the newly elected House of Representatives.

It should also be remembered that once a President is chosen by the electoral college, he does not actually become President until his formal inauguration in January, at least two months after the popular elections.

The political process in the U.S. is a vital instrument in the act of becoming an American. Learn the process and understand your responsibility. Register to vote now, and remember to vote in November.

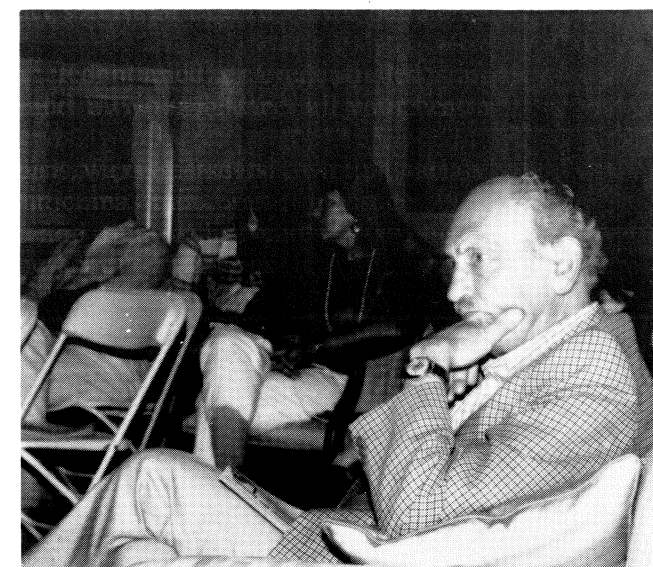
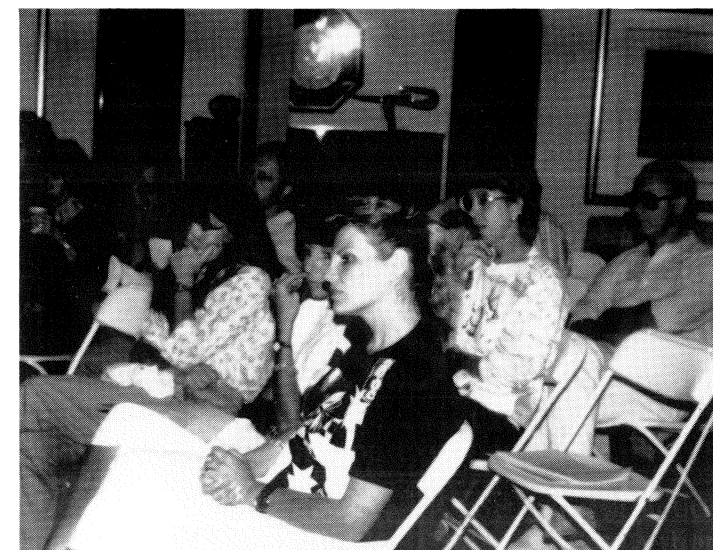
Many a True Word ...

Last month, Leslee Levin, a licensed Social Worker, presented a lecture entitled: AGING PARENTS ADULT CHILDREN in which she addressed the problems faced by all of us when we become adults, and our parents have different needs and expectations of us, and we, of them.

Leslee dealt with the sensitive issue succinctly and objectively, using charts and diagrams to illustrate her points. She took pains to be as clear and as scientific as possible, but she never lost touch with the human side of the question and her empathy and understanding were appreciated by all.

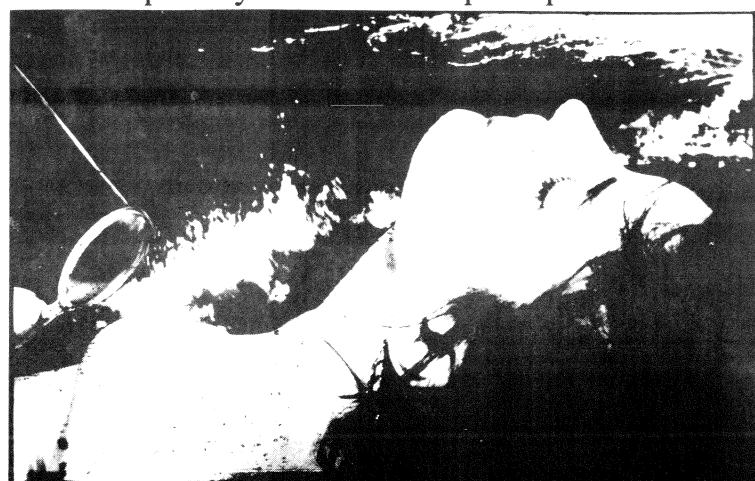
After the lecture, Leslee lead a role playing session in which there was much mirth and laughter but underneath it all many a true word was said in jest, and we all went home a little sadder and a little wiser.

Thanks to Leslee Levin, Beverley Seid who introduced her, and Claire and David Ellman who so graciously hosted the evening.



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