



SAJAC REPORTER

The Publication of the South African Jewish American Community in San Diego

Volume 1, No. 4

Winter, 1987

(Continued from page 19)

Township are not really forced to earn bread-money by prostituting themselves to migrant workers in the hostels. Of course they don't really eat locusts to keep from starving, and a woman would not really have to lock herself in a cupboard in the middle of the night to avoid being arrested for living with her husband?

This time I did not even have the comfort of knowing that it all happened long ago.

Kaffir Boy is the autobiography of a South African black man, Mark Mathabane, who lived in Alexandra until he won a scholarship to an American University. He now lives in North Carolina. It is a book well worth reading, but be warned, as one ex-South African put it, "it hurts in so many places."

Forthcoming Attraction!

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The views expressed in this newsletter are not necessarily those of SAJAC or its board.

Personals

Mazel tov to Wolf and Evie Moch on the engagement of their son Gerry

Mazel tov to Ian Aires on his engagement

Mazel tov to Michelle Laser and Lance Teschmacher on their forthcoming marriage.

Congratulations to Alan and Carole Sudar on their son's Barmitzvah

Congratulations to Barbara and Selwyn Klein on their son's Barmitzvah

Congratulations to Gerald and Lisa Pinn on the birth of a grandson in New York.

Congratulations to Sheldon Cohen on his marriage.

Congratulations to Barry Kassir on being elected a fellow of the American College of Surgeons.

We wish Issy Charad well and hope he is on his way to good health.

We wish Tessa Taitz a speedy recovery and good health.

We wish Pauline Kabrun restored good health.

Our deepest sympathy to Rae Ilana and Paul Hertz, and Hannah and Fred Newman on the tragic passing of Les.

PRESIDENT'S MESSAGE

"The people of Judea should forsake the law and the covenant, profane the Sabbath, and pollute the sanctuary. But many stood firm and chose to die rather than forsake the holy covenant."

The events tell the story of a heroic and determined struggle against assimilation, and are commemorated by the holiday of Hannukah. The Maccabean resistance is a lesson in rededicating ourselves to upholding the customs and traditions of Judaism. There is always the need to strengthen our Jewish identity and to involve ourselves in the welfare of the Jewish community.

The 1988 Campaign for United Jewish Federation is underway and we will be called on to associate ourselves with our fellow Jews by accepting our share of the responsibility for Jewish survival. The United Jewish Federation is the umbrella organization of the community and supports Jewish social services here, in Israel, and throughout the world.

The needs of the local Jewish community are a primary obligation of the U.J.F. Allocations are made to Jewish Family Service, the Hebrew Home for the Aged, the Bureau of Jewish Education, Jewish Campus Centers, Summer day camps, preschools, B'nai B'rith Youth Organizations and so on.

In Israel, the Campaign will directly fund agricultural research, vocational training, educational and social services, job training and literacy programs. Resources will be made available to house and absorb all immigrants who come to Israel. The San Diego Federation is responsible for Project Renewal at Kiryat Malachi and supports specific programs in that distressed area.

Jews around the world will receive compassionate help from the American Jewish Joint Distribution Committee. The JDC (or "the Joint" as it is often referred to) is active in 30 countries and is the lifeline for many Jews who have no contact outside of their communities. In Morocco, Poland, Romania, Yugoslavia, India and elsewhere, Jews will be clothed and fed, educated and healed. Jews, who have survived the worst upheavals of 20th Century, will find moral support and comfort through the efforts of the JDC.

As South Africa Jews we carry a legacy of responsibility and action in terms of commitment to our people. We come from a unique society, having the highest percentage of religious and communal affiliation of Jews in any country. I am proud to report that many of our SAJAC members are involved in all aspects of the San Diego Jewish community and we are well represented on the Executive and the Boards of United Jewish Federation.

As the Jewish community of San Diego grows, we must accept our share of responsibility by maintaining the tradition

of TZEDAKAH and by making a meaningful contribution to the UJF Campaign, so that we can be counted as involved members of the community.

As many of you are settling into new homes and facing the challenges of a new life, you have the freedom to put down Jewish roots and nourish them in the soil of responsibility.

Leah Levin
President, SAJAC

AIPAC/SAJAC GET TOGETHER

by Sandy Kodesh

A joint meeting of AIPAC and SAJAC was held at the Meridian Hotel on Sunday, December 13, 1987; one of the aims of this meeting was to educate South Africans about AIPAC and the work they do. There was a good turnout and SAJAC was well represented. This was one of the first programs to integrate SAJAC with Americans.

AIPAC is the only American organization registered to lobby Congress in support of Israel. It's regarded by both the State Department and Congress as supplying the most accurate facts on Middle East activities. AIPAC creates meaningful dialogue with Congressmen, Senators and the Administration.

I was a member of the audience, and I felt privileged to be sitting there hearing how much behind the scenes activity is involved in securing the interests of Israel. What struck me most was that this meeting was so open and the speaker Murray Wood, Regional Director of AIPAC gave us so much confidential information and so many hard facts. This was particularly significant to me when I compared it to the censored incomplete information we always received in South Africa.

At this meeting Murray actually read a telex which told how recent sales of arms to the "Saudies" had been positively affected by AIPAC'S influence. AIPAC is instrumental in securing the 3 billion dollar Foreign aid America gives Israel every year. This year it was in jeopardy and this organization approached keymen and thanks to their efforts Israel again received its aid. AIPAC was also influential in getting the P.L.O. offices in Washington and New York closed. This exciting aspect of working for Israel is something that was not available to us in South Africa.

Murray tailored his speech to the needs of his audience, many of whom were not all that familiar with the working of Congress, and this made his information more interesting and accessible. It was an enjoyable meeting and I felt excited to be part of this powerful organization fighting for the safety and growth of Israel.

