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SAJAC
Reporter

South African Jewish American
Community of San Diego

Volume 1. No. 2

Summer 1987

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MESSAGE FROM THE PRESIDENT:

The success of our first publication and various functions prompts me to dedicate this message to the volunteers of SAJAC without whose interest, support and dedication none of this would be possible.

Sitting in on a recent Publications Committee meeting, I recognized the spirit of a small group of dedicated people, whose enthusiasm, good humor and great effort has resulted in a first-class publication.

I say "recognized the spirit", because it seems that all our volunteers are imbued with this same quality of motivation and caring which manifests in different ways.

The writers of the articles, the Committee itself, the editorial team responsible for editing and polishing the texts can be justifiably proud of their achievements in so short a time. It involves more than one can imagine. Petty grievances have to take a back seat when one considers the long hours sacrificed by those intent on making SAJAC a success.

The success of the publication is sweetened by the organized efforts of the Advertising Team, who have spent many hours calling, cajoling, correlating and bringing in the much needed adverts, yet all is achieved in a quiet and efficient manner.

No one can adequately describe the appreciation and delight on the faces of new arrivals, when the volunteers of the Welcome Committee come calling, bringing good cheer and a basket filled with challah, wine, candles and "reading" material highlighting the facilities available in the Jewish community. Many hours of hard work go into organizing the visits. The letters of thanks are a tribute to the warmth and success of these encounters.

Our Program Committee has worked hard to provide diverse forms of social interaction - a Bus Tour of Jewish facilities in San Diego; an incredibly successful Braai, where the camaraderie amongst the volunteers almost surpassed the success of the function; an interesting panel discussion exposing the joys and trauma of immigration.

Last, but not least, the members of the Board of SAJAC have been more than committed in organizing and promoting SAJAC as an effective organization in the Jewish community.

We urge you to support our functions, become paid up members and help further our objectives. "It is not your duty to accomplish the task, but neither are you free from starting it".

Leah Levin.



Nadja Frank, Dennis & Elaine Abramson, Howard Brotman (Pres. V.J.J.)

NEWCOMER'S CORNER

by Pam Nathan

The number of newcomers to San Diego continues to grow. Everyone I spoke to applauded SAJAC for the support it has given them, the social events have welcomed them, the information provided, and the opportunity for their children to network with others that have been here longer. Many expressed a strong desire to meet American families.

Tessa and Allen Taitz spent a year in Las Vegas and moved to San Diego in December. They live in Encinitas and love it. They have two children Nicole 7, and Daniel 4. Teresa's sister Lucia, and her American husband, Daniel, joined them a month ago after living in Sacramento where Daniel was involved in real estate development and Lucia taught at the university.

Brenda and Barry Jacobs arrived 9 months ago. Brenda shared how much she missed her family but was making adjustments in her new environment. They have 3 children: Gabi and Dahlia 17, and Adi 15. Gabi remained in SA to finish his matric. Dahlia and Udi are very excited about their new home. They both acknowledged the benefits of knowing other SA teenagers and having an "intergrated" party for teenagers. We're proceeding with plans to organize it for them.



David and Melanie Levy — Newcomers

David and Melanie Levy are fortunate to have their entire family living in San Diego. David expressed how beneficial it was to have his family's support and how adequately SAJAC was providing support to those newcomers who don't know anyone here. They arrived in SD in time to attend the SAJAC braai and loved the opportunity to "see who was here." Their son, Martin, is 4 and is intergrating easily into his school environment.

Ronnie and Bernice Funk had been here exactly 4 days when I chatted to Ronnie. I was pleasantly surprised to realize that I knew both of them. Ronnie has joined Barry Jacobs and Les Kacev at "Cabinets Galore" and Bernice wants to teach Yoga classes once she settles in. They have 3 children: Ilana 18, Trevor 16, and Renay 10. They live in U.C.

Frank and Rona Garden are living at Oakwood but are busy looking for a 5 bedroom house as they have 4 children, Darryl 24, Traci 22, Robyn 19 and Lauren 17. Rona was delighted that SAJAC had helped the family meet people. Frank was

in the clothing business in Cape Town and they both love the sun, beach and camping.

Marilyn and Gary Perl have been here a month. Marilyn says she feels quite at home already! Gary is an attorney and Marilyn is occupied taking care of their two young children, Greg 4 and Lauren 2½. Marilyn enjoys tennis and aerobics. They have just bought a house in La Jolla Colony.