NEWCOMERS CORNER

by Pam Nathan

Did you know that doctors love living near the ocean? This may be a generalization but let me tell you that I spoke to three doctors this week who have all moved to San Diego after living somewhere else in the US.

Alan Savin and his wife Renata have been living in Philadelphia for the past 3½ years. Alan is a physician and is working at Scripps Clinic. His specialties are oncology and hematology. Renata is pregnant and only has 3 weeks to go! She's delighted at the prospect of becoming a mother. Of course they love going to the beach and are avid theatre and movie goers. They were originally from Camps Bay in Cape Town.

Dennis Goodman is a cardiologist at Tri City Hospital, originally from Sandringham, Johannesburg. His wife, Tanya, is from Zimbabwe. They spent time living in Pittsburg and Houston. They have a 15 month old son, Adam and live in Solana Beach. Tanya remarked on how friendly the South Africans are in San Diego. She spoke particularly about how touched she was to be invited to celebrate Rosh Hashanah with SAJAC members when they first arrived.

Steven Feitelberg is a gastro-enterologist at UCSD. He spent the last 3 years in Philadelphia where he met his American wife, Karen, at a Passover seder! Steven commented on our impressive newsletter! He really supports the idea of SAJAC helping SA's integrate!

Aleysa and Alwyn Gordon came to San Diego because they, too, wanted to be near the coast ... no, not a doctor, but an accountant! They have two children, Dena 5, and Tali 2. Aleysa remarked that she has found settling down easier than she anticipated though she misses her family and friends. She's particularly impressed by the freedom of the media. They love going to the beach, of course! They also like playing squash and enjoy classical music.

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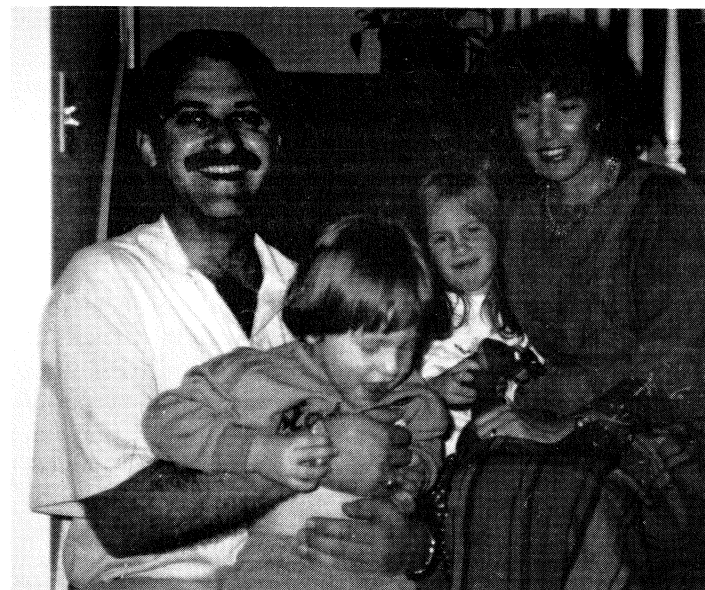
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When I spoke to John Smaller I realized that he and Terry live around the corner from me! I would never have known! John has been travelling backwards and forwards from SA for the past year and is happy to settle down finally. They have two children, Romy 4, and Greg 2. John likes to run, cycle and dive and Terry enjoys cooking and sewing and is very occupied taking care of her family right now. She loved being made so welcome by the Welcoming Committee!



Laura and Mark Abelkop have only been here for 2 weeks. They have been living in Irvine for the past 18 months and are now on Prestwick in La Jolla. They have two kids, Gina 4, and Paul 2. Mark has been in the motor business and is looking to do something similar here. Laura informed me that SAJAC in Irvine is not nearly as active as ours. She told me that we are actually known for our effective organization. How wonderful to have such a good reputation. Thank you San Diegans for your participation and support!

LETTER TO THE EDITOR

Dear SAJAC:

The "California Here We Come" verse is really terrific. Every line Karen wrote is very specific, And some of the words caused me much laughter, But it's a "bittere gelechte" wondering what comes after, When one finally decides to go away, Be it to Aussie, America, Canada or the U.K. It's very traumatic, this saying "goodbye," In spite of resolutions, one cannot help but cry When loved ones decide to emigrate We can only give blessings and wave to them from the front gate

For going to the airport is a real nightmare, As all your emigres are surely aware. Your SAJAC Federation does a wonderful job Of welcoming newcomers, a high I.Q. individual or even a slob.

I salute you, and to your helpers, too, I end up saying, May G-d bless all of you.

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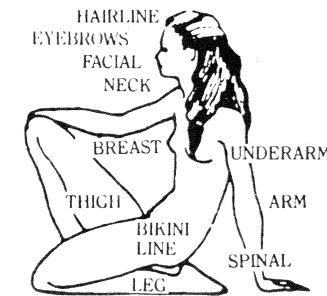
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SAJAC SENIORS ENJOY SOCIAL EVENING

by Julius Sher

On Thursday, October 15, the hospitality committee of SAJAC organized a most enjoyable evening for senior members of the South African community. Renee Frank, Ettie Sack, and a small committee were responsible for creating a warm sociable event and a delicious dinner presented to some 30 guests, at the home of Ettie and Ivor Sack. Julius Sher, one of the appreciative guests reports that an interesting and enlightening talk "The Heritage of the Jews in San Diego" was presented by Henry Schwartz, a native San Diegan.