Evelyn and Wolfie Moch hardly feel like newcomers as they have been traveling backwards and forwards to San Diego for the past 3 years visiting their children, Clive and Tammy, who live in Del Mar. Originally from Cape Town, they're soaking up lots of sunshine and taking advantage of being so close to their children.

I bumped into Sylvia and David Roth at Jennifer Broomberg's art exhibition in La Jolla. They both told me how much they love San Diego. David is in the computer industry and Sylvia is taking care of their 18 month old daughter, Carly. How remarkable to find out that Sylvia taught my niece in SA. What a small world it truly is!

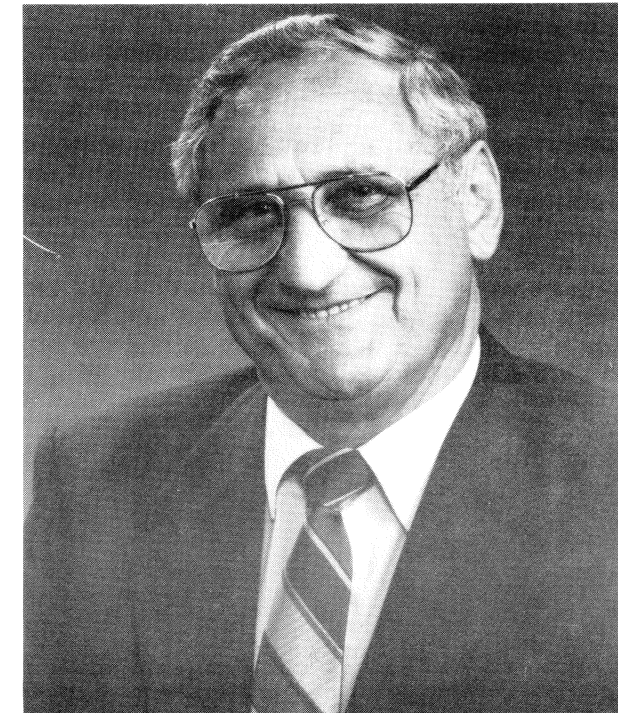


Lea Levin, Myra Monk, Merle Datnow

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CREDIT: INS AND OUTS

by Jeffrey Chalmers

CREDIT, is a way of life in America. The funny thing about it is that in order to get credit, you need to have credit. Sounds like a Catch 22 situation, and it is. Even someone who has a bad credit rating has a better chance of getting credit than a clean living person who has no debts. The next question you will ask is how do you go about getting a credit rating? Lenders look for certain criteria when they decide to extend credit. The crux of the matter is your ability to repay your debt. In looking into your ability to repay the debt, lenders will look at three main factors:

- Your credit history
- Your current employment and
- Your total income.

Credit History

If you have not been living in America for long, you won't have a credit history that is readily verifiable. Therefore, you should consider obtaining references from South African institutions (such as banks and leasing companies) which show that you have conducted your affairs in an exemplary manner. Ask your credit card company for a reference on your credit card payments. This reference is generally accepted by banks, and is regarded as a good source of credit reference.

Current Employment

One to two years with one employer is required by most institutions before they will extend you credit. If you have been transferred here from a company which is affiliated to your present employer, you should get a letter from

the Personnel Manager of current employer, which mentions that you have transferred from their affiliated company, where you worked for X number of years, attach this to every credit application you submit. Those of you who are self-employed do not have to worry about this category, however, your income requirements will be tougher.

Income

In order to ensure that money loaned to individuals will be repaid, lending institutions look to a borrower's income, both the amount and the reliability of it, to repay the loan. If you earn a salary, then it is straight forward, however if you are self-employed or earn income from a foreign source, you will have to prove the reliability of the income. Usually a tax return or a W2 form are sufficient. Income earned in South Africa can be proven by a South African tax return, a bank statement showing deposits or a letter from an accountant indicating that you have investments which earn income.

Certain credit such as car loans have more stringent requirements. However, every lender will lend you money if you put down a big enough deposit. Once you have your first bit of credit, obtaining more is just a matter of time. Credit cards can be obtained by securing them with funds. Certain institutions will give anyone a credit card as long as you secure it with a deposit of double your credit limit. The ideal way to build up credit is to get a gas or a store credit card. Most stores and gas companies are not very strict about who they will give a card to and once you have proven that you pay on time, you will find that institutions send you pre-approved credit cards and lines of credit most of which you will trash. Funny how when you are able to get this credit, you no longer need or want it.

ADVERTISING PAYS

We have had a tremendous response to our advertising and many have received referral calls. Let the community know what you do and where you do it.

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THE AGONY & ECSTASY OF IMMIGRATION

Beth El's social hall was the setting for SAJAC's panel discussion, "The Effects of Immigration," a function well attended by 130 young, old, new and old residents.

The Community was represented on the Panel by senior citizens, Les and Clare Herman; professional and business couples, Brian and Carol Judelson and Mervyn and Sandy Kodesh; a teacher, Louise Becker; and young adults, Amanda Friedlander, Derek Hess and Ami Kassar.

The Hermans have taken the bull by the horns and entered, the mainstream of San Diego life with relative care and an open mind. They've found that San Diego has much to offer Senior citizens and have taken advantage of all these opportunities...Community College, J.C.C., Adult Education programs and bridge, which opened many doors to them. Their humor flowed throughout the discussion and the audience was in stitches over the description of their beloved dog, who had to "slink around flea-ridden San Diego", obviously no haven for our four-legged friends!

Our business and professional panelists believe that one grows through immigration. One has to relearn business ethics real estate value, insurance, medical costs, and the education process. They have showed that it is possible for a woman to enter the business and professional world and manage a household, provided the husband plays his role in the home.

Louise Becker, the only American on the panel, has learned much about immigration from the multi ethnic groups she has taught. She has found that South African children maintain their cultural and religious values, are well-disciplined, assume adult roles in the home and identify strongly with Israel. The parents are most supportive and active as volunteers in the schools. From her recent interview with a 10 year old, it is obvious that the security at schools in South Africa is a trauma which has to be overcome.



L-R; Leah Levin, Ami Kassar, Louise Becker, Sadie Berelowitz (Facilitator)

Our younger panelists presented three diverse opinions, yet all agreed that the parents have to adapt, become more open-minded and adopt more liberal attitudes. A great effort is needed to find friends. The lack of youth groups and Jewish life in general makes contact difficult, for it is not easy to know who is Jewish.

Sadie Berelowitz, the facilitator, and the entire panel put in hours of preparation in order to achieve the excellent level of interest and discussion that was maintained throughout. SAJAC is also indebted to Congregation Beth El and staff for their co-operation and use of their facilities.

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THE SKY'S THE LIMIT

by Linda Rosenberg



KAREN

On May 27th, 1987, when Karen Marcus sat in the audience at The 50th ANNIVERSARY Celebration of UJF and listened to an address by Professor Leonard Fein of Brandeis University, the wheel had turned full circle. On this occasion she was a guest of honor - the recipient of the Pauline Foster Young

Leadership Award - but the first time she heard Professor Fein speak, eight years ago, she was one of the anonymous newcomers to San Diego, sitting unknown and unnoticed at a meeting of the UFJ "Gesher" program.

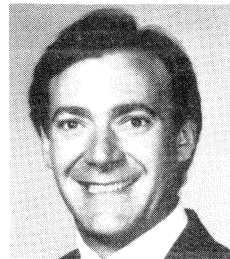
It was at this first Gesher meeting that Karen decided that she was going to find a place for herself in the Jewish community of her adopted city. She hated feeling so alone and lonely.... she knew no-one, no-one knew her... she vowed she would not rest until she changed that, until she was playing a significant a role in this community as her family had played in the Jewish community of Johannesburg.

She has more than achieved her goal.

The Pauline Foster Young Leadership Award is given to the most outstanding leader, between the ages of 29 and 40, in San Diego County. At 32, Karen is the youngest recipient, and the only South African to be honored in this way.

She has been involved with Forum 1, Women's Division (she was the youngest, ever, member of the executive board), Super Sunday... the list goes on and on.

At present she is the chairperson of The Leadership Development program for San Diego County and plays an active role in Temple Beth El, the JCC, The San Diego Jewish Academy and The Jewish Bureau of Education.



LEON

In May 1987 Leon Snaid received a "Distinction Limited to Four Lawyers in Twenty-nine Thousand" This is how "Who's Who in America" described the honor that was recently accorded to him.

Six years ago Leon left his thriving law firm, (he was the Senior partner with a staff of nine) in Johannesburg and arrived in San Diego ready to start again, from the bottom. He is the first to admit what a frightening prospect this was, but he knew what he wanted, he'd been successful before, and he made up his mind to do it again.

According to the Marquis Editorial Review Board of **Who's Who in American Law** he has done it, and has not merely been successful in his own right but "has achieved prominence within the broad spectrum of legal activity in the United States. It is only through demonstrated accomplishment that a lawyer is admitted to the world's foremost biographical guide to the men and women who help shape the nation's legal community."