Mr. Schwartz was educated right through to 'varsity', and owns his own printing business. He has always been interested in Jewish life. Having lived here all that time, he is well qualified to discuss the Jews living here in San Diego. He mentioned the names of Jewish entrepreneurs who played a vital part in the growth of this beautiful city. A few of the most interesting facts:

- 1) The first settler was Louis Rose who settled in Old Town.
- 2) Dr. Salk played a major role in the Salk Institute.
- 3) The first synagogue was built in Heritage Park, and is now being restored. Unfortunately we don't know the names of those responsible for building it.

Leah Levin closed the meeting with a vote of thanks to Mr. Schwartz, and also to Mr. and Mrs. Sack for making their home available. She also thanked the women members of SAJAC who were responsible for the excellent supper, thereby bringing an enjoyable evening to a close.



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WINTER 1987

¼ head cabbage finely shredded and fried in oil
1 tin minestrone soup
1 tin thick vegetable soup
1 tin butter beans
1 tin spaghetti in tomato sauce
2 tins water

Open all the tins, add to cabbage in pot and slowly bring it all to a boil. Add garlic salt, lemon juice and sugar to taste. Turn off stove and leave it covered. Serve with grated cheese.

Wholewheat Bread

4 cups wholewheat flour
1 tablespoon honey (a large one)
1 teaspoon bicarb
1 teaspoon salt
2 cups buttermilk
handful of sesame seed

Mix all together well and sprinkle with sunflower seeds. Bake 400° for 1 hour. There are many exciting and difference versions of this bread. If you are interested call me and we can discuss it.

Fresh Corn Chowder

2 tablespoons butter
1 chopped onion
2 stalks celery (chopped finely)
1 sweet red bell pepper finely chopped

4 cups sweet corn
½ teaspoon salt
black pepper
¼ teaspoon thyme
½ teaspoon dried basil
1 cup stock or water
1 cup evaporated milk (or regular milk)

Cook onions in butter over medium heat, stirring. After 5 minutes add celery and keep cooking. Five minutes later add peppers and corn. Add seasonings, stir well and cover. Let it cook gently for 5 minutes. Add stock, cover and simmer for 10 minutes. Using a blender, puree about half of the mixture. Return to pot. 10 minutes before serving add the milk. Don't cook the soup further, just heat it gently.

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DAVID KAHN
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WHAT'S COOKING

by Sandy Kodesh

We lucky people who live in San Diego don't have the drastic change of seasons that the East Coast people do. When we wake up in the morning we have to say to ourselves "Oh its December therefore it must be winter". Our weather is very confusing, but to help our bodies retain a natural flow from spring to summer to fall to winter, its important to eat the seasonal fruits and vegetables.

In summer we eat foods that are cooling to our bodies, and in winter we eat foods that warm us. Because there is an ever increasing swing towards meatless meals, here are some soup recipes that do not contain meat and are also quick and easy to make.

Minestrone Soup (Meatless)

1 cup small brown sugar beans
3 cups water
Soak beans overnight or for 3 hours beforehand. Cook the beans in water, adding more water when ever necessary (1-1 1/2 hours). Instead of this process you can use a tin of beans.

2 tablespoons butter
1 onion chopped
4 carrots grated
1/4 head of cabbage chopped finely
handful of parsely chopped
1 tin cream of tomato soup
2 cups vegetable stock
1 cup water
handful of spaghetti
Salt, pepper, tobasco sauce

Fry onion, celery, leeks, carrots, cabbage and parsley in butter on medium heat till vegetables are soft, but not brown. Add tomato soup, stock and water and add washed beans with the water they were boiled in. Add spaghetti and cook for 30 minutes. Serve with grated cheese on top. Season with salt, pepper and dash of tobasco sauce.

If you like the idea of the minestrone soup, but feel that the process is too long, and you feel tired and pushed for time, try this shortened version. For this minestrone soup you need a really strong good tin opener, preferable automatic.

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HELEN SUZMAN IN SAN DIEGO

South African's Respond's with Warm Admiration

by Linda Bernstein

While the Chargers fought the Raiders to a 16-14 victory, the Helen Edison series got off to a highly charged start with the keynote speaker, Mrs. Helen Suzman, M.P. (Houghton).

Mrs. Suzman regards herself as a White South African Liberal, one of an "endangered species", threatened by attacks from both the radical left and the radical right. The radical left wants no political safeguards for minorities, a socialist government and majority rule. The radical right would like to restore the hardline policy of pure "apartheid". Somewhere in the middle is Helen Suzman and the Progressive Federal Party. For more than 35 years Helen has vehemently fought and opposed all the principles of "apartheid".

Her views on the solution to South Africa's problems with regards to sanctions and disinvestment are incompatible with those of Alan Boesak and Desmond Tutu. Succinctly put, her formula for a surviving South Africa, encompasses reinvestment of capital towards economic expansion for blacks as this will "redress strategies of power and change". Punitive action, if any, should be directed at the South African Government via international diplomatic means.

She expressed a mood of "guarded hope" for survival by peaceful change, rather than violent upheaval. Her ardent struggle against apartheid has elicited responses in Parliament ranging from the "I forgive you. You're very naive. You are a woman" to the ultimate compliment "Ag man Helen, you have the brain of a man;" This grand lady of South African politics has stood the test of time. In the crowded Mandell Weiss theatre, she was given a standing ovation and her voice against apartheid was once again heard. For those facing the dilemma she reminded us that there is a joke going around which says "when the Jews leave it is time to go, but when the Portuguese start packing it is too late."

Helen Suzman, South Africa's feisty advocate of human rights, has never hesitated to tell the South African Government exactly what she thinks of it. For 34 years she has been that country's conscience regarding the treatment of 27 million voteless blacks.



by Linda Anne Kahn

Listening to Mrs. Suzman in the Mandell Weiss Auditorium, I could scarcely believe that I had once lived in that bizarre society. I realize just how privileged we are to be living in the democratic United States.