In February 1982 Leon passed the California Bar Exam and by 1984 he was the Chairperson of the San Diego County Bar Association Immigration Committee. In 1985, he became the Chairperson of the Continuing Legal Education Committee of the American Immigration Lawyers Association (San Diego Chapter). Leon lectures and publishes on immigration and international business law.

KNOW YOUR COMMUNITY

By: Karen Marcus

The Jewish Community Center, established in 1945, provides cultural, social, recreational and educational activities for all ages. The role of the Center takes on special significance in a community where a large number of people have left their friends and family in other cities. It can best be described as the Jewish connection or "a melting pot" for both affiliated and unaffiliated Jews from all walks of life.

The JCC is a beneficiary agency of the United Jewish Federation: the umbrella organization for all the Jewish organizations.

In order to best serve our community, the JCC is located in 3 areas:

1. 54th Street - College area
2. M. Larry Lawrence - University City/La Jolla area
3. North County - Encinitas area

1,500 youths participate annually in the Summer Camp program; the 3 preschools provide 350 children with an enriching Jewish experience and there's a multitude of cultural arts programs and sports leagues with private and group instruction

for children and adults. The Seniors program is all encompassing offering weekly programs, a wide range of field trips and activities, daily kosher hot meals (at the College Branch) and a lot of T.L.C. There is something for everyone at the Center.

Jewish holidays are recognized and celebrated with communal Pesach seders, Purim and Channukah carnivals. Yom Ha'azmaut festivities. The whole community is encouraged to participate.

The Center is a "home" for children of single parents and working mothers, providing day care and wonderful after-school programs: a solution to the giant American problem of latch-key kids.

This really is a place we can all enjoy, and then in turn, volunteer our time, and actively participate in our adopted community.

Join the Center - it will enhance your life!

P.S. MLL highlight - Father's Day father and son/daughter tennis tournament and All Stars Softball tournament.

Congregation Adat Yeshurun

A new Orthodox Congregation serving the North Coastal Community. Come join us in a warm and meaningful service in a family oriented atmosphere.

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or Stanley & Debby Seidle
at 458-1958



FOUR GENERATIONS

by Celia Levy

When we leave a country, the sad part is we often leave loved ones behind. But, the Levy family is quite unique.

When Natie and I emigrated to San Diego, we joined our daughter Diane and brother and sister in law Selwyn and Barbara Klein. Left back in South Africa were our children, David and Sharleen and my mother, Ray Klein.

But this did not last long. In 1982 Sharleen arrived and Ray followed later that year. This year David, Melanie and their son, Martin, made the big move.

That's not all. Each of our children have sons. Ryan, Adam and Martin making the Levy, Klein clan a four generation dynasty. Baruch Hashem.

The challenge is out. Can any family top us. We hope so, because it is wonderful.

QUICK DISH

by Sandy Kodesh

Here is a quick and tasty chicken dish that can be prepared in a very short time, enjoyed by family or guests.

- 1 chicken jointed
- 1 bottle Lite Russian Dressing
- 1 pkt Liptons Onion Soup

Place chicken pieces in a large baking dish, and cover with dressing mixed with onion soup powder. Bake (uncovered) for 1½ - 2 hours at 400. If you like, place scrubbed potatoes in with the chicken and bake for the same length of time.

If you have any other quick and easy recipes that you would like to share with us, please send them to Sandy Kodesh, 8686 Nottingham Place, La Jolla, CA 92037. Phone 457-2533.

YOM-TOV GREETINGS

Send your New Year greetings in the SAJAC Reporter. Complete the following and forward with a check of \$4.00 to SAJAC, 4797 Mercury Street, San Diego, CA 92111.

Your name and address _____

Your message (Please limit to 25 words)

SAJAC PERSONALS

Congratulations:

Sharon and Richard Gabriel on their son Danny's Barmitzvah.

Barney and Yvonne Friedland on becoming grandparents.

Michelle and Ronnie Werbelow on the birth of their daughter.

Lesley Abelson on becoming engaged to Roy Resnikoff.

Also:

Avril Copans, elected president at the San Diego Jewish Academy.

Jennifer Broomberg on her successful art exhibition.

Deepest sympathy to those SAJAC members who have lost loved ones.

Brian Datnow of the loss of his mother.

Harvey Lyons on the passing of his father.

Denise Hyde on the loss of her father.

THE S.A., MEXICAN SPORTS CONNECTION

On any Sunday morning at the J.C.C., you will find just about the most unique softball team in the country.