Helen Suzman painted an accurate picture of life in South Africa, and did so with humour and compassion. Though no longer the "sole voice in the wilderness", her political party recently lost its status as official opposition to the re-emerging right-wing faction.

If this trend continues it seems as if instead of further reform, South Africa will be doomed to increasing repression.

Will South Africa survive? Or, rather, in what form will South Africa survive? Will the authoritarian government be replaced by yet another version of tyranny? These questions remain unanswered. But we thank the UCSD for providing the opportunity to hear such a stimulating, provocative luminary as Helen Suzman.



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The staff is skilled and caring and is particularly sensitive to the special needs and problems of adjusting to a new culture and society. Opportunities are available for volunteers who have time to devote to JFS programs.

New programs are constantly being developed. Consultation to the Jewish Academy was recently implemented to help with students who have behavioral/emotional adjustment problems; also a divorce mediation service is available to help the stricken family work out their differences in an amicable manner.

San Diego's South African community is invited to utilize these services. The JFS is eager to hear from those who have questions or suggestions for new programs. Please call the main office at 291-0473. The address is 3355 4th Avenue in the Hillcrest area. There is an Encinitas Office (944-7855) and a Senior Center in North Park (563-5232).

WANTED: A FEW BOLD COUPLES

Many South Africans bemoan the fact that once they get here, they find themselves mixing almost exclusively with other South Africans.

Even those who make a conscious effort to meet Americans find few opportunities to do so, particularly if their existing work and social schedules are heavy.

Well, those South Africans who are eager to broaden their horizons through social integration with Americans and other (non-South African) immigrants, need despair no longer. Ronnie Diamond and Les Kacev are in the process of arranging "coffee evenings" where South African and American couples will be brought together to exchange views and share cultures.

"There is clearly a need for this" explained Ronnie. "A lot of South Africans complain that they feel insulated from Americans, and would like to be more integrated. Obviously, we'd like the couples to establish friendships, but even if they simply have an enjoyable evening, we'd consider it a success."

Ronnie and Les are currently recruiting South African couples for "coffee evenings." If you are interested in participating, you are invited to phone Ronnie at 458-1783 or Les at 587-1749.

WINTER 1987

"KAFFIR BOY"

Mark Mathabane

A review by Linda Rosenberg

Kaffir Boy is not a great literary work. The writing style is leaden and the plot is simplistic. One has the impression that the incidents are being related just as they occurred, with no regard for form or thematic structure. But this does not lessen the impact of the work, the literary weaknesses are in fact, a strength. The events come at you one after the other and there is no turning aside, to appreciate a turn of phase, or to enjoy a moment of comic relief. There is no respite.

I should not have been so disturbed by Mark Mathabane's revelations, after all, I knew it all. But had never allowed myself to imagine what it is really like to be a black person in South Africa, where body-pain like hunger and cold become secondary to the pain inflicted on the soul by events like the following:

(The police who broke into Mark's house at 2 a.m. are interrogating his father. They found him naked in bed and would not allow him to dress.)

"The policeman playfully prodded my father's penis with a truncheon. I gasped with horror.

'Old man,' the policeman said ..., 'you're an old man aren't you?' My father, only in his mid-thirties, nodded. He seemed uncharacteristically powerless and contrite, a far cry from the tough, resolute and absolute ruler of the house I knew him to be.

The other policeman meantime was still at the doorjamb, revelling at the sight of my father being humiliated. The emotional and physical nakedness of my father somehow made me see him in a different light — he seemed a stranger, a total alien. Watching him made tears surge to my eyes, but I fought desperately to keep them from flowing. I cannot cry, I told myself, I would not cry, I should not cry in front of these black beasts. For the first time in my life I felt hate and anger rage with furious intensity inside me. What I felt was no ordinary hate or anger; it was something much deeper, much darker, frightening, something even I couldn't understand. As I stood there watching, I could feel that hate and anger being branded into my five-year-old mind, branded to remain until I die."

The book made me feel the way I did when I first read Leon Uris' *Mila 18*. I was fourteen at the time and I read it right through in a weekend. By Sunday night my paperback copy was tear-stained and dog-eared, because I kept turning the corners down to keep my place while I sought after reassurance that this was "only a story" and it hadn't really happened. Of course, this reassurance was not forthcoming and the best I could get was the assurance that it had all happened long ago, and that it could never happen in my time.

My copy of *Kaffir Boy* looked very much the same. Once again I wanted to escape to that childish refuge where you could look up from the pages and tell yourself, "it's only a story". Of course, The Wolf didn't really eat little Red Riding Hood's grandmother, of course young boys in Alexandra

(Continued on page 24)

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Peter Sacks: A Profile

by Michael Rudnick

Born in Johannesburg, raised in Bloemfontein, living in San Diego, La Jolla, to be precise. Down the road the breakers break. The interior of the house is tasteful, interesting ... magnificent, really. Not showy opulence but stylish, aesthetic affluence. Subtle. Engaging. The art is a juxtaposition of African, Mexican and Indian expression. Primitivism and modernism. On the table, a stunning arrangement of Protea.

He's a highly-specialized doctor of medicine, a real-estate developer, a supplier and marketer of prize-winning protea and something of a pioneer: he and his wife were the first South African Jews to settle in La Jolla.

In 1972, serendipity brought Dr. Peter Sacks, his wife, Arlene, and their two young children to a little known 'dorp' on the California coast. Back then, this sleepy town was on nobody's mind - the Sack's travel agent, falling prey to a common misconception, booked them for Santiago, Chile.

An 'old guard' ran the town in those days. "They were blatantly anti-semitic", explains Peter. "But the university changed all that and made it possible for Jewish people to own property. Also, the universities' influence on both business and the Arts was profound - it brought science, technology and culture to San Diego."