A team made up of Jewish players from South Africa, Mexico and a couple of Americans who lost their way, has huffed and puffed to the top of the J.C.C. Over 30's League leader board. And, they are having fun.

Under the spirited leadership of Errol Marcus, the team is playing its second season together and has developed a love for the game and a highly competitive spirit.

Foreign to most of the South Africans, softball is a slowed-down version of baseball, is a lot of fun, and promises the friendship of team sports.

Drop by the JCC and watch a game. Or even better, contact Errol if you are interested in playing. They are always looking for a sure handed first baseman.

RENT A GRANNY

by Sandy Kodesh

One of the trauma's of immigration is our separation from grandchildren and grandparents.

San Diego has some Bobbas and Zaidas who would love to treat and spoil your grandchildren, make them feel special and loved like only those patient understanding older people can. Whether you're a Bobba or Zaida or a potential grandchild call and join the club now.

Please call Sandy Kodesh at 457-2533, or write to SAJAC, 4757 Mercury Street, San Diego, CA 92111.

AN INTRODUCTION TO AMERICAN MEDICINE FOR THE SOUTH AFRICAN:

by Len H. Lazarus, M.D.

I will discuss this subject by answering a series of commonly asked questions.

(1) IN SOUTH AFRICA WE HAD MEDICAL AID, WHAT DO YOU HAVE HERE?

The equivalent here is Medical Insurance, there are hundreds of different policies issued by many insurance companies, varying from relatively inexpensive policies with large deductibles and many noncovered items to expensive but comprehensive policies. Simply stated, you get what you pay for. Yet it is definitely essential to have at the very least a major medical policy to cover potentially large medical expenses. I suggest that you discuss the various plans with your insurance agent, read the policy carefully, and make sure that it covers essential areas, e.g. maternity. Other confusing terms such as PPO's, IPO's, HMO's etc. are beyond the scope of this article.

(2) IN SOUTH AFRICA I WENT TO MY GENERAL PRACTITIONER, WHO DO I GO TO HERE?

Here you go to your "Primary Care Physician". This may be your:

(1) General Practitioner: the equivalent to the South African GP

(2) Family Practitioner: this is a physician (Note: Physician here is equivalent to Medical Practitioner or Medical Doctor in SA) who has specialized in General Practice, either by writing examinations or more recently by completing a three year residency (training program).

(3) Internist; although this is equivalent to the South African "Physician", the Internist here functions as both a General Practitioner and a Specialist.

(4) Pediatrician: in South Africa, Pediatricians cared for children only on referral from their GP, whereas here they function as both children GPs and Specialists.

(5) OBGYN: this is the South African Gynecologist.

(3) WHAT IS A SPECIALIST?

In SA a specialist was a Doctor who fulfilled the requirements of the SA Medical & Dental Council in his specialty. Here there is no such central controlling body. Each specialty does have a "Board", such as the "American Board of Family Practice," but it is not essential to fulfill the requirements of the Board or even register with the Board to practice in that specialty. Physicians who are registered with their respective Board's are termed "Board Certified".

**TO ALL SAJAC MEMBERS
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NEWCOMERS TEA

"Even though members of the Welcome Committee are out there meeting South African arrivals, many newcomers still have a problem when it comes to meeting other new immigrants. The idea of bringing them all together to identify with a familiar face at future social gatherings, prompted a lovely morning of Tea and 'Gesels' at my home. With the help of Pam Berman, Glenda Kacev and Brenda Jacobs, a delicious spread was enjoyed by all and the following "report" was written by one of the "guests". My thanks for your contributions to a successful morning."

—Leah Levin

Tea and "gesels" came to La Jolla on the 13th of May, when SAJAC held an informal morning get-together at Leah Levin's hillside home where twenty-seven South African women shared their experiences of immigration.

Most were new arrivals and had been in the San Diego area only a few months.

A feeling of camaraderie existed as each person introduced themselves. In the States, public speaking is far more common than in South Africa, but after a few groans, they were just as capable as their American counterparts. Most of the introductions revealed that, despite the trials and tribulations of relocating and integrating into a new culture, everyone had adopted a positive attitude toward their new homeland.

The event was informal, accompanied by laughter, good food, and the supportive environment necessary to newcomers.

One of the less tangible stressors of immigration can be the feeling of loneliness. One feels alienated in the new culture, and far from the familiar routines of "home". A gathering of friends, such as this, combats the feelings of being alone and rootlessness. SAJAC, and all those who worked to make this event as positive, comforting and happy, deserve to be congratulated.