Despite his accomplishments, Peter is suprisingly unassuming. Outspoken, forthright and articulate, yes - but where one might expect an exaggerated sense of self-importance there is only cordiality, warmth, humour.

"We came here on a fellowship and it happened more by accident than design", says Peter with a smile. "Although we were issued immigrant visas - it was easy to get them in those days - our intention was to stay two years, then go back home to South Africa. When the two years were up, the clinic offered me full-time employment and we thought, why not? We sold our house in Jo'burg by telephone."

What is now the 'Condominium Colony' of University City was, in 1972, open fields with wild mustard. Where suburban housewives armed with credit cards now hunt for bargains in shopping malls was then the territory of hungry coyote and nervous rabbits. Romantic notions and nostalgia aside, it was a difficult time for this family of inadvertant pioneers. Money was tight, the culture was a shock and there was no support system at all - how could there be? The Sacks were first. "I was very lonely", says Arlene, "and I missed my family terribly. But I would never have gone back."

Peter nods in agreement. "We never had any regrets. We knew we were making a long term investment in our future."

"The one thing that bothers me", admits Arlene, "is bringing up children in such an assimilated society. There's no strong Jewish emphasis. But still, compared to all the advantages offered by a democracy, it seems like a small price to pay."

The march of progress has forever trampled the mustard fields of San Diego's yesteryear. Snarling drivers find themselves on snarled freeways, a coloral invasion is underway - is it disturbing?

Peter shakes his head. "These problems are part and parcel of progress - and they will have to be solved. But the benefits are enormous. San Diego was once a cultural backwater - in fact, most of Southern California, including L.A., was a cultural backwater compared to the East Coast. But this area has developed tremendously in the past fifteen years. There's been a dramatic renaissance in the Arts."

Peter predicts that by the turn of the century this area will not only be the cultural heart of America, but the financial hub as well. Entrepreneurial talent is being drawn to Southern California not only from other parts of America but from across the world.

Peter and Arlene can reflect on their accomplishments with pride. They came here long before it was the fashionable thing to do and, by example, paved the way for the rest of us.

"We were recently in Africa," he muses, "Kenya, actually - and its a nice country. And being in Africa made us realize that we'll always be African. We miss Africa, but not South Africa. South Africa's a nice country - when you're a tourist."

I can't help staring at the exquisite Protea arrangement. There's something ironic about Proteas in San Diego, but I can't decide just what it is.

Peter and Arlene are living proof that the American dream is attainable. It takes a lot of hard work, sure, and you need determination and true grit, but it's a feasible quest. And you'll know you've achieved it when you can say, "South Africa's a nice place to visit - but I wouldn't want to live there", and mean it.



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TAX PLANNING TIPS

by Jeff Chalmers

With December 31 just around the corner, most of you are probably looking forward to the holiday season. What most of you don't know is how the 1986 Tax Reform Act will effect your taxes in 1987, and how to plan your tax strategy for 1987.

The most important change that will affect individuals is that 1987 tax rates are higher than 1988 rates. Thus in order to take full advantage of this you should try and minimize your income and maximize your deductions. Ways to minimize income are:

1. Get your employer to defer your 1987 income to 1988 by signing a deferred compensation agreement. This should be a formal agreement signed by both yourself and your employer.

2. Purchase short term investments on which interest is only paid in 1988.

3. Try to minimize capital gains by deferring the sale of capital assets to 1988.

4. Alternatively you may be able to increase deductions in 1987; the tips are:

1. Pay your second property tax installment prior to December 31; this is a deduction in the year in which it is paid.

2. Banks and other lending institutions send out statements of interest paid. These statements often omit the interest on the payment you made (or should make sure that you make) in December. Check the statements to make sure the interest listed is the actual interest you paid during the year.

3. Check mortgage-closing statements. If you refinanced a loan be sure you pick up interest you paid from the date of your loan to the end of the month.
4. Pay any estimated state taxes prior to December 31, 1987 as state taxes are deductible in the year in which they are paid.
5. Charitable contributions for 1988 should be advanced into 1987 and made prior to December 31. This will have the effect of bunching these deductions into 1987 which will increase the effect of your deduction.

A word on charitable contributions.

You may only deduct charitable contributions if you itemize them on your 1987 return. The deductions for non-itemizers expired in 1986. Charitable deductions take the form of cash or property. If property is donated, your deduction is equal to the fair value of the property at the time you make the donation. The fair value is defined as "the price at which the property would change hands between a willing buyer and a willing seller". If the value of the donation property exceeds \$5,000, an appraisal is required. A word of caution: You may be liable for a special penalty if the gift's value is overstated. If you donate noncash gifts of more than \$500 you should complete Form 8283 "Noncash charitable contributions" with your tax return.

Good luck with your taxes!!

P.S. For those of you who moved to San Diego in 1987, don't forget the moving expense deduction.

Note: The above article is based on the Price Waterhouse-Personal Tax Adviser. Should anyone need a copy please call Jeff at 231-1200.

DR. IAN AIRES

Answers the Question ... What is a Prosthodontist?

If you are not sure, read on, because only 3 percent of the population knows what they are and what they do. A prosthodontist is a dentist who obtains 2 or 3 years of additional formal training leading to a specialty certificate in prosthodontics.

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Dr. Aires has a practice limited to prosthodontics. He is located in the Golden Triangle area adjacent to Anthony's Restaurant.

He is a member of the American College of Prosthodontists and the American California Dental Associations. He is the immediate past President of the San Diego Prosthodontic Society which he founded in 1984.

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Extract from a Poem by Marcelle Freiman

STORM

I remember the grasshopper ticking on a waiting Highveld afternoon the summer storm that blew jacarandah flowers gusting through my window rainscent echoed the thunder that clashed on static dry rock and lightning in the purple western sky flashed its angry eye beyond the tall bluegums that were shedding their bark to reveal smooth whiteness turned silver in the sudden light

Then the irresistible rain The city was never ready doors slammed people huddled under newspapers and bus shelters gutters gushed the heat and dust away the storm passed a crying in the night having lashed the city streets left purple jacarandah flowers carpeting the tarmac wings of moths their lustre lost trapped in a sodden stream.



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ADD MY TEAR FOR FREEDOM

by Brian Marks

"This is not a critique of the movie Cry Freedom. Nor is it an evaluation of the actors, accents or authenticity of the movie. I leave that to the New York Times, NBC and the Cable Networks. It is a very personal view of how "Cry Freedom" made me feel, the thoughts it provoked, the feelings it stimulated and the questions it made me ask."

I had heard the reviews and seen the film clips about Cry Freedom but nothing had prepared me for what I saw and how I felt about this two hour capsule of life in today's South Africa.

Unless you have been there, there's no way this movie can touch you as strongly as it does. It's a little like a Vietnam Vet seeing Platoon for the first time — the images are all that more vivid if you remember the fear, the grey police van's and the missed heart-beats every time a light shone in your face at a road block.

Personally, it is a story that made me feel sorrow, shame and disgust. Sorrow for the people who live in daily fear and never ending despair. Shame for a country whose hatred and brutality against children and change is so vividly aired for all the world to see, and disgust for you and me who lived alongside these inequities and reaped the daily rewards of its material advantage.

The lives of Steven Biko and Donald Woods are quite incidental ... merely illustrations of a system so evil that the basic freedoms, taken for granted by us since birth are the stuff that children die for, and that lives are shattered for. We know it happens everyday, but it takes a Cry Freedom to resensitize us to this daily reality and as Americans, we can look at it with a cool academic head and re-examine it on the basis of reality and not on the emotionalism of fear, loss and necessary justification.

Cry Freedom is brutal, but it is real. Cry Freedom is depressing but it tells no lies. Cry Freedom is enquiring, but it has no answers. The art of the moviemaker is to open the mind and create a window to our world, and as such it's value as a reminder of our denial is value enough.

It breaks little new ground for most of us. It simply takes us to where we have never been and never wanted to go. It rocks our equilibrium and declares for all of us to see what we were part of, and what we lived with everyday — yet somehow managed to cloud and shroud from our sanctities and personal laager.

Most disturbing of all is that Cry Freedom does not have a happy ending. It leaves us with a destiny of ultimate destruction ... the irreconcilable differences between a slave and a master that must ultimately end in confrontation.

Yes, South Africans will view Cry Freedom uncut and uncensored and the masters of propoganda will tell the world that "this is what it was like before the reformation." Our eyes have seen that all before. Our ears have heard the talk about the needs for reform and the "new" South Africa. Cry Freedom teaches us not to listen. There is no reformation, nor is there change. The children of apartheid will fight a war for self realization and freedom. Tears and blood will spill and effect the lives of all blacks and whites in South Africa until the Cry for Freedom is finally heard. And amongst all those tears, will be mine. For fear, despair and sadness are something we should all cry about.

WINTER 1987

SKIING ... A WONDERFUL, WHITE, WINTER WONDERLAND

There really is no reason to get the cold weather blahs living in beautiful San Diego. In fact, as the temperature drops, a new world opens up for everyone ... the world of winter sports.

San Diegans are very lucky. Within a day by car or an hour or two by plane, there are more than 100 ski resorts just waiting for you to schuss or tumble down. Large or small, rustic or sophisticated. America really caters to the skier of every size, shape and ability. Every resort offers equipment rentals, instructions and hours of fun filled exercise.

Here are a few tips on what to do, where to do it and how to get there.

EQUIPMENT

Skis, boots and bindings are easy to rent both at the ski resort or in San Diego before you leave. Stores like Oshmans, Pat's or Hansens in Encinitas will give you all the advice you need. Good fitting equipment is essential to both comfort and safety of the sport and these experts will assist you no matter what your level. Remember, that if you take your skis with you by car, you will need to rent ski racks. Those of you travelling by plane can get ski travelling bags from your airline when you check-in your baggage.

CLOTHING

Forget about jeans and leather jackets. They look good on Prospect St., but will make you miserable all day long on the slopes. The most important thing about skiing is that you are warm. There is nothing worse than being cold and miserable on the mountain.

Dress in layers. Good thermal longjohns (and undershirt if really cold) followed by a turtle neck sweater, a good tight-knit ski sweater and finally a water resistant ski jacket or anorak. A water resistant ski-bib is ideal for the beginner. They are readily available and are very inexpensive.

LESSONS

If you have never skied before, it is essential you understand the importance of lessons. Just like driving a car, it is almost impossible to teach yourself. Lessons are available for every level of experience at all ski resorts and I strongly advise that anyone going to the mountain for the first time has lessons.

They will speed up the learning process and get you on your own quicker than any other way.

Skiing is not difficult, it just requires practice and just about anyone can learn to ski (basically) in a weekend. Classes are held in groups or in private lessons. Often they can be part of an entire package with your accomodation and equipment.

WHERE TO SKI

The closest resort to San Diego is Big Bear in the San Bernadino mountains, not far from Palm Springs. The slopes are gentle and ideal for the beginner. However being so close to San Diego and Los Angeles it tends to get crowded on weekends and public holidays.

Mammoth Mountain (approx 7 hrs. by car) and the many resorts in the Lake Tahoe Area are larger than Big Bear with a more diverse village for after hour activities. Lake Tahoe has the added casino attractions and also offers more to do for the non skiers among you.

For the even more adventurous the resorts in Colorado, Idaho, Utah and New Mexico, are all within a two hour flight of San Diego and offer some of the best skiing in the world.