Derezin, Breier & Delsen

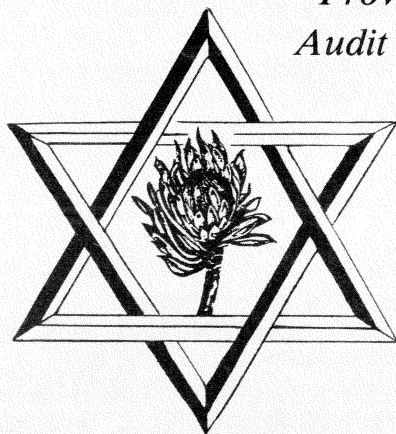
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KID'S SCENE

by Lolly Pop

Jewish Day Schools.

Many Jewish San Diegans send their children to public day schools, and supplement this with Hebrew School in the afternoons and Sundays.

Others prefer Jewish day schools. We interviewed some of the parents who said academic excellence, small classes, a caring nurturing environment, and a desire for community are reasons for making this choice.

Some of the views expressed:

"While there was a time when Jewish communities established schools, we now have Jewish schools that establish communities. So many of us are new to San Diego; we've moved here from the East Coast or emigrated from Mexico or South Africa, and we are looking for a place for ourselves. A community we can belong to. We want our kids to play with Jewish kids, and we want to meet and become friends with their Jewish parents."

"I want my child to know there's more to being Jewish than the delicious taste of newly baked challah. I want him to know Jewish history, Jewish ethics and Jewish law so he knows what he is saying when he says, 'I'm Jewish.'"

"I feel so good about my kids having a rabbi they can bump into in the corridors. To me the rabbi was always such a remote person. I think if kids live out Judaism every day, it becomes a part of them and they become a part of it."

There are five Jewish day schools in the San Diego area. **The San Diego Hebrew Day School** was established in 1963. Anticipated enrollment for 1987 is about 200. It is situated at 6880 Mowhawk St. (San Diego 92115), and the telephone number is 460-3300. Tuition is offered for grades preschool through nine. Rabbi Simcha Weiser is headmaster.

One of the aims of the school is to imbue students with a love for Jewish learning and traditional observance in accordance with the Torah. This does not mean that the school is only suitable for orthodox pupils. Many of the students are Conservative or Reform. They are taught to understand traditional Judaism; whether they follow it at home or not is their own concern.

The San Diego Jewish Academy was established in 1979. It starts with kindergarten and goes through Grade 6. There are two campuses — The La Jolla Campus at 8660 Gilman Dr. (La Jolla, 92037, telephone 457-5155) and the San Carlos Campus at 6660 Cowles Mountain Blvd. (San Diego 92119, telephone 697-2246). The current principal, Robert Sherman, is proud of the role his school plays as a community building institution.

Beth Israel Day School is affiliated with Congregation Beth Israel and is situated at 2512 Third Ave. (San Diego 92103). The telephone number is 239-2157. Anticipated enrollment for grades K through 6 is about 100. Preschool tuition is also offered. Robert Kolton is principal. What differentiates this school from the others is that it aims to present an integrated program that incorporates secular and Judaic studies. Although Hebrew is taught separately, Jewish history is part of the general history curriculum.

Some parents selected this school because they preferred the Reform approach, others liked the integrated academic approach.

The Chabad School is an independent school run by Chabad House. At 4905 Catocin St. (San Diego 92115) children attend classes from preschool through fourth grade slowly, one grade at a time, but enrollment is expected to be close to 200 for 1986.

"To make the child feel good about himself and good about being Jewish is of primary importance to the Chabad movement," explains Chabad principal, Allan Segal.

"We're reform," said one mother, "but I send my child to Chabad school because it teaches him about love and spirituality. It adds a new enriching dimension to his understanding of life."

The Jewish Community Junior High School is now situated at 8660 Gilman Dr. It was founded in 1984 to provide a Jewish education to children entering grades seven through nine. The telephone number is 450-1292.

IN GOOD HEALTH

by Linda Ann Kahn

Who would have dreamed of buying drinking water at Pick and Pay or at Checkers? When we wanted a drink of water, we turned on the tap and filled our glass.

San Diego tap water, leaves much to be desired. Our water is full of chemicals, pollutants, pesticides, chlorine, asbestos, heavy metals, chloramines and harmful bacteria. These cannot be removed by boiling. You dare not turn on the faucet and drink the water.

It is essential to invest in a good water purifying system. Choose one that uses heavy-duty stainless steel canisters.