We are right in the middle of a white, winter wonderland. So when it gets time to put the surf-boards and beach umbrellas away, wax up your skis and head to the mountains. You'll be glad that you did.

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KID'S SCENE - Team Sports

by Lolly Pop

So, you've arrived with a thirteen year-old ex-rugby captain; a seven year-old daughter who's thrilled that in America girls can play soccer and she's seen the last of netball; and your five year-old son who has been sleeping with a cricket bat since he was three, waiting 'til he could start Grade 1 and play cricket on a real field.

You've got them all settled in school. You've thrown out the brown suitcases you brought with you and replaced them with brightly colored back-packs. You've learned to live without the convenience of school uniforms, you're even talking about car-pools (not lift schemes) and sixth grade (not Standard IV). Miracle of miracles, it doesn't make you throw up to mix peanut butter and jelly (not jam) and then just when you think you've got it all under control, they break it to you ... there's no school sport. Now what are you going to do? The thirteen year-old has taken to tackling the mailman (not postman), the seven year-old thinks this womens' lib bit was all a hoax and the five year-old now brings his bat to the breakfast table. Don't worry. Help is as close as your nearest Recreation Centre, like Stanley Park or the YMCA. There they will tell you where to sign up your child for soccer, football, T-ball, baseball, softball, basketball or swimming.

Team sports are organized in a league system under the control of sports-bodies that have nothing to do with schools. But, once you are in the system the practicalities work out very much the same. There are usually practices on one or two afternoons during the week and matches on Saturdays.

Some facts that might be useful.

The winter sports are soccer, football and basketball. In summer, kids play T-ball, baseball or softball depending on their age and ability. Girls are welcome to participate in all of these and although there are usually more boys in each team, there are always some girls, and many leagues have all-girl teams.

Soccer

On the western side of San Diego there are three soccer leagues - Mesa, San Diego United and the La Jolla Soccer

league. You may want to find out where the games are played. San Diego United teams travel to the home fields of their opponents. Mesa and La Jolla play all their games at Stanley Park or the Y.M.C.A.

You can subscribe to a newspaper *Soccer San Diego* (574-0233) and this will tell you everything that's going on as regards soccer in San Diego.

Football

The Pop Warner Football league plays by rules that make the game a little safer than regular football.

Rugby

The Old Mission Bay Athletic club has a number of Rugby teams. Call them to find out if there's a team to suit your needs.

Basketball

Although this is available at rec. centres and the JCC, the most competitive league is run by the YMCAs

Swimming

All rec. centres and the YMCA offer swimming lessons and have swim teams.

JCC

The JCC offers varied sporting activities, like water-polo and indoor soccer. Get yourself on the mailing list and you'll receive information each quarter as to what is being offered.

Junior High and High School

Most Junior high school's (excluding the Jewish Community Junior high) and all High Schools do have sports facilities and from this level sport is played at school.

So be sure you have copies of your kid's birth certificates. Take about \$30.00 for each, and go along to Stanley Park on Governor Drive in University City, or the Y.M.C.A. in La Jolla, or whatever recreation center is closest to you and find out what's happening. Your five year-old will have to trade (not swap) his cricket bat for a baseball bat but he will get to hit balls on a real field, your daughter can kick the ball with the best of them and your son can tackle other adolescent dynamos on the football field.

By the way, you know all that stuff you've heard about how the parents take Little League baseball and soccer even more seriously than the kids ... well it's all true.

**THE DECEMBER DILEMMA ...
Christmas Versus Channukah**

by Linda Anne Kahn

Every year at this time the issue of Christmas versus Channukah is brought up and certain questions are raised. But why should it be an issue?

We need to impress upon our children the value and importance of Channukah as a Jewish holiday, with no reference to Christmas. We need to promote the values of Judaism, and celebrate the other holidays — Purim, Sukkot, Pesach — so that our children understand that Channukah, is just one of our holidays.

We should not offer Channukah as a 2nd rate Christmas. We should not allow Christianity to determine how Channukah is presented. It is a festival in itself and should be enjoyed by itself.

But there is a dilemma. When you live in a society where Christmas presents, trees, lights and festivities are celebrated with such fervour, and where Christmas values are all pervasive, it is hard for our children not to get caught up in the highly visible excitement.

We need to maintain our Jewish values in this society, and resist the pressures. Our children should be taught that this is our holiday and we have no part in Christmas festivities. There is no comparison between the two - we do not need a Channukah bush nor large presents!

Established communities across the country perpetuate Jewish values, in California, however, there are pressures from the Californian Jewish community. This community was a tiny minority before and was forced to adapt to the Christian way of the majority.

But now we are a large, strong Jewish community — our children need to know how to distinguish between their own religion and someone else's.

A recent article in the New York Times stated that Channukah is a miracle of faith. If people believe enough, things will work out. This was a wonderfully philosophical look at the beauty of Channukah. And no mention was made of Christmas.

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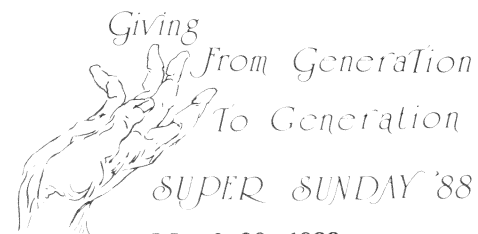
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SUPER SUNDAY, MARCH 20, 1988

Super Sunday is the largest communications network among Jews in San Diego. It is a massive phonathon and community gathering sponsored by the United Jewish Federation of San Diego County. The goal is to reach over 10,000 Jews in San Diego to pledge their support for the 1988 campaign.