Bottled water should be in glass as many of the chemicals in plastic are absorbed by water.

There are natural minerals in water, essential to good health and distilled water does not contain these. Everyone should drink 8-10 glasses of water a day to purify the cells, eliminate waste materials, increase movement of blood through lungs, overcome constipation, stimulate the liver and kidneys and help our skin to remain hydrated and supple.

PUMP HOUSE PROFESSIONALS MEET

The Pump House in La Jolla was the scene for a fabulous brunch held Sunday, June 28th for young Jewish students and professionals over 21 years.

According to organizers, Lorin Moch, Janice Lazarus, Jeff Chalmers and Brian Noah, the event was a great success with 16 people attending.

More Events Are Planned

For more information call Lorin at 450-4694, (after 6) or Janice at 452-2827.

**BETH EL INAUGURATES
South African Style Shabbat Services**

Rabbi Martin Levin, Spiritual Leader of Congregation Beth El, has designated Friday evening, July 24th for a 6:00 p.m. Shabbat Service that will attempt to recreate much of the atmosphere South African Jews had in Johannesburg, Capetown and Durban.

"Ever since I arrived in San Diego," Rabbi Levin remarked, "I have been told of the tremendous participation of South African Jews in their synagogue's back home. It was different than what I myself was used to, even though they also called their way "Orthodox." Our concentration in New York had been Saturday morning in shul, while the South Africans had all attended Friday night.

"In the past several months, I have had the pleasure of joining some South African families for Shabbat dinner after Services and they have told me what their Services were like — with a Cantor, choir and a brief but formal sermon from the Rabbi. I notice that most who attend our Traditional Friday Night Service at 6:00 o'clock are South African and I would like to help create the best of what they had there."

Beth El's Ritual Chairman, Dr. Barry Kassas, has already

called for volunteers for a choir. Anyone interested in joining or in enhancing the Service in any way, please call Beth El at 452-1734 and ask for Rabbi Levin.

On Friday, July 24, 1987 at the Congregation Beth El Synagogue, there will be a Shabbat Dinner after the 6:00 p.m. service in honor of all SAJAC members.

Everyone is Welcome!

Please send in your reservation slip below, together with a check made out to Congregation Beth El, 8660 Gilman Drive, La Jolla, CA 92037

Name _____

Address _____

Telephone No. _____

Number of Adults at \$10 Each


Number of Children at \$5 Each

Total Check \$ _____



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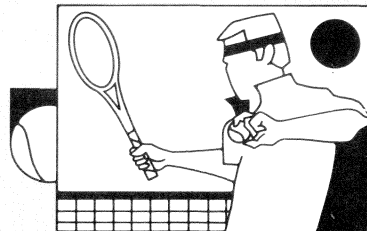
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**MOM, APPLE PIE AND
THE OFFICIAL TIME OUT**
by Brian Marks

Forget about it.

There's more to being a real American than learning the words to the Star Spangled Banner, calling it Lox and suffering a Big Mack attack in the middle of the night.

No! The secret to becoming a full blooded Yankee is more than that. You have to develop an uncontrollable passion for Bears, Cubs, Dolphins, Eagles, Rams, Broncos and Cardinals. And if you think I'm suggesting a season membership to Sea World or the San Diego Zoo, you obviously haven't been here long enough.

I'm talking sports. Wide World of Sports, Sportsbeat, ESPN, National League, and the playoffs sort of sports. Remember, before you can swear an oath of allegiance to your team... any team... you are still only a gringo.

We take our leisure time very seriously here. But don't just take my word for it. Look at any T-shirt or baseball cap in the cab of a Mack semi-diesel, and there proudly emblazoned in Technicolor is the winning season of someone's team. Or discover that the cliff hanging, season ending Dynasty has been pre-empted for the time trials of the Indiannapolis 500 and you'll soon realize that sports ranks on the American pop parade a little in front of the constitution, but way in front of Mom or apple pie.

So how do you do it? How does someone schooled at Ellis Park suddenly discover the box scores and realize that Charles Fortune is boring and Brent Musberger is kinda cute?

In truth, there's no substitute for time. The more time you spend studying, the smarter you're going to become.

Start with intra-venous ESPN. Just sit there and soak it in. PKA Karate, Football, College World Series, PBA Bowling, Ice Hockey, WCT Tennis... it doesn't matter. Fall asleep if you want, something will still sink in.

A subscription to Sporting News, Sports Illustrated, Sport, Surfing, Surfer, Road and Track, Ski, Racquetball Monthly and Powder magazines is a good idea. But don't forget baseball cards, and going to the games, and Ted's Padre talk and visiting Sport Chalet, Pats and Oshmans.

You get the idea? We are talking a full emersion here. A saturation of the soul in the fervor and action of the court, the track, the rink and the field.

But it's all worth it. Oh yes, to feel like a fully fledged, flag waving American.

So when do you know you've made it? That's the easy part. When next someone says, "My, that's a beautiful diamond, how big is it?" You'll answer, "It is 66 feet between the bases and the pitchers mound is..."

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Loyal Support. We Look
Forward To Being of Service
To You For Many More Years.*



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FOR CARMELITES, TIME STANDS STILL

It was with a lot of trepidation, anxiety and enthusiasm that Sharleen Wollach organized a reunion of past pupils from Carmel College the Jewish day school she attended in Durban, South Africa.

"Though everyone had talked about a reunion, I wasn't sure they genuinely wanted one", said Sharleen. Nevertheless she went ahead after 6 months of intensive research and planning, an unforgettable reunion was held on May 1, 1987.

Though most of the attendees were all long time residents of the USA, they all agreed there was nothing like being with old school friends. The atmosphere was relaxed and everyone left with a lump in their throats and a warming in their hearts.

Carmel College had its first graduating year in 1966. Since then, 30 years of students have passed through that school. Twenty-five of these years were represented at this reunion. The oldest graduate was Norman Kane (class of 67) and the youngest was Kerry Mong (class of 1986). 1971 had 5 attendees.

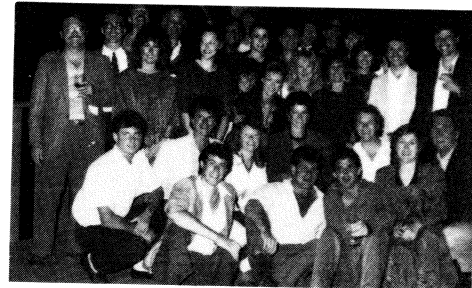
The attendees did not forget their South African upbringing. Armed with school ties, uniforms, scrapbooks and pictures, they gathered to reminisce and enjoy the memories of those days in "good old Durbs."

The response was so great that a future date has been set for the next reunion. It will be held in May 1990 in Los Angeles and plans are already being made for another great weekend.

Sharleen Wollach has volunteered to continue this overseas organization of Carmel College past pupils and anyone interested can reach here at 5643 Scripps Street, San Diego, CA 92122



Years of Carmelites gather for a wonderful reunion.



CHALKY'S NEW-COMERS LAMENT!

What are you complaining about, you have come to the right place and have plenty of help and good advice from SAJAC (and plenty Bobamices in my column). I went to Sydney Australia for 3 years, Houston TX for 6½ years and then only came here 4 years ago. One thing I have learned is that the more you move the easier it becomes!

So my advice to you is:

1. Make your second move first.
2. Start on your second million, they say it is easier than your first.
3. If you feel miserable you can call me at 1-(800)-DIAL-A-JOKE, repeat 1-(800)-DIAL-A-JOKE, Visa and Mastercard not accepted.

This is a free call and will cost you nothing, only verdrus, because you will probably get through to some person who

won't know what you are talking about or a recording that no such number exists. Remember you can always pack up and go home, S.A. needs you! (Sponsored by the Herstigte Nationalist Party in Involuntary Liquidation).

Bank manager calls Abe and says, Mr. Cohen you are overdrawn \$500 today. Abe says, what was my balance yesterday? Manager looks thru computer print out and says \$1000 credit! Says Abe, did I phone you!

Fellow busy with a married woman on the 13th floor of a New York Hotel when there was a knock at the door. Quickly, it is my husband, jump out of the window! But we are on the 13th floor, says the fellow! This is not the time to be superstitious.

SOUTH AFRICAN NEWSPAPERS

- TRANSVALER — Read by the people who run the country.
- BEELD — Read by the people who think they run the country.
- POST — Read by the people who think they ought to run the country.
- RAND DAILY MAIL — Read by the people who think the country ought to be run by another country.
- SARIE MARAIS — Read by the wives of the people who run the country.
- FINANCIAL MAIL — Ready by the people who own the country.

- THE STAR — Read by the people who think the country ought to be run as it used to be run.
- NATAL WITNESS — Read by the people who still think it is.
- SUNDAY TIMES — Their readers don't care who runs the country providing she's good looking.
- CITIZEN — Still read by people.
- HOUSTON CHRONICLE — Read by the people.

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