March 20, 1988

M. Larry Lawrence

Jewish Community Center

4126 Executive Drive
La Jolla, CA

NAME _____
 ADDRESS _____
 AGENCY/ORGANIZATION _____
 TELEPHONE (H) _____ (W) _____

As an organization SAJAC will be participating in Super Sunday. We need you to volunteer to man the phones so that we will be visible in our support of the community.

Please return the volunteer sign-up sheet as soon as possible to Neville Berman - 3232 Lahitte Court, San Diego, CA 92122. (Phone: 450-1643)



VOLUNTEER SIGN-UP

I will be able to participate at Super Sunday at the following times:

- 8:45 a.m. - Noon
 - 11:00 a.m. - 2:00 p.m.
 - 1:00 p.m. - 4:00 p.m.
 - 3:00 p.m. - 6:00 p.m.
 - 5:00 p.m. - 8:00 p.m.
- Please Check One:*
- Phone
 - Non-phone

In addition, I will help during follow-up phonathons: (Only Phone volunteers needed)

- Tuesday, March 22 — 7:00 - 9:00 p.m.
- Thursday, March 24 — 7:00 - 9:00 p.m.
- Sunday, March 27 — 9:30 - 11:30 a.m.
- Monday, March 28 — 7:00 - 9:00 p.m.
- Wednesday, March 30 — 7:00 - 9:00 p.m.

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THE CONSTITUTION OF THE U.S.A.

If you have to fake a laugh when people make jokes about "taking the fifth" or if you always change the subject when they suggest Reagan is ignoring "the first" then you might want to take a look at this summary.

THE CONSTITUTION

Immediately prior to declaring Independence on 4th July 1776, the United States was comprised of thirteen colonies, each independent of each other and all ruled by Britain.

After the war of independence a constitutional convention was convened, and in 1787 the Constitution was accepted.

The first ten amendments to the Constitution are known as the Bill of Rights. Some of these amendments are discussed below.

THE AMENDMENTS

THE FIRST AMENDMENTS

Freedom of Religion

There are two parts to the Freedom of religion amendment. On the one hand, the government was forbidden to establish a national religion. Many people had fled countries where they had been persecuted because of their choice of religion. Accordingly, it was decided that there would be no national religion.

People were also entitled to the free exercise of their religion. There were no restraints placed on the right to follow a religion of one's own choice.

Freedom of Assembly

This enabled people to lawfully demonstrate against any political issue.

Freedom of Speech

This enabled people to express their thoughts. They could not be arrested for openly objecting to any government.

The Right to Petition for Grievances

This enabled people to petition the government for any objections that they might have.

The First Amendment prevented any clergy from manipulating the government. It allowed for open discussion and objection.

THE SECOND AMENDMENT

The Second Amendment preserved the right to bear arms. The colonist had only recently managed to rid themselves of British sovereignty. There were great restrictions on the possession of guns under colonial rule. This made it extremely difficult to rise up against a form of government that was oppressive. The people were now creating another sovereignty, but did not wish to find themselves in a position where they might once again have to desperately seek arms to overthrow a government. This was an insurance policy at the time it was inscribed. Today the right to bear arms is an extremely controversial part of American life.

THE FOURTH AMENDMENT

The Prohibition against Unreasonable Search and Seizures

Before a government official could barge into a citizen's home there had to be probable cause to do so. A warrant would have to be obtained in order to do so. This prevented indiscriminate invasion of a person's "castle". In many countries today, people are harassed by the police at all times of day and night without any recourse to the Courts.

THE FIFTH AMENDMENT

The Right against Self-Incrimination

If a citizen was accused of having committed a crime, it was the duty of the State to prove the commission of such crime. There was therefore no duty upon a person to incriminate themselves and they had the right to remain silent, if what they said could incriminate themselves.

THE SIXTH AMENDMENT

This basically dealt with fundamental legal procedures. A person was entitled to counsel. If the prosecutor was versed in the law, the accused was entitled to be defended by someone with a knowledge of law.

Trial by Jury

A person was entitled to be tried by his peers and not by an appointed government official who may have decided upon guilt prior to the trial or may have been forced through political expediency to convict people charged with committing certain offenses.

Right to a Speedy Trial

Citizens were to have the right to dispose of a charge against them in a speedy manner. They would not languish in prisons for months before being brought to trial.

THE EIGHTH AMENDMENT

No Cruel and Unusual Punishments.

This would eliminate torture and interrogation. The punishment had to fit the crime. No longer could extraordinarily severe sentences be imposed for minor infractions of the law. Today this Amendment is the constitutional basis upon which many attacks have been made against capital punishment.

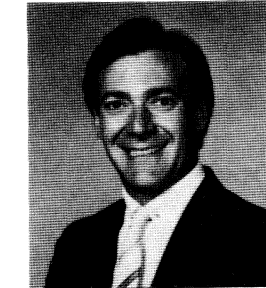
THE TENTH AMENDMENT

This was a precaution by the various States. The central, Federal government would only have such power as the States specifically give it. The central sovereignty could not legislate on any matters not specifically given to it by the States. Over the years, the Federal government has assumed greater power. For example, the 55 m.p.h. speed limit which exists nationally, was brought about by the Federal Government exercising its spending power of taxes levied. States that were not prepared to impose such a speed limit were faced with losing revenue for highway constructions, maintenance and improvement.

The Constitution is the highest law of the land. If the Federal, State or local government pass any laws which infringe on these fundamental rights, the Courts can hold that such a law is unconstitutional and therefore, invalid. This system of judicial review is the watchdog of the people.

LEON J. SNAID

ATTORNEY AT LAW



- Who's Who in American Law
- Chairman of Continuing Legal Education Committee of American Immigration Lawyers Association (San Diego) 1985

- Chairman of San Diego County Bar Association Immigration Committee 1984
- Practicing attorney since 1971

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